

# NYS CA

ON THE AGENDA • SEPTEMBER 2025





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### Executive Administrative Assistant

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ashleigh@nysca.com

## WELCOME NEW MEMBERS

The NYSCA would like to welcome new and returning members!  
Your participation in professional organizations is essential to the advancement of our work for our members and our patients. Thank you!

Dr. Nancy Hsu (D1)  
Dr. Brian Donovan (D1)  
Dr. Robert Goldberg (D1)  
Dr. Manola Tejada (D1)  
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# PRESIDENT'S MESSAGE

Dear Colleagues, Association Members, and Friends,

It is with deep humility and great enthusiasm that I step into the role of President of the New York State Chiropractic Association.

I am honored to serve the profession and this remarkable community of professionals who continue to elevate the standards of chiropractic care across our state.

First and foremost, I extend my heartfelt gratitude to our outgoing President, Dr. Anthony Palumbo, whose leadership has left an indelible mark on our association. Your tireless advocacy, steady guidance, and unwavering commitment have paved the way for continued progress.

To the officers, board of directors, and dedicated staff—thank you.

Your collective efforts have strengthened our foundation, empowered our mission, built our membership, and strengthened our finances.

As we look ahead, I am energized by the momentum we've built—especially in the realm of legislative advocacy.

Our voice in Albany has grown stronger, and we will continue to champion policies that modernize our scope of practice, ex-

pand patient access, and reinforce the value of chiropractic care in the broader healthcare landscape, while continuing to honor our roots and philosophy.

As a result of our efforts, scope modernization passed the State Senate and is on track to be considered for passage by the Assembly. In addition, we were able to see passage of the virtual credit card bill, which protects members from unforeseen fees attached to insurance reimbursement. Our progress won't end there as we work on other priorities and build on our success and pursuit of excellence.

Equally important is our focus on you, the members, and our commitment to member benefits. As part of your member benefits, I urge you to utilize the Savings Center on our website to take advantage of cost saving opportunities from office supplies to hardware stores and car rentals, plane tickets and hotel reservations.

We will continue to enhance professional development opportunities, provide cutting-edge resources, and foster a network of support that helps every chiropractor thrive—whether you're just starting out or decades into practice.



**Christopher M. Piering DC**  
NYSCA President

Leadership is not a title—it's a responsibility.

I pledge to lead with transparency, collaboration, and vision.

Together, we will navigate challenges, celebrate victories, and shape a future that reflects the strength and unity of our profession.

Let us move forward with purpose, passion, and pride. The future of chiropractic in New York is bright—and it belongs to all of us.

With gratitude and resolve,

*Christopher M. Piering DC*

President, New York State Chiropractic Association

Register now for the New York State Chiropractic Association

*2025 Fall Convention*  
**October 17-19, 2025**



# UPCOMING EVENTS

**DRUG-FREE  
PAIN MANAGEMENT  
AWARENESS MONTH**  
SEPTEMBER

**Chiropractic  
Founder's Day**  
- September 18 -

October 2025 is  
 **NATIONAL  
CHIROPRACTIC  
HEALTH MONTH**  
"Get Started with Chiropractic"

 **OCTOBER 16  
WORLD SPINE DAY**  
**INVEST IN YOUR SPINE**



**REGISTER NOW**

**Alumni Weekend**  
OCT. 3-5, 2025

On campus in Seneca Falls, N.Y.  
[www.northeastcollege.edu/alumni](http://www.northeastcollege.edu/alumni)

Register now for the NYSCA

**2025 Fall Convention**  
**October 17-19, 2025**

at the Embassy Suites East Syracuse  
Earn up to 16 CE credits across 3 days!  
[www.nysca.com/fall-convention](http://www.nysca.com/fall-convention)

## Share Your Voice with the New York State Chiropractic Community

We are now accepting submissions for the next edition of *On the Agenda*. If you've written an article, blog post, or professional piece that advances knowledge in chiropractic care, we encourage you to share it with us. Our members appreciate practical tools, research-based insights, and perspectives that support growth in daily practice. Please note that submissions must be educational and non-commercial in nature (advertorials are not accepted). Multiple submissions are welcome and may be considered for future issues.

### Publication Schedule & Deadlines

*On the Agenda* is published electronically in March, June, September, and December. Articles must be submitted by the 10th of the month prior to publication: February 10 for the March edition, May 10 for the June edition, August 10 for the September edition, and November 10 for the December edition. Articles submitted after the deadline may be considered for the next edition.

**Email your submission and author attribution to [newsletters@nysca.com](mailto:newsletters@nysca.com).**

We look forward to hearing from you and sharing your expertise with our statewide audience!

# UPCOMING CONVENTION



Save the date for the New York State Chiropractic Association

## 2025 Fall Convention

**October 17-19, 2025 at Embassy Suites East Syracuse**

6646 Old Collamer Road S, E Syracuse, NY 13057 | [hilton.com](http://hilton.com) | 800-EMBASSY

**Earn Up to 16CE\*! (up to 2 Cat1) Register online at [www.NYSCA.com](http://www.NYSCA.com)**

### Speaker Lineup



Scheduled speakers include: Dr. Anish Bajaj; Dr. Mary Balliet; Dr. Lisa Bloom; Dr. Robert Martin; Dr. Douglas Taber; Dr. Sarah Tirimacco; Dr. James Walters; Dr. Chad Warshel

### Event Schedule Overview

#### FRIDAY

1pm-2pm Registration  
2pm-6pm Classes (4 CE)  
6pm-7pm Welcome Reception

#### SATURDAY

7am-8am Registration  
8am-12pm Classes (4 CE)  
12pm-1:00pm Luncheon  
1pm-1:30pm Exhibitor Reception  
1:30pm-5:30pm Classes (4 CE)

#### SUNDAY

7am-8am Registration  
8am-12pm Classes (4 CE)

### Event Supporters and Sponsors

Including: NCMIC • Foot Levelers • Nutri-West NY • Northeast College of Health Sciences • and many more!

Save \$50 when you register by 10/11/25. Special pricing for Association Members

## Association Member Registration is \$249

Non-member registration is \$349 | At the door registration applies as of 10/3/25

**License Renewal:** Continuing education credit (CE) is provided by Northeast College of Health Sciences. Pending for NY, PA, FL. Pre-Approved: CO, CT, DE, DC, ID, IL, IN, IA, MA, MD, MI, MT, NE, NC, ND, NH, NJ (DC only), OH, OR, RI, SC, UT, VT, VA, WA, WY, Puerto Rico, Canadian Provinces (except AB)

This course is valid for Doctor of Chiropractic CE credits in "pre-approved" states, so long as it falls within the scope of practice as outlined by the corresponding state board and complies with the delivery format attendance requirements. It remains attendees' responsibility to contact the state board(s) from which they seek continuing education credits for purposes of ensuring said board(s) approves both the delivery method and content as they relate to this event. Neither a speaker's or exhibitor's presence at said event, nor product mention or display, shall in any way constitute Northeast College endorsement. The College's role is strictly limited to processing, submitting, and archiving program documents on behalf of course sponsors.





# CONVENTION REGISTRATION



## Pricing

To qualify for member pricing, your membership with the NYSCA, New York Chiropractic Council, or American Chiropractic Association must be active and current. Association membership subject to verification.

Members who have been licensed in New York for fewer than two years, student members, Chiropractic college faculty, or members in practice over 50 years may qualify for additional discounts.

Please contact our administrative office for more details.

## Registration Deadline

Early Registration pricing will apply for all participants registered at least 12 weeks prior to the scheduled event.

Standard Registration pricing will be in effect thereafter.

At the door pricing will be in effect as of 5:00 pm, 2 weeks before the event is to take place.

## Questions?

Please contact the event coordinator:  
Ashleigh Prentiss  
518-785-6346  
Ashleigh@nysca.com

## Learn More

[www.NYSCA.com](http://www.NYSCA.com)

# 2025 Fall Convention

Learn more and register online at [www.NYSCA.com](http://www.NYSCA.com)

OR mail this registration form with check payable to: NYSCA, PO Box 557, Chester NY 10918

## Participant Details

☐ NYSCA Member ☐ Council Member ☐ ACA Member ☐ Other State Assoc. Member : \_\_\_\_\_ ☐ Unaffiliated

Doctor Name \_\_\_\_\_

NY Lic# \_\_\_\_\_ Other State \_\_\_\_\_ # \_\_\_\_\_

Mailing Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

Email \_\_\_\_\_

## Registration Category

	Early by 7/25/25	Standard by 10/03/25	At The Door after 10/03/25
<input type="checkbox"/> Non-Affiliated DC	\$299	\$349	\$399
<input type="checkbox"/> NYSCA/Council/ACA Member	\$199	\$249	\$299
<input type="checkbox"/> 1st or 2nd Year Licentiate Member	\$89	\$139	\$189
<input type="checkbox"/> CA attending with registered DC	\$89	\$139	\$189
<input type="checkbox"/> 50+ yrs. in practice NYSCA member	\$0	\$0	\$0
<input type="checkbox"/> DC student	\$0	\$0	\$0

(student/faculty registration does NOT include CE or lunch; meal tickets must be ordered separately)

## Saturday Luncheon

 1 lunch is included in registration unless otherwise noted above

☐ Not attending luncheon

☐ Additional luncheon tickets # \_\_\_\_\_ @50.00 each \$ \_\_\_\_\_

☐ Children under 10 # \_\_\_\_\_ @\$25.00 each \$ \_\_\_\_\_

Total \$ \_\_\_\_\_

**Registrations may be submitted online or by postal mail.**

**Cancellation Policy:** Cancellation requests must be made in writing and sent to the event coordinator at ashleigh@nysca.com. Refunds will be issued in the manner in which payment was received and will be subject to a 15% processing fee if received more than one week prior to the scheduled event. All postage fees are non-refundable. Cancellations within one week of the event may be subject to additional administrative fees. Please review our Convention Policy Statement for details.

**Invalid credit cards are subject to a \$10.00 fee and returned checks are subject to a \$20.00 fee.**

# UPCOMING CE WEBINARS



## Earn Continuing Education credits from the comfort of your office

In addition to CE available at our statewide conventions, the NYSCA now offers continuing education credit via webinar through Northeast College of Health Sciences Post-Grad. NYSCA Webinars are held monthly, usually on a Wednesday at 1pm EST.

### Cholesterol Myth Busting and Nutritional Insights

Presented by: Jamie Forster DC  
September 10, 2025 | 1pm-2pm (1CE)

[Register Online](#)

This course introduces the fundamentals of cholesterol, including its types, biological roles, and impact on systemic health. Participants will learn how to interpret lab values, distinguish between healthy and unhealthy fats, and explore evidence-based strategies for managing cholesterol through diet, lifestyle, and supplementation. Designed for healthcare professionals, this session emphasizes practical tools to support patient care and long-term cardiovascular wellness.

### Nutritional Support for the Patient on Medication

Presented by: Mary Balliett DC MSACN  
November 12, 2025 | 1pm-2pm (1CE)

[Register Online](#)

Through the understanding of the prevalence of prescription and over-the-counter medication use by patients, participants will be able to predict the types of drug-induced nutrient depletion of common prescription and over-the-counter medication. By correlating the medications with the nutrients that are depleted by those drugs practitioners will be able to support a patient's general health by the repletion of those nutrients.

### Test, Correlate and Restore: Navigating the Gut-Brain Axis for Homeostasis

Presented by: Jamie Forster DC and Cal Forster DC  
December 3, 2025 | 1pm-2pm (1CE)

[Register Online](#)

Mental Health Gut Health. The GBM axis (Gut-Brain-Microbiome) Interdependence and interconnect-edness. The CNS (central nervous system) and ENS (enteric nervous system) communication. Neuro-transmitters explained. The upstream and downstream cascades as well as the catalysts and cofac-tors. Test don't guess (lab tests). Correlate data. What compromises and what will support homeosta-sis. Decreased cognitive function, what does it mean and WHY is it happening? This fast-paced webi-nar offers a practical introduction to the gut-brain axis and its impact on mood, cognition, and sys-temic health. Attendees will learn how to identify key signs of imbalance, interpret basic testing data, and apply simple, effective strategies to support gut-brain homeostasis.

#### Tuition Discount

Association Members are eligible to receive a discount on tuition for NYSCA-sponsored webinars via coupon code at registration check-out. Please be sure to check your email for the discount code, which is included for all NYSCA members. You must have your discount code BEFORE registering. Please note, once you register, the dis-count code cannot be applied retroactively. Contact the NYSCA Ad-ministrative Office at 518-785-6346 for more information.

#### Registration Deadline

Attendees MUST be registered and paid via credit card or check by 3:00 pm, one week before the course is to take place, to avoid addi-tional fees. All unpaid/ late registrations and at door registrations are subject to the following non-refundable fees: add \$5 (1-hr webinars).

#### License Renewal

Continuing education credit (CE) is provided by Northeast College of Health Sciences. These seminars are valid for CE credits in "pre-approved" states, so long as they fall within the scope of practice as outlined by the corresponding state board. It remains attendees' responsibility to contact the state board(s) from which they seek continuing education credits for purposes of ensuring said board(s) approves both the delivery method and content as they relate to this event. Neither a speaker's or exhibitor's presence at said event, nor product mention or display, shall in any way constitute Northeast College endorsement. Northeast College's role is strictly limited to processing, submitting, and archiving program documents on behalf of course sponsors.

**Learn More:** [Northeast College Continuing Education Policy](#)

# MEMBER SPOTLIGHT

## Dr. Holly Potter

*Align Chiropractic, Rochester NY*

Dr. Potter graduated from Keuka College in 2010 with a bachelor's degree in biochemistry. She went on to pursue her Doctorate of Chiropractic at New York Chiropractic College (Northeast College of Health Sciences). Dr. Potter graduated as a member of the Phi Chi Omega Honors Society in December of 2018. She dual enrolled to achieve a Masters of Science in Applied Clinical Nutrition to complement and support the whole health approach to patient care. Dr. Potter obtained additional certifications in Rocktape and ConnectX. During her clinical education at NYCC, Dr. Potter spent time treating complex cases at Monroe Community Hospital, St. Joe's Neighborhood Center, and the Rochester VA. While at the Rochester VA, Dr. Potter held the honors position of senior clerk lengthening her time spent there and further enhancing her experience and knowledge treating veterans of the armed forces. Dr. Potter has always been passionate about the treatment of pregnant and pediatric patients, and went on to obtain her certification in Webster Technique from the International Chiropractic Pediatric Association (ICPA) in March of 2019. Dr. Potter has 3 children of her own and thoroughly enjoys



helping families navigate through pregnancy, postpartum, infancy and adolescence, educating and demonstrating all the great benefits chiropractic care can offer.

Dr. Potter is currently serving as the President of New York State Chiropractic Association for District 15 (2024-2026). NYSCA works toward betterment of the Chiropractic profession through pushing for improvements in insurance coverage and scope of practice modernization.

Dr. Potter enjoys traveling, camping, yoga, hiking, playing volleyball and spending time with her family, her husband Dylan, and 3 sons.

# SPONSOR SPOTLIGHT



## STUDENT LOAN TUTOR

Student Loan Tutor does what you wish your servicer did. We treat your loans as if they were ours.

For a fee for service, your Tutor will craft a custom repayment strategy that navigates the system to save you the most money allowable. We then handle all of the paperwork and servicer follow-up to ensure servicer errors are corrected and deadlines are met.

As your financial situation evolves and new laws develop, we'll make sure you're always on track for the greatest possible savings. Visit our FAQ page to learn more.

For more details about how to schedule a free evaluation, click the link below!

[Learn More](#)

## !! Healthcare Provider Education and Training !!

- **NYS Sexual Harassment Prevention** (required annually) <https://www.ny.gov/combating-sexual-harassment-workplace/>
- **Medicare Fraud and Abuse Training** (required annually) <https://www.cms.gov/Outreach-and-Education/>
- **Cultural Competency Training** (required annually by some networks) <https://thinkculturalhealth.hhs.gov>
- **No Surprises Act's Good Faith Estimates** <https://www.cms.gov/files/document/gfe-and-ppdr-requirements-slides.pdf>



## NYSCA Legislative Update: End of Session

As you are aware, this year's legislative session has been quite the ride! As you may recall, the budget which was due on April 1, was not approved until early May. At the same time, your NYSCA officers and legislative committee attended a leadership lobby day where we met with Assembly and Senate sponsors of our priority bills, as well as chair of the Assembly and Senate Higher Education Committees. Overall, this was a very positive and productive day, with much support noted for the various bills, including and especially our scope of practice bill.

This productive day was reflected in the significant movement we saw on several of legislative priorities. Most significantly, we are very excited that our scope bill passed the Senate, following some language modifications recommended by the New York State Education Department (SED). The bill passed the Senate in the closing days of their legislative session.

On the Assembly side, our Assembly sponsor, Assemblymember Sarah Clark, and our lobbyist, Amy Kellogg, worked diligently to get the bill moving through the Assembly. The Chair of the Higher Education Committee, Assemblymember Alicia Hyndman was also supportive of moving the bill. However, we did not see movement in the Assembly before the end of their legislative session because of a few issues that we will address before the start of the next session.

Although this is not the outcome we were hoping for, this was a very positive session with so much movement and support for the first year in a new session, and we are feeling very optimistic for the next session and getting the bill passed in both houses. The movement and support we witnessed would not have been possible without the efforts of our lobbyist, Amy Kellogg and her wisdom in asking Assemblywoman Clark and Senator Gounardes to sponsor our legislation and all of their hard work in promoting the bill.

In addition, we were able to gain letters of sup-

port from the Athletic Trainers and a letter of neutrality from the Physical Therapist, due to our coalition work with these groups. All these steps set us up well for moving and passing (fingers crossed) this bill in the next legislative session which begins in January.

As you are also aware, the Senate and Assembly passed our coalition virtual credit card bill which requires that any insurer that uses a credit card, virtual credit card, or electronic funds to pay a provider's claim for reimbursement to notify the provider in advance if there is a fee to process the payment and provide an alternative payment method that does not impose a fee. An opt-in for processing payment with a fee would be required. This bill will make its way to the governor's office to be signed into law, at some point following the close of session.

In addition, we had good discussion our legislation to limit the look back audit period that insurers have to recoup money that has already been paid. The insurance companies were strongly opposed to shortening the timeframe, so we are reviewing the issue and exploring ways to shorten the timeframe but also address the bigger issue related to coverage confusion. We will work in the next few months to propose changes to the bill and continue to build our coalition of supporters.

Overall, we will build on this extremely productive legislative session and look to bring home a win on scope and look back. We will keep members posted on any outreach that you can participate in that would be helpful.

### Related News:

- [2025 End of Session Update](#)
- [NYS Senate and Assembly Pass Virtual Credit Card Bill](#)
- [Scope Bill Passes Senate! Focus Now on Assembly as End of Session Draws Near](#)



## NEW YORK CHIROPRACTIC POLITICAL ACTION COMMITTEE

The New York Chiropractic Political Action Committee (NYCPAC) is designed to help elect state legislators who are supportive of Chiropractic issues and positions. Please take a minute to get involved and see what the NYCPAC is focused on accomplishing--Visit [NYCPAC.net](http://NYCPAC.net).

Organized medicine, managed care organizations, and other anti-Chiropractic forces continue to spend hundreds of thousands of dollars each year to elect candidates that do not understand or value the Chiropractic Profession and the research and truths about the efficacy of Chiropractic care.

In order to help fight and educate these outside forces, we need you to please become part of our grassroots advocacy team. All New York Chiropractors, united together, CAN position our Profession to continue to be a viable livelihood and promote the wellbeing of our patients. Please, become part of the solution! We have designed a process to make it easy to donate to the NYCPAC. Don't overlook ANY contribution to the PAC, but please support at the highest level you can. NYCPAC can accept "one time" donations from you or can conveniently set up an **automatic monthly contribution** from your credit or debit card.

We need your support to ensure that we can truly be effective. Stand behind your Profession and **CONTRIBUTE TODAY!**

☐ **Enclosed is my donation for\*** (check one)

☐ \$100   ☐ \$250   ☐ \$500   ☐ \$1000   ☐ \$5000   ☐ other \$\_\_\_\_\_.

*Please send your personal check payable to:*

**NYCPAC  
PO Box 440  
Chester NY 10918**

**My contribution is from a/an:**

☐ Individual/Sole Proprietorship   ☐ Partnership   ☐ PC/Corp   ☐ PAC/Labor Union   ☐ LLC

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- ☐ I am a United States Citizen or permanent resident alien (green card holder).
- ☐ I am at least 18 years of age.
- ☐ I have not been and will not be reimbursed for making this contribution by another person or entity.

**Please complete the following information:** Preferred Mailing Address:   ☐ Home   ☐ Work

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Company Name \_\_\_\_\_

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City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Occupation \_\_\_\_\_ Employer \_\_\_\_\_ (If student, list school)

Daytime Phone \_\_\_\_\_ Evening Phone \_\_\_\_\_

Email Address \_\_\_\_\_

Signature \_\_\_\_\_

**To make a one-time credit card contribution online,  
visit [NYCPAC.net](http://NYCPAC.net) and click "Make a Contribution"**

**Please note:** Voluntary contributions by individuals are subject to a contribution limit of \$150,000 during a calendar year to all sources and \$84,400 to a political action committee. The annual donation limit for a corporation is \$5,000 in a calendar year to all sources. Each affiliated or subsidiary corporation, if a separate legal entity, has its own contribution limit. For more information on contribution limits in New York, please visit the New York State Board of Elections website at <http://www.elections.ny.gov>.

Contributions to the NYCPAC are not tax deductible for state or federal tax purposes. The Federal Election Commission (FEC) prohibits contributions from individuals who are not citizens or permanent residents of the US. Contributions by one person in the name of another person are prohibited. PAC contributions are also not reimbursable by an employer or any other entity.



# Cholesterol Myth:

## Eating eggs will increase cholesterol levels

by Jamie Forster DC | Published with appreciation to [Nutriwest NY](#)

This theory dates to research done in the 1970's and is now considered outdated. Eating eggs can lower cholesterol levels! How is this possible?

There are two main reasons: First, eggs contain vitamin A retinyl esters that support liver function for good cholesterol conversion.

Second, it is not just about the food itself but also the method of preparation. Frying healthy foods like eggs and potatoes can negatively alter their nutritional pathways. Restricting egg consumption to just the whites is a major disservice to the body. While the whites contain protein, the yolk is packed with every single vitamin and nutrient (except vitamin C), offering significant nutritional benefits. Eggs are truly a complete food.

Regarding elevated cholesterol, genetic hypercholesterolemia does exist, thyroid function can affect levels as well as gestational hypercholesterolemia, which occurs only during pregnancy. Patients often ask about diets that support good cholesterol levels for proactive health management.

To address this, we first need to understand cholesterol molecules. There are three basic types: HDL (high-density lipoprotein), LDL (low-density lipoprotein), and VLDL (very low-density lipoprotein). Additionally, triglycerides play a crucial role in fat metabolism.

HDL, known as "good" cholesterol, comes from whole foods such as eggs, nuts (except peanuts and cashews), olives/olive oil, coconut/coconut oil, avocado/avocado oil, and fish. LDL has been labeled "bad" cholesterol, but this is misleading as some LDL molecules (apolipoprotein A) are used for energy formation (ATP), while others (apolipoprotein B) can be detrimental. VLDL cholesterol molecules are considered "bad" and compromise health.

Triglycerides, the main constituent of natural fats and oils, deal with the conversion of carbohydrates to either fuel or stored fat. Ultra-refined carbohydrates are the biggest offenders of this crucial mechanism. Many authorities discuss cholesterol and triglycerides, but it should be the other way around, as triglycerides form before cholesterol in the body.



Image by [sedaris](#) from [Pixabay](#)

Books by cardiologists reveal the truth about the lack of connection between elevated cholesterol levels and heart disease; it's more about liver health than heart health. For those interested, here are some links:

- [The Great Cholesterol Myth: Why Lowering Your Cholesterol Won't Prevent Heart Disease- and the Statin-Free Plan That Will: Jonny Bowden, Stephen Sinatra](#)
- [The Dark Side of Statins: New Science That Shows How Drugs Like Lipitor May Do More Harm Than Good](#)

Here's a great math trick. To calculate VLDL cholesterol if the laboratory did not provide it, divide the triglyceride level by 5. Optimal ranges of HDL are 60-90mg/dl, LDL less than 100mg/dl, VLDL as close to single digits as possible, and triglycerides 30-85mg/dl. These are optimal levels, not average, as readers of this article seek optimal health.

A friend's question about your cholesterol level refers to the combined HDL, LDL, and VLDL, or your total cholesterol. Optimal ranges for females are 140-195mg/dl and for males 145-185mg/dl. The type of lipid molecule creating a ratio is more significant than total cholesterol level.

Are there supplements to suggest? Here are a few

*(Continued on page 12)*

(Continued from page 11)

Nutri-West products engineered for success!

- **Total Lipotropic**-Supports the body's ability to regulate lipid balance.
- **Lipotropic Plus**-Use as part of the diet to help to maintain healthy cholesterol and triglyceride levels.
- **Complete Hi-Potency Omega 3 Liquid**-Attention Span Support; Brain/Cognitive Support; Cox-2 Inhibitor Support; Cholesterol Support; Inflammation Support; Nervous System Support.
- **Complete Omega 3 Essentials 2:1**-Same index and application as the liquid in capsule form.
- **Complete Omega 3 Co-Factors**-Rarely spoken about and crucial to the utilization of the omega 3 fatty acids and in preventing oxidation.

The ultimate questions:

- How can I check my cholesterol levels?
- What if my numbers are elevated?
- Are there fasting considerations?
- What are the effects of insulin regulation?
- Is there such a thing as too low cholesterol and what does that indicate?
- Does diet, exercise and/or supplementation work?
- Does thyroid function affect cholesterol values?
- Can I replace my medication with natural products that have NO side effects or adverse reactions?
- Are cholesterol levels and ratios all based on genetic predisposition?
- Why does my cholesterol level go up only when I am pregnant (gestational)?

These questions can all be answered. I can be contacted via phone: (888) 227-5469 or email JForster@NutriWestNY.com.

**\*\*Promotion:** When you contact me use the code word **LONGEVITY** to receive a 10% discount on your supplement order.



## HelloNation: CGI Digital's New Initiative

*Building Digital Authority for Chiropractic Professionals*

HelloNation doesn't run ads - we build trust and authority.

We help chiropractors grow by turning respected local practices into digital leaders. From solo practitioners to multi-location wellness centers, we position our partners as the go-to experts their patients and their communities can rely on when health and healing matter most.

Backed by civic partnerships and powered by our unique blend of Edvertising and Answer Engine Optimization (AEO), we ensure that when people ask Google about back pain relief, spinal alignment, or holistic health, your name is the one that appears. It's not about chasing clicks. It's about showing up when someone is ready to book, call, or walk in the door.

We translate your care philosophy and clinical expertise into clear, compelling digital content that builds confidence and drives patient engagement.

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That's what HelloNation delivers. Let's help your practice lead locally and thrive digitally — one adjustment at a time.

- [What is Edvertising](#)
- [What is AEO](#)
- [Edvertising in Action](#)

To learn more about CGI Digital and HelloNation and to become your local expert, contact our Program Relations Manager - Geoff Toomey.

gtoomey@cgicompany.com  
[www.cgicompany.com](http://www.cgicompany.com)

585-450-3487  
[www.hellonation.com](http://www.hellonation.com)



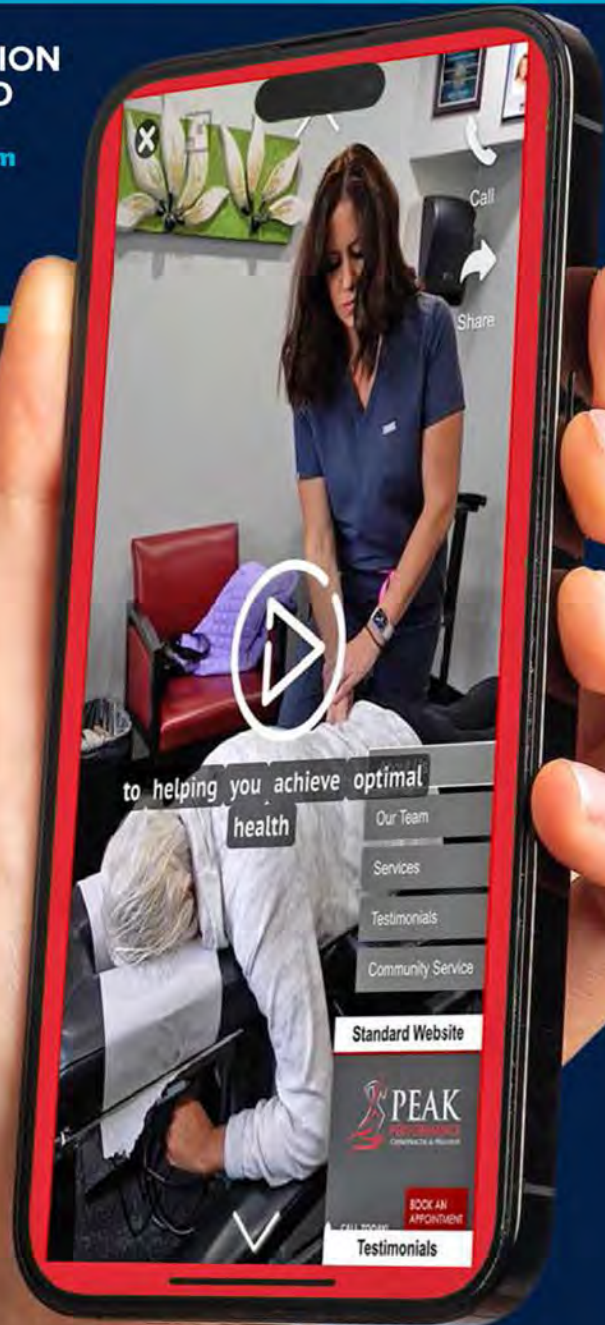
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# The #1 Outcomes Form for Low Back Pain: What Every Clinician Should Know

by K.D. Christensen D.C. | Published with appreciation to [OutcomesAssessment.org](https://outcomesassessment.org)

When it comes to treating low back pain, how do you prove that your care truly makes a difference?

If you had to choose just one form that documents clinical outcomes, satisfies treatment guidelines, and supports reimbursement, which would you use?

Surprisingly, the answer isn't just widely accepted; it's published in one of the most respected scientific journals in the field.

According to this journal<sup>1</sup>:

*"For a trial of care to be considered beneficial, it must be substantive — meaning a definite improvement in the patient's functional capacity has occurred."*

Translation: If a patient's ability to function hasn't measurably improved, some insurers may deny payment. That's why payers are increasingly requiring objective proof that care is both necessary and effective.

So how do you document this clearly, quickly, and in compliance with standards?

Use a validated outcomes form, one that's scientifically proven to measure functional improvement in patients with low back pain.

The journal points to several gold-standard tools, all of which are supported by clinical research for validity, reliability, and responsiveness to change:

- Revised Oswestry Back Disability Index
- Roland-Morris Disability Questionnaire
- RAND 36-Item Health Survey
- Bournemouth Disability Questionnaire

These tools evaluate key areas like pain levels, physical activity, social and work function, and even psychological barriers to recovery like anxiety or depression.

## Which one is best?

Each form has its strengths, but here's a quick comparison:

Form	Number of Questions	Estimated Completion Time
Revised Oswestry	60	Longer
Roland-Morris	24	Moderate
Rand 36	36	Moderate
Bournemouth Disability	7	Fastest (just a few minutes)

For busy practices, the Bournemouth Disability Questionnaire stands out. With just 7 questions, it offers a rapid, validated way to document meaningful improvement, making it ideal for both patient compliance and administrative efficiency.

## Instant Results. Real Proof.

When your patient completes the online form at <https://outcomesassessment.org>, a comprehensive Outcomes Assessment Narrative Summary Report is automatically generated, delivering clear, defensible evidence that treatment is working.

In today's healthcare landscape, documentation isn't optional; it's essential. Equip your practice with the right tool and let the data speak for itself.

For a demo of the complete report go to <https://outcomesassessment.org/>

— — —

## Reference:

(1) *Globe et al, Clinical Practice Guideline: JMPT, Volume 39, Issue 1, January 2016.*

## About the Author:

Dr. K.D. Christensen, DC, is the Director of Outcomes Assessment, a web-based software platform developed exclusively for chiropractors. This innovative solution streamlines the documentation of patient progress and supports the medical necessity of continued care. The platform features a comprehensive library of licensed assessment tools—including the Oswestry, Neck Disability Index, and Visual Analog Scale—along with HIPAA-compliant electronic intake, mobile accessibility, automated reminders, and one-click reporting with graphical summaries to facilitate insurance claims and audit compliance.



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**M C H U G H N E U R O S U R G E R Y . C O M**

# Optimize Athletic Performance Through Kinetic Chain Integration

by Christine Foss DC | Published with appreciation to [Chiropractic Economics](#) and [Foot Levelers](#)

**Athletic performance depends not only on strength and skill, but also on efficient bio-mechanics and the integrity of the kinetic chain.**

The kinetic chain refers to the interrelated joints, muscles, ligaments and tendons that work in a coordinated manner to produce movement. Disruptions within this chain can lead to inefficiency, decreased performance and increased risk of injury.<sup>1</sup> With their musculoskeletal health expertise, DCs are uniquely positioned to assess and optimize the kinetic chain through spinal and extremity adjustments, soft tissue therapy and lower extremity biomechanical assessment.

Critical tools that facilitate the expeditious correction of kinetic chain faults include gait analysis, movement analysis and foot posture screening. The importance of these screening tools lies in gaining a full understanding of the body's movement patterns (good and bad), against gravity. Once these faults are identified and corrected, we can significantly improve proprioception by stabilizing the lower extremity, enhancing alignment and improving kinetic chain integration.<sup>2</sup>

## The concept of the kinetic chain

The kinetic chain is a system of interconnected segments that must function harmoniously to create efficient movement. Dysfunction in one area can lead to compensatory patterns elsewhere, altering athletic performance and injury risk.<sup>3</sup>

Table 1 includes five primary kinetic chains and their actions in gait. Understanding these kinetic chains allows you to assess faulty movement patterns and guide athletes through corrective care plans for injury prevention.<sup>4</sup>

## Kinetic chain dysfunction and performance impact

Kinetic chain dysfunction manifests in various ways, including:

- **Altered joint mechanics:** Restrictions or hypermobility in joints disrupt movement patterns.
- **Example:** Limited ankle dorsiflexion affects squat depth and running efficiency.<sup>5</sup>



- **Muscle imbalances:** Overactive or underactive muscles create asymmetry, reducing power and stability.
- **Example:** Tight hip flexors inhibit gluteal activation, limiting explosive movements.
- **Compensatory patterns:** Dysfunction in one area leads to compensations elsewhere.
- **Example:** Poor hip mobility can force excessive lumbar spine motion, increasing the risk of low back injury.

## Case study

A sprinter with excessive foot pronation may develop internal tibial rotation, affecting knee alignment. This misalignment reduces push-off power and can lead to chronic knee pain. Chiropractic adjustments, combined with muscle activation exercises and foot function corrections, can help restore your patient's proper biomechanics and enhance performance.

## Chiropractic interventions for kinetic chain optimization

Chiropractic care restores optimal function within the kinetic chain through:

- **Spinal and extremity adjustments:** Realign joints, improve mobility and reduce nerve interference.<sup>5</sup> Proper spinal alignment enhances neural communication, which is critical for coordinated movement.

### Read more:

<https://www.chiroeco.com/optimize-athletic-performance-through-kinetic-chain-integration/>



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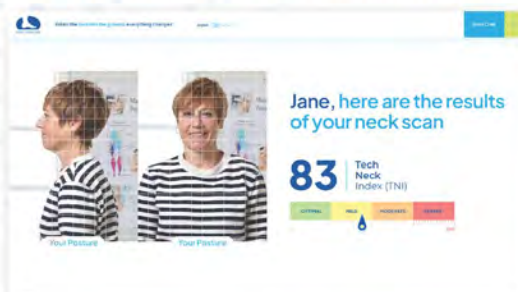
Pronation Stability Index



Impact Force Assessment



Tech Neck Index



Forward Head Posture



Orthotic Recommendation

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## Case Study: Informed Consent Is a Critical Component in DC's Case

A pregnant patient with a UTI experienced complications after an adjustment. She says she told her DC about the UTI; his documentation reflects otherwise.

Read More: <https://www.ncmic.com/insurance/malpractice/risk-management/informed-consent/>

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## Case Study: Did a Delayed Diagnosis Result in an Untimely Death?

A 37-year-old patient sought help for what seemed like routine abdominal pain—only to later learn he had an aggressive, nearly untreatable cancer. Would earlier intervention have saved him?

Read More: <https://www.ncmic.com/resources/case-studies/case-study-did-a-delayed-diagnosis-result-in-an-untimely-death/>

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## What to Do When a Patient Doesn't Want You to Contact Their GP

Fortunately, most patients are happy to have their DCs coordinate care with other healthcare providers. But what does it mean when patients won't give you permission to contact their family doctor?

Read More: <https://www.ncmic.com/insurance/malpractice/risk-management/patient-doesnt-want-you-to-contact-family-doctor/>

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## What to Do When Cyberattacks Strike

It's not just major healthcare providers being targeted by cyberattacks—small practices are also susceptible. Here's what to do if it happens to you.

Read More: <https://www.ncmic.com/resources/articles/what-to-do-when-cyberattacks-strike/>

## Podcast: 3 Things Every Chiropractor Should Do to Avoid Burnout

Burnout is a growing concern in chiropractic care, with one in three DCs having considered leaving the profession entirely. In this episode of Chiropractical, host Jon Kec sits down with Dr. Mario Fucinari to discuss why burnout happens, how it impacts your practice and patients, and, most importantly, what you can do about it.

Listen Now: <https://www.ncmic.com/resources/podcasts/3-things-every-chiropractor-should-do-to-avoid-burnout/>

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## Podcast: Why Your Patients Aren't Sticking to the Plan

1 in 5 patients don't stick to the treatment plan you've customized for them. Host Jon Kec is joined by Dr. Tom Ventimiglia to discover the reasons for this and what changes can be made in our approach to better connect with patients.

Listen Now: <https://www.ncmic.com/resources/podcasts/why-your-patients-arent-sticking-to-the-plan/>

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## Webinar Series: What No One Tells You About Selling and Buying Practices

Whether you're buying a chiropractic practice or selling one, the process can be a bit of an art. In our four-part webinar series, Crystal Misenheimer from Progressive Practice Sales will walk you through the ins and outs of both sides.

Watch now: <https://www.ncmic.com/resources/webinars/webinar-series-what-no-one-tells-you-about-selling-and-buying-practices/>





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# Student Loan Changes Are Coming: What Chiropractors Need to Know Now

by Dani Lynch | Published with appreciation to [Student Loan Tutor](#)

The **H.R.1 Big Beautiful Bill Act** passed a sweeping student loan reform and we now have a much clearer idea of how the landscape is shifting for federal student loan borrowers.

Here's what's important to know right now so you can stay ahead of the changes.

## Who Is Affected?

If you're currently enrolled in an income-driven repayment (IDR) plan, **SAVE, IBR, PAYE, or ICR**, you'll still have access to a modified IBR option depending on when your loans were disbursed:

- **Statutory version of IBR:** Payments remain at **15% of discretionary income**, calculated using **150% of the federal poverty level**.
- All borrowers enrolled in **SAVE and PAYE** will likely have to choose a new plan between **July 1, 2026 and July 1, 2028**.

As a chiropractor, especially if you're earlier in your career or carrying significant student debt from chiropractic school, this transition could directly impact your repayment strategy and future eligibility for forgiveness.

## If the Bill Passes as Written, Here's What Will Happen:

### What Will Stay in Place

- **IBR plans** will continue to be available to eligible borrowers.
- **Public Service Loan Forgiveness (PSLF)** will remain fully intact, including eligibility for **medical and dental residents/interns**. Chiropractors employed by qualifying non-profit clinics or healthcare systems may continue to benefit.
- Borrowers currently in **IBR** can remain in that plan, even if they take out new loans after **July 1, 2026** (with the exception of **Parent PLUS borrowers**, noted below).

### What Will Be Phased Out (2026–2028)

The following IDR plans will sunset over a two-year period:

- **SAVE** (Saving on a Valuable Education)
- **PAYE** (Pay As You Earn)
- **ICR** (Income-Contingent Repayment)

Starting **July 1, 2026**, new student loan borrowers will be limited to just two repayment options:

1. A **revised Standard Repayment Plan**, or
2. The **Repayment Assistance Plan (RAP)**

## Other Key Policy Changes

- Married borrowers who enroll in **RAP** will be allowed to **exclude their spouse's income** by filing taxes separately.
- **Discretionary forbearances** will be capped at **9 months over any 2-year period**, down from the current 36-month maximum.
- **Economic hardship and unemployment deferments** will be **eliminated** under the new structure.

## Special Note for Parent PLUS Borrowers

- If you're already in **IBR/PAYE/SAVE**, you will still have the option for **IBR**, as long as you do not take out any new federal loans after **July 1, 2026**.
- If you do borrow new federal loans after that date, all of your loans (including the older ones) will be required to enter the **Standard Repayment Plan or RAP** - except for:
- **Parent PLUS loans**, since they are considered "excepted" and are not eligible for the RAP plan - the only option is **Standard Repayment** for all new and previous loans.

*(Continued on page 21)*



(Continued from page 20)

If any borrower takes out a new loan after **July 1, 2026**, the only available option will be **RAP or Standard Repayment** on all previous loans.

## What Do You Need to Do Right Now?

These upcoming changes are complex and could drastically shift your **repayment timeline, monthly payment amount**, and even your **path to forgiveness**.

That's why now more than ever is the time to work with a **student loan expert**.

The right guidance can help you:

- Lock in the lowest possible monthly payments
- Stay eligible for key forgiveness programs
- Avoid costly missteps during the transition

Whether you're a **chiropractor in private practice**, working at a **nonprofit clinic**, or navigating the early years of your career, the stakes are higher now and a smart plan can make all the difference.

If you're unsure where to start, **don't navigate this alone**. Let a trusted Student Loan Advisor help you stay protected and positioned for long-term success. Student Loan Tutor is the nation's leading experts specializing in student loan repayment optimization and forgiveness planning. Reach out to them today through NYSCA's website to learn more.

<https://www.studentloantutor.com/d-home>

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06

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07

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## Windows 10 End-of-Life and HIPAA

The end of Windows 10 and conversion to Windows 11 is significant for HIPAA purposes. Per the US Dept of Health and Human Services, while *"the Security Rule does not specify minimum requirements for personal computer operating systems, ... it does mandate requirements for information systems that contain electronic protected health information (e-PHI)..."* Additionally, any known security vulnerabilities of an operating system should be considered in the covered entity's risk analysis (e.g., does an operating system include known vulnerabilities for which a security patch is unavailable, e.g., **because the operating system is no longer supported by its manufacturer**)."

Read more: <https://www.hhs.gov/hipaa/for-professionals/faq/2014/does-the-security-rule-mandate-minimum-operating-system-requirements/index.html>

More Details: Windows 10 End-of-Life: What It Means for HIPAA Compliance and Patient Data Security <https://hitconsultant.net/2025/08/05/windows-10-end-of-life-what-it-means-for-hipaa-compliance/>

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## Medicare Fraud Scheme Involving Phishing Fax Requests

CMS has been flooded with incoming complaints regarding illegitimate faxes being sent to providers falsely claiming to be from CMS staff.

Read more: [https://www.cms.gov/training-education/medicare-learning-network/newsletter/2025-06-26-mlnc#\\_Toc201664984](https://www.cms.gov/training-education/medicare-learning-network/newsletter/2025-06-26-mlnc#_Toc201664984)

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## Member Access to Chiropractic Safety & Talking Points Related to VBA

Did you know? Valued members of the NYSCA have exclusive access to trusted resources designed to support informed conversations with your patients regarding the safety of chiropractic care—particularly as it relates to stroke and vertebralbasilar artery (VBA) concerns.

Read more: [https://www.nysca.com/index.php?option=com\\_dailyplanetblog&tag=vba](https://www.nysca.com/index.php?option=com_dailyplanetblog&tag=vba)

## NYSCA Merch Store Now Live

We're excited to launch the official NYSCA merchandise store, designed with chiropractors in mind. Whether you're outfitting your team or looking for something clean and professional for daily wear, this is a great way to support chiropractic in New York.

Details: [https://www.nysca.com/index.php?option=com\\_dailyplanetblog&category=nysca-news](https://www.nysca.com/index.php?option=com_dailyplanetblog&category=nysca-news)

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## NYSCA Members Access to the Clinical Compass Evidence Center

We are pleased to announce a new member benefit designed to enhance clinical decision-making and support evidence-based chiropractic practice: Free Access to the Clinical Compass Evidence Center, available exclusively to members of our association through participation in the State Association Program.

Details: [https://www.nysca.com/index.php?option=com\\_dailyplanetblog&category=nysca-news](https://www.nysca.com/index.php?option=com_dailyplanetblog&category=nysca-news)

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## Introducing Your NYSCA Member Privilege with Saatva

What if you could help your patients sleep better—and enjoy exclusive perks for yourself?

NYSCA members now have access to exclusive savings and rewards through our new partnership with Saatva, the leader in luxury, eco-friendly sleep products.

Details: [https://www.nysca.com/index.php?option=com\\_dailyplanetblog&category=nysca-news](https://www.nysca.com/index.php?option=com_dailyplanetblog&category=nysca-news)

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## Special Savings with Jane.App

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Details: [https://www.nysca.com/index.php?option=com\\_dailyplanetblog&category=nysca-news](https://www.nysca.com/index.php?option=com_dailyplanetblog&category=nysca-news)



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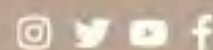
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# INSURANCE UPDATES

## OptumHealth Tier Letters Available

Optum Health Care Solutions, LLC (Optum) sent out faxes in August that the 2024 Tier Letters are now available. Please login to your [myoptumhealthphysicalhealth.com](https://myoptumhealthphysicalhealth.com) account to retrieve your letter.

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## US DOL New E-billing Requirements

Per the Department of Labor: All Group practices must ensure the rendering provider NPI is associated with an active servicing provider in the OWCP provider file. As of 9/20/25, all billing provider groups and rendering provider taxonomy codes will be required. Providers should visit <https://owcpmed.dol.gov> to review and update provider NPI and/or taxonomy information if syntax rejections are received.

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## US DOL Worker's Compensation: Providers must enroll in EFT

Due to Executive Order 14247, beginning September 30, 2025, all providers enrolled in the Department of Labor (DOL) Office of Workers' Compensation Programs must comply with the U.S. Treasury's Electronic Fund Transfer (EFT) mandate. Providers who are not enrolled in EFT must immediately complete and submit an ACH enrollment form to change payment method.

[Click here](#) to access the form.

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## Reminder: New P.O. Boxes for Medicare Part B Claim Submitters in NY (Upstate Counties and Queens)

Beginning 5/19/2025, all Part B providers in New NYS should mail paper claims to applicable P.O. Box listed below.

National Government Services, Inc.  
P.O. Box 6178  
Indianapolis, IN 46206-6178

Read more: <https://www.ngsmedicare.com/>

## NYS WCB: Providers subject to electronic CMS-1500 mandate

As previously reported, the NYS Workers' Compensation Board (Board) now requires health care providers to submit the CMS-1500 universal billing form electronically, through a Board-approved electronic submission partner, effective August 1, 2025.

Read more: <https://content.govdelivery.com/accounts/NYWCB/bulletins/3ed97ef>

The most recent NYS Workers' Compensation Board presentation (August 12, 2025) can be viewed at: <https://www.youtube.com/watch?v=N6T2SNIP5m8>

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## NYS WC HP-1.0 Specific Guidelines

Reminder: Health care providers must provide supporting documentation with every submission of a Form HP-1.0, even if documentation was previously submitted to the Board when the bill was initially sent.

Read more: <https://content.govdelivery.com/accounts/NYWCB/bulletins/38a834c>

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## NYS WCB: Payment of CPT code 99080 on CMS-1500 bills

This is a newly approved CPT code under the Workers Compensation Fee Schedule. Note: This applies to Workers Compensation bills only; it does NOT apply to No Fault bills

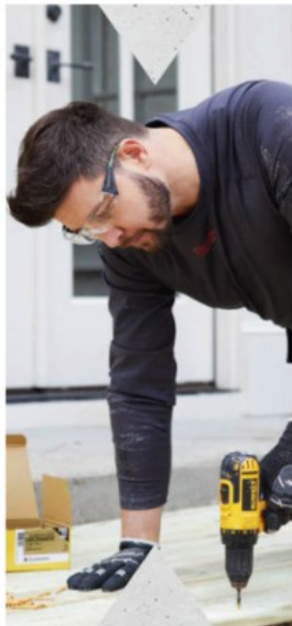
Read more: <https://content.govdelivery.com/accounts/NYWCB/bulletins/3e71236>

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## C-4.3 Permanent Impairment Form

As recently reported by the NYSCA Insurance Committee, the New York State Workers' Compensation Board released an updated version of the C4.3 Permanent Impairment form on August 22, 2025. Read More (Members Only):

<https://www.nysca.com/nic-workerscomp>



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## Northeast College of Health Sciences

### **Northeast College Celebrates Spring 2025 Ceremony Week: Honors Student Milestones and Achievements**

Northeast College of Health Sciences celebrated Spring 2025 Ceremony Week on the College's Seneca Falls Campus, recognizing academic excellence and honoring future healthcare professionals.

Read More: <https://www.northeastcollege.edu/news/celebrate-spring-2025-ceremony-week>

### **New Northeast–Stockton Partnership Creates Faster, More Affordable Paths to Chiropractic and Nutrition Degrees**

Northeast College of Health Sciences and Stockton University in NJ have announced a new educational partnership, creating articulation agreements to save students time and money while securing their admission to Northeast College.

Read More: <https://www.northeastcollege.edu/news/new-northeast-stockton-partnership>

### **Northeast College Receives Reaccreditation from MSCHE**

Northeast College of Health Sciences has received formal notice of reaccreditation from the Middle States Commission on Higher Education (MSCHE), reaffirming the College's commitment to providing high-quality education and maintaining rigorous academic standards.

Read More: <https://www.northeastcollege.edu/news/northeast-receives-msche-reaccreditation>

### **Northeast College Names Dr. Eugene Spilker New Assistant Vice President for Chiropractic**

After a nationwide search, Northeast College of Health Sciences is pleased to announce the appointment of Dr. Eugene Spilker, D.C., DHPE, as the new assistant vice president for chiropractic, effective July 7, 2025.

Read More: <https://www.northeastcollege.edu/news/dr-spiker-named-assistant-vice-president>

### **First Mynderse Academy Students Complete, Earn Credit in NCHS Anatomy Course for High School Students**

Northeast College of Health Sciences proudly recognizes the first cohort of high school students to complete its college-level Principles of Human Anatomy and Physiology course.

Read More: <https://www.northeastcollege.edu/news/first-mynderse-students-earn-course-credit>

### **Northeast College Mourns Dr. John LaFalce**

It is with deep sadness that Northeast College of Health Sciences mourns the passing of Dr. John LaFalce, D.C., M.Ed., beloved faculty clinician, mentor and colleague.

Read More: <https://www.northeastcollege.edu/news/northeast-college-mourns-dr-john-lafalce>

### **Northeast Mourns Loss of Beloved Faculty Member Dr. Veronica Mittak**

The Northeast College of Health Sciences community is deeply saddened by the passing of Dr. Veronica Mittak, associate professor and beloved member of our academic family.

Read More: <https://www.northeastcollege.edu/news/northeast-mourns-dr-veronica-mittak>



## D'YOUVILLE UNIVERSITY

### Student Spotlight: Christina Brown Shines at ABCA Convention!

We're thrilled to celebrate an outstanding achievement by one of New York's own future chiropractors!

Christina Brown, a student at D'Youville University, recently attended the American Black Chiropractic Association (ABCA) convention, where she competed in—and won—the Chiro Quiz Bowl!

Facing off against teams of up to eight students, Christina competed solo and still emerged victorious, bringing home a trophy and a \$300 cash prize. Her performance exemplifies the knowledge, determination, and professionalism that define the next generation of chiropractic leaders.

Congratulations, Christina! Your NYSCA community is incredibly proud of you.



*Pictured with Christina Brown is Dr. Sheriffa Clarke, Vice President of the ABCA.*



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## Webinar: What Employers Should Know When ICE is at the Door and Other Immigration Updates

President Trump's expansion of U.S. immigration enforcement authority and the increase in ICE enforcement actions over the last six months have had a significant impact on workplaces across the country. Employers are faced with questions about how to address these rapid changes to immigration enforcement, including the potential for increased scrutiny on work authorization records and I-9 compliance, and questions from employees about how their employer is addressing compliance with immigration laws.

Join Anna McCarthy and guest co-host Liz Lindhome as they discuss how employers can be prepared to respond to immigration enforcement authorities and what action steps employers should take in order to address compliance with immigration law.

[Watch Now](#)

## Mid-Year Legal Round-up: Key 2025 Developments Impacting Health & Welfare Benefits

The first half of 2025 has brought some interesting updates to the health and welfare benefits world, including developments in several fiduciary breach class action lawsuits, vacatur of final HIPAA regulations and legislation making some helpful changes and updates. Some of these developments may warrant plan changes by employers. Below is a brief review of these developments in no particular order.

- Non-Enforcement Statement Regarding Final 2024 MHPAEA Regulations
- Vacatur of HIPAA Regulation on Reproductive Health Care
- Supreme Court Decision on ACA Preventive Care Coverage Requirement
- H.R. 1 Legislation
- Update on Fiduciary Breach Class Actions
- Lawsuits Regarding Tobacco Surcharge Wellness Programs

[Read More](#)

**"Your Morning Briefing,"** is a recurring webinar series presented by Harter Secrest & Emery's [Labor and Employment practice](#). Kickstart your day with HSE attorneys Amy L. Hemenway and Anna S.M. McCarthy as they share and discuss the latest employment law updates in focused, 30-minute sessions. Designed to keep you informed and ahead of the curve, each session provides essential insights that will help you navigate the complexities of a workplace with confidence.

Grab your morning coffee and log on for a dose of timely employment law updates, ensuring you stay prepared and proactive in your professional endeavors.

## Know Your Rights: What to Do if You Are Detained at a U.S. Port of Entry (For Lawful Permanent Residents)

While LPRs enjoy greater rights than nonimmigrants when returning to the United States after travel abroad, all noncitizens now face increased scrutiny at the border for past immigration issues, interactions with police, and political activity. It is important that you know your rights when returning to the United States.

[Read More](#)

## AI, DEI, Noncompetes Reshape New York Employment Law

The *Rochester Business Journal* recently spoke with several leading employment attorneys in the area to discuss the accelerating pace of change in NY's labor and employment laws. In this feature, HSE partner Benjamin E. Mudrick emphasizes the growing uncertainty employers face due to diverging state and federal guidance—especially around DEI compliance—and urges companies not to lose sight of high-risk wage and hour issues amid the noise.

[Read More](#)

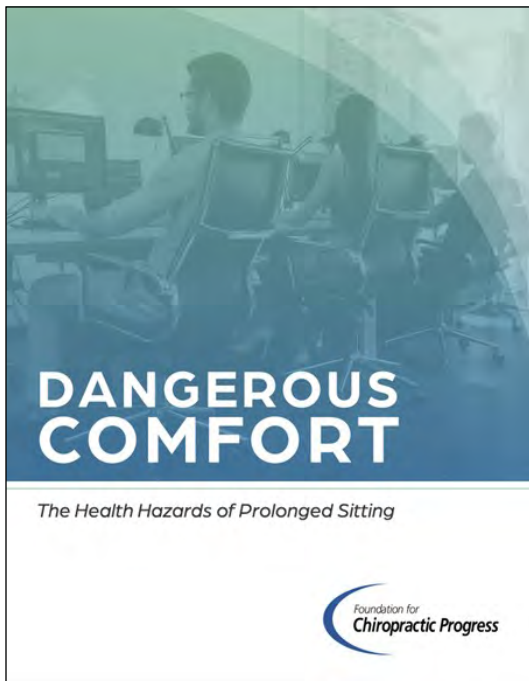




## F4CP Unveils New Benefits & Resources

The Foundation for Chiropractic Progress (F4CP) is thrilled to announce an exciting new benefit designed to enhance patient education: a series of resource sheets. These visually engaging and easy-to-understand sheets cover critical health topics relevant to everyday life, including common ailments like low back pain and neck pain, alongside vital lifestyle factors such as nutrition and sleep. As a member benefit, these sheets can be easily printed and provided directly to your patients, serving as invaluable take-home materials that reinforce your recommendations and broaden their understanding of whole-being care, solidifying chiropractic's role as a primary wellness resource.

[Click here to view the resource sheets](#)



## New eBook: "Dangerous Comfort: The Health Hazards of Prolonged Sitting"

In addition to these printable resources, F4CP has also just launched a timely new eBook, "Dangerous Comfort: The Health Hazards of Prolonged Sitting." This comprehensive digital resource, available for you to share with patients both digitally or as a printout, addresses a pervasive modern health challenge and provides actionable insights on mitigating its risks. Both the new resource sheets and this compelling eBook are crucial tools for you because they provide accessible, credible information that extends patient education beyond the adjustment. These materials empower patients to take a more active role in their health journey, reinforce the value of chiropractic care, and ultimately strengthen the doctor-patient relationship by positioning you as a trusted authority on comprehensive whole-being care.

[Click here to download the eBook](#)

## September is Drug-Free Pain Management Awareness Month

Shine a light on safe, effective pain relief like chiropractic care and help lead the conversation. To learn more, [click here](#).

## Reception Room Commercials

As a Group Member of F4CP, you can utilize the commercials in your practice reception room or on social media. To view the commercials, [click here](#).





# IN CASE YOU MISSED IT...

## BCBS Provider Settlement Update

The BCBS Provider Settlement Website has been updated to reflect the current status of filing your claim. *"The deadline to submit claims in the Blue Cross Blue Shield Provider Settlement passed on July 29, 2025, and the Settlement Administrator is no longer accepting new claim forms. Settlement Class Members with existing claims may log in to their portal account and update their contact information or their payment method and details but may not edit other sections of the claim form."*

Learn more: [www.bcbsprovidersettlement.com](http://www.bcbsprovidersettlement.com)

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## The One Big Beautiful Bill Act is Law...Now What?

As you are aware, Congress passed the One Big Beautiful Bill Act (OBBBA) today and it is now on its way to the president's desk. The bill touches almost every part of federal spending. Beyond the tax and immigration sections, there are provisions that affect chiropractors as well. Let's take a look at those.

Read more: <https://www.acatoday.org/news-publications/the-one-big-beautiful-bill-act-is-lawnow-what/>

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## National Chiropractic Health Month 2025 Theme Announced

The American Chiropractic Association (ACA) and doctors of chiropractic nationwide will celebrate National Chiropractic Health Month (NCHM) 2025 this October with the theme "Get Started with Chiropractic." The campaign will focus on the benefits of starting with a non-drug approach to pain management.

Read more: <https://www.acatoday.org/education-events/national-chiropractic-health-month/>

## NYS Senate and Assembly Pass Virtual Credit Card Bill

In June 2025, both the Senate and Assembly have passed one of NYSCA's 2025 legislative priorities, requiring any insurer that uses a credit card, virtual credit card, or electronic funds to pay a provider's claim for reimbursement to notify the provider in advance if there is a fee to process the payment and provide an alternative payment method that does not impose a fee.

Read more: [https://www.nysca.com/index.php?option=com\\_dailyplanetblog&view=entry&year=2025&month=06&day=11&id=1830:nys-senate-and-assembly-pass-virtual-credit-card-bill](https://www.nysca.com/index.php?option=com_dailyplanetblog&view=entry&year=2025&month=06&day=11&id=1830:nys-senate-and-assembly-pass-virtual-credit-card-bill)

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## From Capitol Hill to Campus: Why Chiropractic Students Need to Step into Advocacy

When I tell classmates they should be contacting lawmakers, I usually get the same response: "I'm too busy," or "I wouldn't know what to say." But the truth is, if you're a chiropractic student, you already have what it takes to be an advocate. And right now, your voice matters more than ever.

Read more: <https://www.acatoday.org/news-publications/from-capitol-hill-to-campus-why-chiropractic-students-need-to-step-into-advocacy/>

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## NCMIC Announces Appointment of New CEO David Siebert

NCMIC is pleased to announce the appointment of David Siebert as its new Chief Executive Officer, effective immediately. Siebert succeeds Mike McCoy, who is retiring after eight years of dedicated service to the company.

Read more: <https://www.ncmic.com/resources/press-release/ncmic-ceo-announcement/>

# NEW PRACTITIONERS



Congratulations; You've received your license to practice chiropractic in NYS!

## What are you going to do next?

To help you through the ins-and-outs of establishing your practice, the NYSCA has dedicated a specific area of our website to new chiropractic practitioners in New York State! This area provides assistance on setting up your own practice with helpful links, such as the informational brochure "Road to Practice," practice management forms, outcome assessment tools, a Practice Management Resource Booklet, and more!

**Visit the New Practitioners page on the NYSCA website**

## New Practitioner Mentor Program

Aligning yourself with a professional association early in your career is a wise decision and we are honored that you have chosen the NYSCA. As a new practitioner, you are faced with new challenges and responsibilities

The NYSCA is here to help, and we encourage you to take full advantage of the benefits of being an Association member.

One of the benefits of being a member of the NYSCA for new practitioners is eligibility to apply for one-on-one assistance from a seasoned chiropractor near you through the **New Practitioner Mentor Program**. The Mentor program is offered to assist new members during their first three years of practice.

Through participation in this program, mentees will gain an enhanced understanding of chiropractic practice in the region of New York where they hope to practice to enhance their success. Mentors offer advice pertaining to but not limited to chiropractic office procedures, understanding the local business climate, interpersonal, patient management, and related issues inherent to successful practice.

The goal of this program is to give our members the opportunity to:

- Gain exposure to the business community
- Learn about and discuss specific practice paths
- Develop and cultivate a business network
- Understand the relevance of their continuing education
- See what tasks and issues doctors really face in New York
- Discuss attributes and experiences doctors are truly looking for in potential associates

Learn more about this program and apply to participate online using the following link:

**Submit your Mentor Program Application**

*Would you instead like to BE a mentor to a newly licensed colleague?  
Use the link above to submit your Mentor Application.*

**Thank you for your continued support of NYSCA!**

Gerald L. Stevens DC, MS, MPH, NYSCA  
Mentor Program Coordinator | [NewPractitioners@nysca.com](mailto:NewPractitioners@nysca.com)



# CLASSIFIEDS

## Office Coverage Available

Retired with over 40 years of experience covering many different types of practices. Well versed in many different techniques and modalities. Available in NY/NJ. Call for more info. 201-906-8791.

## Office Coverage Available

NYCC '81 graduate with decades of experience utilizing multiple techniques, x-ray and therapies. Covered over 45 offices over the years with patient satisfaction. email at josephkelbermandcpc@gmail.com or call 917-626-0832

## Office Coverage Available

Palmer Graduate, Iowa. 37 years of experience. Can do many techniques to fit your practice best. Buffalo, NY area. Call today. Licensed and Insured. Call 716-969-6809. Chirodrjds@aol.com

## Associate Wanted

40 plus year Family practice seeking upbeat Chiropractor. Techniques are diversified and instrumentation, spinal decompression, cold laser therapy and soft wave therapy. 2 Year commitment requested. Clinic is 1 hour from Washington DC, 3 hours from NYC. Fully staffed with 2 chiropractic assistants plus front desk, insurance and nurse. Ideal candidate would be interested in becoming a partner or new owner. Come join this fun, on purpose group! Contact drjmarvenko@gmail.com

## Associate Wanted

Fast-paced chiropractic office in Albany, NY seeking a motivated and reliable DC to join our team! Full-time or part-time positions available, salary negotiable based on skill level. Must have a current chiropractic license in New York. High-energy setting. Please submit your resume along with a 3-5 minute video introduction explaining why you are a great fit to: drkeithnussbaum@gmail.com

## Associate Wanted

Cunningham Chiropractic, PC seeks a DC (recent grads welcome) skilled in Gonstead/ Diversified techniques, therapeutic exercise, and PT modalities, with ability to read X-rays and counsel patients. Benefits: \$60K base + incentives, PTO, CEU/licensing fees, malpractice, health insur-

ance, 401K, and partnership potential. Contact Dr. Cunningham (315) 445-9941 or email: office@Cunninghamchiropractic.com. More details available at [www.nysca.com/classifieds](http://www.nysca.com/classifieds)

## Associate Wanted

We're seeking a wellness-focused chiropractor to join our growing team full-time. Our practice is located in the Stockade District, just minutes from Schenectady's revitalized downtown. This is a full-time position offering a competitive salary, along with hands-on training and mentorship to support your clinical growth and long-term success. We utilize a variety of techniques and therapies, including Chiropractic Biophysics (CBP), Diversified, decompression therapy, shockwave therapy, infrared sauna, and cold plasma laser. Whether you're a recent graduate or later in your career, you'll be joining a practice that values innovation, wellness, and patient-centered care. Contact: cinquelex@gmail.com

## Associate Wanted

A new integrated Physical Medicine practice in Thornwood, NY is seeking DC with experience in: Cox Flexion Distraction, spinal and extremity rehabilitation, kinesiotaping, decompression. DC should be proficient in performing a comprehensive and functional examination and have some experience with soft tissue techniques. Candidate should have good adjusting skills, be strong in documentation, and be open minded to medical, PT, and massage as part of treatment. Team member in a multidisciplinary setting in a clinic focused on restoring function. Good communication skills a must. New grads welcome. 3 days to start and may transition into full time. Please send resume to: Drtina@mtpleasantpmr.com

## Associate Wanted

Seeking 1-2 personable, caring DCs with strong adjusting skills and excellent communication. Join a team of 2 chiropractors and 3 CAs in a supportive, mentoring environment with regular team meetings. Services include Diversified adjustments, rehab, decompression, and Radial Pressure

Wave Therapy. We prioritize quality care with 30-minute appointments. Salary \$75K-\$105K, based on experience. Contact jrddc@hvc.rr.com. More details available at [www.nysca.com/classifieds](http://www.nysca.com/classifieds)

## Associate Wanted

Looking for a full-time chiropractic associate based in Harrison, NY. We are a sports and wellness practice, which utilizes diversified technique, a number of soft tissue techniques, decompression, and active care. Must have excellent communication and interpersonal skills for patient education. Base salary with bonus structure. Email Westchesterchirowellness@gmail.com with your resume.

## Associate Wanted

Chiropractor wanted for full and/or part time work for Bronx, Brooklyn and Staten Island. Salary \$400/day. Candidate may have to work in different offices on different days. Please contact Dr Marina at marinagadaborshev@gmail.com or text me at 973-519-6302.

## Associate Wanted

Very busy chiropractic office in Batavia, New York, which is located between Buffalo and Rochester. Our practice utilizes diversified/ Gonstead /spinal decompression/ laser.. our practice right now has an associate and I'm looking for another associate to come in with the possibility of part ownership. I am retiring at the end of October. The income will be anywhere from 100,000 to \$175,000 per year based on percentage. This is a great opportunity for a newly graduate or an experienced graduate. Please contact me at 716-474-9316 or email me at tmaz1958@gmail.com.

## Practice for Sale

Goldhirsch Chiropractic & Nutrition offers a rare turnkey opportunity in the Hudson Valley. Excellent reputation, health-conscious community, and years of records ensure smooth operations and predictable costs. Opportunities for growth include adding hours, another practitioner, marketing, or expanding retail. Ideal for new or experienced DCs seeking a pros-

*(Continued on page 33)*

# CLASSIFIEDS

(Continued from page 32)

perous practice in a vibrant, scenic location. Contact (845) 546-6023, drmarkgoldhirsch@gmail.com. Details: [sellingapractice.com/gcn](http://sellingapractice.com/gcn).

## Practice for Sale

DC retiring after 40 years in practice. I have a wonderful thriving wholistic practice. I use Applied Kinesiology, SOT, drop table, some diversified and some activator. Presently, I have approximately 60 active patients who are well-educated chiropractically speaking and love being adjusted. The practice is in Lido Beach, NY. The practice in my home which I am also selling. Please contact my cell phone if you are interested or have any questions at 516 330-8485. My email address is

drjudyroth@gmail.com I look forward to helping someone re-locate or get started in practice.

## Practice for Sale

West End Chiropractic, a profitable 39-year practice, offers a turnkey path to ownership. Fully equipped corner office in a prime location with loyal staff and established patient base. Current owner will provide training and support for a smooth transition. Flexible, affordable ownership options with no immediate purchase pressure. Significant growth potential for a chiropractor dedicated to patient care and practice development. Serious inquiries: Jeffrey Stanger, 516-376-4259 or [drjeffstanger@gmail.com](mailto:drjeffstanger@gmail.com). More details available at [www.nysca.com/classifieds](http://www.nysca.com/classifieds)

## Equipment for Sale

Bronx, NY - Preferred contact, call or text cell 914-316-5064 Full office equipment for sale Zenith high low table, therapy machines, chiropractic books, literature and educational material, etc. Very reasonably priced, some free. Closing practice

Submit your classified ad

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Gives you **MORE**

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*NYSCA Sponsors are trusted business partners whose valuable contributions help NYSCA achieve its goals in advocating for you and your patients. For all they do, we owe it to them to first take a look at their products and services before going elsewhere and to support those who are supporting us. Remember — when doing business with NYSCA Sponsors, you are supporting your professional organization!*

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[cgidigital.com](http://cgidigital.com)

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[footlevelers.com](http://footlevelers.com)

★ **Foundation for Chiropractic Progress**  
Contact: 866-901-F4CP  
[f4cp.org](http://f4cp.org)

★ **Lewin & Baglio**  
Contact: 516-307-1777  
[lewinbaglio.com](http://lewinbaglio.com)

★ **McHugh Neurosurgery**  
Contact: 631-780-4470  
[mchughneurosurgery.com](http://mchughneurosurgery.com)

★ **NCMIC**  
Contact: 800-769-2000x3555  
[ncmic.com](http://ncmic.com)

★ **Northeast College of Health Sciences**  
Contact: 800-234-6922  
[northeastcollege.edu](http://northeastcollege.edu)

★ **NutriWest NY**  
Contact: 888-227-5469  
[nutri-westny.com](http://nutri-westny.com)

★ **Saatva**  
Contact: 929.720.2842  
[saatvamattress.com](http://saatvamattress.com)

★ **Student Loan Tutor**  
Contact: 385-444-2115  
[studentloantutor.com](http://studentloantutor.com)

## EARN FREE MEMBERSHIP

### ... each time you refer a new member to the NYSCA!

Current NYSCA members who recruit a new regular member (not student, affiliate, associate, or retired/disabled) to join the NYSCA for a full year will in turn receive a 'thank you' from the NYSCA in the form of **two additional months** added to the end of their current membership term. Or, if the new member signs up for just a half year, the recruiting doctor receives one additional month of NYSCA membership. We have even sweetened the pot: there are **no limits** to how many times you can benefit from this incentive.

To receive your referral month(s), the new member must make a semi-annual or annual payment and list you on their application form as their referring NYSCA member. (You may want to give a partially filled out application form to colleagues you are recruiting.)

If you are interested in promoting this offer to your friends and colleagues who may have been con-

sidering joining NYSCA and are just waiting for someone to encourage them, and would like a list of non-members in your district, please contact your local district president or [liz@nysca.com](mailto:liz@nysca.com).

### Membership Has Privileges

...and one of them is the self-respect a doctor feels, knowing that they are a part of something bigger than themselves, supporting their livelihood with collective energy and pooled resources.

### What is the NYSCA?

The New York State Chiropractic Association is your statewide professional Chiropractic Association, comprised entirely of your peers and colleagues. We have joined together in the promotion, advancement, and defense of Chiropractic. In conjunction with our full time lobbyist, the NYSCA monitors all legislation that affects our profession while working to protect and expand practice rights.

For questions regarding this program, please call the NYSCA at (518) 785-6346.

## TAKE FULL ADVANTAGE OF YOUR NYSCA MEMBER BENEFITS

Membership with the NYSCA makes you a part of the largest community of practicing Doctors of Chiropractic in New York State. This affords you an unparalleled opportunity for camaraderie with colleagues in your local area, to share with them in the trials and triumphs of day to day practice.

There are many ways for you to increase your benefit of being a NYSCA member:

- ☑ Benefit from the [Member Privileges Program](#), including group membership with [F4CP](#)
- ☑ Join your local NYSCA [Facebook Group](#)
- ☑ Attend local NYSCA [events](#)
- ☑ Attend semi-annual NYSCA [continuing education events](#)
- ☑ Enroll in Monthly CE [Webinars](#)
- ☑ Access [members-only content](#) online
- ☑ Participate in the [members-only forums](#)
- ☑ Update your [listing](#) in our website's find-a-chiropractor search
- ☑ Apply to be paired with or to become a [practice mentor](#)
- ☑ Submit complementary (FREE) [classified ads](#) (resource for career opportunities!)
- ☑ Participate in the annual NYSCA [elections](#)
- ☑ Receive [assistance](#) from the NYSCA's full-time administrative staff with routine questions - or for more detailed assistance, contact NYSCA committee chairpersons, who are practicing doctors of chiropractic with expertise in the area of their committee

## LEARN MORE

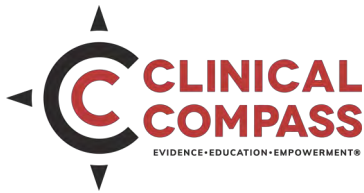
If you are not yet a member, **join today** and start taking advantage of these special programs!

## JOIN TODAY!

\* New members are defined as DCs who have not been NYSCA members within the preceding 12 month period. The recruiting member's information must be included on the new member application. Only one member can receive the credit for recruiting a new member. Recruiting incentive is not valid for students, retired/disabled, affiliate, part time, or associate applications. Eligibility subject to verification; Subsequent year's dues payable at usual rate. New member discount offer is not valid for retired/disabled, affiliate, or associate members and may not be combined with other membership discounts.

# NYSCA MEMBER PRIVILEGES

Membership with the NYSCA makes you eligible for members-only savings from a variety of businesses through the NYSCA Member Privileges Program. Have you taken advantage of the privileges NYSCA membership offers? Here are some of the opportunities open to you:



Complimentary access to the Evidence Center

**GET YOUR CODE**



NYSCA members, their employees and immediate family members are eligible for membership

**JOIN TODAY**



Complimentary consultation with a respected legal firm regarding NF, WC, and Commercial Collections, and general law and general contract questions.

**LEARN MORE**



Complimentary group membership

**JOIN NOW**



Save 20% in Our New Merch Store using an exclusive coupon code

**GET YOUR CODE**



Significant savings in time and money with premier suppliers.

**SAVE TODAY**



Complimentary evaluation of your loan repayment strategy

**SCHEDULE TODAY**



Complimentary audit of your business's online presence

**SCHEDULE TODAY**



1-month grace period on your new account

**GET YOUR CODE**



Join Saatva's Chiropractic Partner Program to get discounts for your patients, 10% back on every referral, AND exclusive savings just for you!

**LEARN MORE**



**DID YOU KNOW YOU'RE A MEMBER OF F4CP?**



[www.f4cp.com](http://www.f4cp.com)

As a member of your State Association, you're part of the Foundation for Chiropractic Progress! (F4CP)

**FREE ACCESS TO NUMEROUS F4CP GROUP MEMBERSHIP BENEFITS SUCH AS...**



**Learn more and start using your Group Membership with F4CP**

If you need assistance setting up your account or utilizing the marketing materials, please contact Membership Director Marta Cerdan, [marta@f4cp.com](mailto:marta@f4cp.com)



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**HP INK & TONER - SAVE UP TO 40% EVERY DAY!**

With NYSCA, you have access to exclusive everyday low pricing on HP ink and toner with discounts up to 40% off at Office Depot. Hundreds of items to choose from, with unbeatable quality and pricing. Count on HP to deliver peak performance.

**Have you registered for Office Depot discounts yet?**

NYSCA members have access to exclusive savings on office essentials, cleaning/breakroom products, copy & print services, technology items, and more!

**Not signed up yet? It's easy: [Click Here](#)**





# New York State Chiropractic Association

PO Box 557, Chester NY 10918 | 518-785-6346 | 518-785-6352 FAX

info@nysca.com | www.nysca.com



## APPLICATION FOR MEMBERSHIP

### Contact Information

Last Name:	First Name:	MI:	<input type="checkbox"/> M <input type="checkbox"/> F <input type="checkbox"/> NB
Business Address:		County:	
City:	State:	Zip:	
Office Phone:	Office Fax:	Email:	
Referred to NYSCA by:		All fields required unless otherwise specified.	

### License Information

NY Chiropractic License Number:	Date of Issuance: (MM/DD/YYYY):
Other State Chiropractic License(s):	

### Education Information

Chiropractic College:	Degree(s):
-----------------------	------------

### Personal Information

Date of Birth:	Home Phone (opt):	Mobile Phone (opt):
Home Address:		County:
City:	State:	Zip:

### Membership Categories

### Dues

Regular Membership	Annual / Monthly*
<input type="checkbox"/> 1 <sup>st</sup> Year Licentiate – up to 2 years from date of NY licensure	\$120 or \$10/month
<input type="checkbox"/> 2 <sup>nd</sup> Year Licentiate – up to 3 years from date of NY licensure	\$240 or \$20/month
<input type="checkbox"/> 3 <sup>rd</sup> Year Licentiate – up to 4 years from date of NY licensure	\$360 or \$30/month
<input type="checkbox"/> 4 <sup>th</sup> Year Licentiate – up to 5 years from date of NY licensure	\$480 or \$40/month
<input type="checkbox"/> 5 <sup>th</sup> Year Licentiate – Greater than 5 years from date of NY licensure	\$600 or \$50/month

### ★ New Members ★

- ☐ One-time offer applicable to Regular Membership only when year is PAID IN FULL. Eligibility subject to verification. Subsequent year's dues payable at regular rate. Cannot be combined with other discounts. **25% off**

### Part-time, practicing 20 hours or fewer per week

- ☐ Discount applicable to Regular Membership only. Malpractice declarations page indicating part-time practice status must be included with membership application; Cannot be combined with other discounts. **50% off**

### Associate Membership – Name of sponsoring NYSCA Member:

- ☐ Discount applicable to Regular Membership only. Sponsoring employer or spouse must be a full-time active, regular member of the NYSCA; Cannot be combined with other discounts. **50% off**

### Affiliate Membership<sup>†</sup> – must be licensed to practice chiropractic in New York

- |   |             |
|---|-------------|
| <input type="checkbox"/> a full-time staff member in residence at a chiropractic or other accredited university, college, school, or institution; or<br><input type="checkbox"/> a full-time employee of any recognized governmental agency; or<br><input type="checkbox"/> a member of the Armed Forces of the United States on active duty; or<br><input type="checkbox"/> is not in active chiropractic practice AND is employed full-time as supplier/vendor of chiropractic products and services, or other practice equipment, in service to members of the chiropractic professional field; or<br><input type="checkbox"/> practicing exclusively in a state or jurisdiction other than New York State | <b>\$60</b> |
|---|-------------|

<sup>†</sup>out-of-state affiliate members may neither vote in NYSCA elections nor hold office

### \* Auto-Renewal (Monthly debit from credit card)

Cardholder understands and agrees that by opting into automatic billing his/her card will be charged on a monthly basis and will automatically renew on membership anniversary date. Renewal will be at current membership type associated with account. Monthly membership is not eligible for cancellation for the first 12 months of membership.

### Payment Information

Select One: ☐ Annual ☐ Monthly\*

### Payment Method

<input type="checkbox"/> VISA	<input type="checkbox"/> MasterCard	<input type="checkbox"/> DISCOVER	<input type="checkbox"/> AMERICAN EXPRESS
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Card Holder:

Card #:

Expiration Date:

Security Code:

Billing Address:

- ☐ Check Enclosed; Please make checks payable to: New York State Chiropractic Association  
PO Box 557, Chester NY 10918

- ☐ Check here if you do **NOT** want 7% of your dues monies earmarked for NYCPAC. Refusal to contribute will not affect your membership rights.

I fully understand and agree that upon acceptance of my application, I shall abide by the certificate of incorporation of the NYSCA, its Bylaws, Canon of Ethics, all rules and regulations adopted by the Board of Directors and House of Delegates, and the laws of the State of New York, the Board of Regents, and the State Education Department. I further understand that the NYSCA regularly communicates with its members by electronic means and therefore permit NYSCA to send me communications and advertisements (regarding upcoming events, etc.) via fax/email.

Signature:

For Office Use Only      Date Received:

District Assigned: