

New York State Chiropractic Association



PRESIDENT'S REPORT

Anthony Palumbo, D.C.

Page Six: Member Highlight

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2021 - 2022

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WELCOME NEW MEMBERS

The NYSCA would like to welcome new and returning members! Your participation in professional organizations is essential to the advancement of our work for our members and our patients. Thank you!

NEW MEMBERS

Edward Covelli D9 Jonathan Eisen D2 Jennifer Gilmore D17 Steven Goldstein D5 Alejandro Hernandez -Affiliate Out of State Chase Izyk D12 Philip Jones D17 Jaclyn Maher D16 Larissa Martin D15 Laurie Mullen D1 Barrett Parker D12 Cirino Sesto D7 Ayaz Shah D3 Tyler Van Steenbergen D9

RETURNING MEMBERS

Richard Bove D5 Kathleen Brandt D9 Neil Hedin D17 Kathleen Henneberger D17 Martin Lupowitz D9 Doug Monteleone D17 Jamie Noeth D9 Hamad Radpasand D2 Karen Santini D15 David Simpson D1 Stephen Tartaglia D7

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STUDENT MEMBERS

University of Bridgeport Christopher Flynn

Northeast College of Health Sciences

Netanya Amalsad Joseph Amaral Hannah Anderson Lindsay Arnold Kate Auger Kaylyn Baillargeon Steven Barsky Cassidy Barton Sarah Beker Noah Bentivegna Samantha Blackley Laura Booths Patrick Bower Joscyline Cadwell **Emily Caramore** Cassie Cavell Lyndsey Cholak Matthew Ciarrocca Jackson Cleave Sydney Coval

Gabriela Concepcion Corcino

Derek Demmans Raipreet Dhanoa Marvin Diaz

Ramy Elkholy Antonous Fakhori

Dalia Fiorda Steven Floros Braydon Gibson

Meaghan Gick

Mary Alice Greener **Hunter Gross**

> Sandra Hanna Neil Harrison

Evan Hoherchak Jack Howard

Nicholas lannuzzi

Parker Jacques Kimpreet Jassal Megan Jefferey

Charles Jia

Michael Jia Irteza Junaid Sean Kallan Tyler Keller Evan Kentish-Stack

Rija Khan Ian Krause Alek Krokos

Franciesca La Fleche **Emily Laughlin** Christopher Lee

Yashvi Limbasiya Callum Mackinnon

Elise McAllister Jacob Mikoliczyk Seifeldeen Mira

Tyler Nancekivell Christian Napolitano

Brandon Nevill Brooke Pieters Ashley Pigg

Brian Pinelo Sanpedro Breanna Ransom

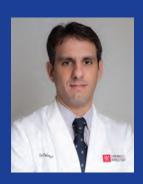
Sarah Raynsford Connor Reed Joshua Santosh William Sayre Jack Schrock

Allison Smith **Gregory Smith** Jacob Snyder

Jun Sohn **Daniel Torres Dylan Trepanier** Emma Watts

Spencer Weyand Jennifer Williams Kaleb Witham

Abigail Yip Yoquinto Lester Zavala



PRESIDENT'S REPORT Anthony Palumbo, D.C.

I hope this message finds all of you well. Halloween and Thanks-giving are in our rear-view mirrors and the holiday season is fast approaching.

This time of year, my thoughts turn gratefully to our members, elected officers, staff, and sponsors who make our accomplishments possible. I want to begin by thanking you for all that you do and wish you all the best this holiday season and beyond.

My family celebrates Christmas and to us it is a time to believe in something greater than yourself—even for just one night.

I share this thought with you because I believe that this sentiment carries over to being a part of any group or affiliation. The NYSCA functions for the greater good of the profession.

Sometimes it is difficult to see this because our lives move so fast and not all that is being done is seen as we rapidly travel through our lives. This year certainly moved fast and as we approach 2023, I can assure you that we are moving in the right direction.

As a reminder, this past year a bill that we helped draft passed the legislature. This bill requires that chiropractic be considered as one of the first choices for the treatment of back pain before the prescription of opioid medications.

Even without this bill I can tell you from personal experience that, due to the ongoing education our association provides to state officials and other health care groups, chiropractic has become a top choice for healthcare professionals and patients to manage spinal pain and related spinal symptoms.

As an example, several emergency departments in my area include in their discharge papers a recommendation to follow up with a chiropractor for patients who are evaluated for spinal pain. Our education of the health care community and patients will continue.

We will also continue to strongly push our legislative agenda, including the scope modernization and Title VIII partnership bills. There is a constant state of vigilance in "monitoring" chiropractic in this state and on the national level. Our lobbyist continues to do a great job of presenting to us opportunities and pointing out obstacles to our growth.

Our committees continue to do a fantastic job of investigating issues brought to them and helping to resolve these issues in most cases. Great sacrifice of time and personal resources goes into working on these committees so please thank your committee members whenever you get a chance.

The renewed enthusiasm in our student base at Northeast College of Health Sciences and D'Youville University is inspiring. I am very proud of these emerging Doctors of Chiropractic. They are now functioning as a self-driven group exhibiting genuine desire to positively affect our profession and fostering leadership in their peers and underclassman to maintain a steady conduit of young, involved chiropractors. They will be a great asset to healthcare in the future.

With these young minds adding to our collective intellect, the NYSCA is currently in the process of rebranding itself through a better coordinated and refreshed social media campaign.

The Unity process has made significant gains over the past year. I'm excited to report that the Unity Committee has completed the review of the consolidation agreement and the by-laws for the proposed new organization, the Chiropractic Society of the State of New York (CSSNY). These documents are the keystone to Unity in our state.

The Unity Committee met and even exceeded its objective of having these documents completed by the end of the year (they finished one month early!)

Unifying the profession in New York State is not about defeating anyone or anyone's belief system. Rather, it is about exposing flaws and redundances that waste resources, finding common areas of interest, and quite frankly, identifying better ways to do things.

What is the internal logic that prevents us from finally completing the process? Is it fear, pride, rivalry?

Aristotle said, "Educating the mind without educating the heart is no education at all".

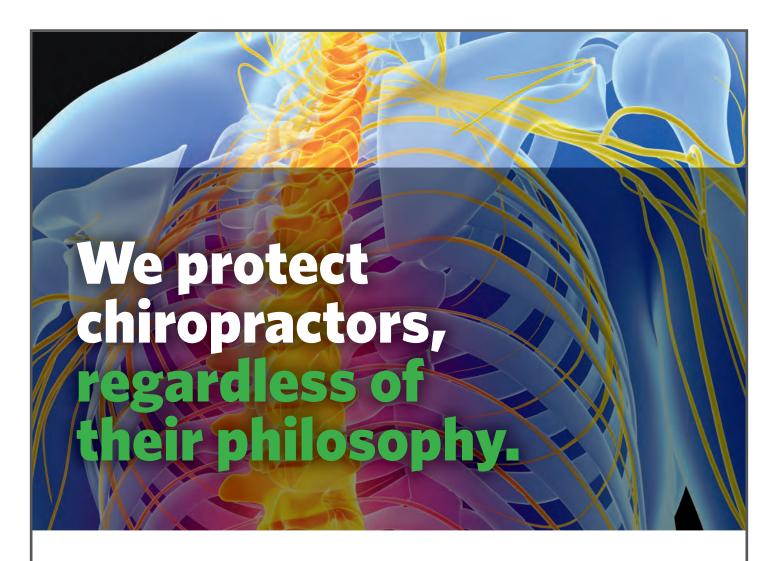
We have the knowledge, but do we lack the clarity to use what we have for the good of the profession and the good of the patients we serve?

To come together as a unified profession, we must accept certain truths. One truth is that the philosophy, science, and art of Chiropractic are the three core principles in the practice of Chiropractic.

We need to remember that our philosophy is what separates us from the other healthcare professions, and it is what earned us our recognition as a profession during the 1917 flu pandemic. We must also recognize science and art are just as important in making us great doctors.

Continued on page 20





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We are proud to be a Premier Sponsor of the New York State Chiropractic Association.

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NYSCA 11160



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Labcorp is the laboratory of choice for New York State chiropractors, and now Labcorp has partnered with NYSCA to simplify access to world-class diagnostic testing. With nearly 150 convenient patient service center locations and in-network status with all major insurance plans, our team of scientists, sales consultants, IT experts, and logistics professionals are poised to bring value to your practice every day. Whether it's scheduling a specimen pickup, integrating with your EMR, or speaking with one of our scientists, our team is proud to be your trusted partner.





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Page Six: Member Highlight



Several students attended the NYSCA Fall Convention at the Kartrite in Monticello, NY on September 30 - October 2. They brought youthful energy and brought back to school with them insights about what the Association can bring to their education and the future in our profession.

District 17 sponsored rooms for attendance and District 15, District 7, District 9 and one other district donated \$250 each to the student NYSCA. Investing in our profession's future leaders:)

Included in the above photo:

Josh Button - 7th tri, Cal Forster - 7th tri, Abby Riutta - 3rd tri, Jason Kwon - 2nd tri, Arashdeep Saini - 2nd tri, Meredith Bemus - 3rd tri, Emily Wilms - 6th tri, Jon Tucker - 6th tri and Kaleena Veit - 9th tri



NYSCA Board and Northeast student members supporting Brian Higgins at Chef's Italian Restaurant, Buffalo NY Friday 10/28/22. Brian is a cosponsor of ACA's Medicare Modernization Bill. Thanks for his support.



D13

Dr. Douglas Taber was presented with a NYS Proclamation for October as Chiropractic Health month by Senator Fred Akshar.



D15

Dr. Bethany Buryta's NYSCA involvement began in 2017, about 2 years before she even began practicing in the great state of New York.

Having been licensed in 3 states, Dr. Buryta knew the importance of verifying laws, insurance policies and scope of practice prior to applying for licensure because those policies change from state to state. NYSCA provides this information and more to its members, so it was a no brainer at the time to join.

Dr. Bethany participated as a NYSCA member for several years before being elected as Vice President for NYSCA District 15 in 2020. Over

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New York Chiropractic Political Action Committee

Co-Chairs: Dr. Joseph Campisi and Dr. Christopher W. Piering

The New York Chiropractic Political Action Committee (NYCPAC) is the political action committee of the New York State Chiropractic Association (NYSCA) and is intended to help support candidates who are pro-chiropractic.

Organized medicine, managed care organizations and other anti-chiropractic forces continue to spend hundreds of thousands of dollars each year to elect candidates that do not value the chiropractic profession, which is why NYSCA formed NYCPAC to support pro-chiropractic candidates.

There are always legislative issues confronting the profession whether it be passing scope modernization or recognizing conservative care providers as an alternative to an opioid prescription or an issue with Workers' Compensation. NYCPAC helps us to support legislators that are supportive of the chiropractic profession in New York.

Many ask about the importance of NYCPAC and why they should participate. As cochairs of NYCPAC, we wanted to share our background and motivations as to Why we volunteer, contribute to NYCPAC and agreed to serve as NYCPAC co-chairs.

Dr. Joseph Campisi, D-3



There are things in life that I'm sure we all appreciate; our children, our family, our friendships, and I hope we all cherish every moment that we spend with those most important

in our lives. Among the many things that I am grateful for is to have chosen the RIGHT profession. Sometimes when your neck deep in battle with insurance companies we can sometimes forget how wonderful and amazing it is to do what we do.

When I look back at my life's work and remember the suffering eased and the lives

touched, I am proud of the contributions that I have made to this great profession. Let me ask you this; what would the world look like without chiropractic? Where would your patients be now without you? On medication? In surgery? In pain? The world is better because of what we do and the advice that we give. We improve the world every day. What could be better than that? For this, I am eternally grateful.

Over recent years, I have had the opportunity to give back to the profession that I love and get involved with the leadership of the NYSCA. I was in practice for decades before I started getting involved, and over all that time, I never really understood the dedication and hard work that the leaders in our profession put into it. They are truly an amazing group of people. Before I was involved, the most common conversation that I had when I was with a colleague was the grumblings about the battles that we face every day. Low reimbursements, insurance company battles, and limitations to practice. That conversation usually ended with something like "someone should really do something about that" and that's usually where it ended. The thing is how can the NYSCA help without strong membership? How can we get legislative victories without supporting friendly politicians?

I can tell you that after becoming involved I have learned that the bottom line is, your profession needs you. It needs you more than you may realize. We need you to help us, so we can help you. How can you help your profession? Kick it up a notch!

Whatever your activity level is now step it up and take some action to support your profession. Become more active, attend meetings, support our sponsors, and please support the NYCPAC. We cannot be politically relevant without a strong PAC

We are family with a common cause. Support our chiropractic family the best that you can in whatever way you can and kick it up a notch!

Dr. Christopher W. Piering, D-12



Growing up I was lucky! I was able to witness some of the unspeakable beauty in New York state, from riding my bike in the hills outside of Syracuse, to visiting family in Manhat-

tan or on the south shore of Long Island, to camping in the Adirondacks, the Catskills or the 1000 Islands and fishing in the Finger Lakes. I knew only one thing, I never wanted to live anyplace else.

In the months leading up to my enrollment at New York Chiropractic College (now Northeast College of Health Science), I repeatedly heard how bad New York was for practicing chiropractors and how I should consider making another more friendly state my home.

I knew this was never an option I could entertain. As I was gearing up to start my first trimester at NYCC, I witnessed the work my father, and the other NYSCA officers, were doing to improve Chiropractic for all doctors practicing in the state. Through lobbying and legislative means, these doctors worked long hours, in lunch time and latenight meetings, in order to secure the future of our profession for us and, most importantly, our patients.

It was in my 1st Trimester that I heard the good news that the Scope Modernization Bill had progressed to the Higher Education Committee in the New York State Assembly but that news was tempered with "it will be a long battle to get this passed." I remember hearing the term "baby bill" and how we should expect 5+ years of work before it will even begin to mature and how we need the profession to unite to get this done.

Early in my 2nd Trimester, I went for a hike to disconnect and unwind. Waking up alone

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NEW YORK CHIROPRACTIC POLITICAL ACTION COMMITTEE

The New York Chiropractic Political Action Committee (NYCPAC) is designed to help elect state legislators who are supportive of Chiropractic issues and positions. Please take a minute to get involved and see what the NYCPAC is focused on accomplishing--Visit NYCPAC.net.

Organized medicine, managed care organizations, and other anti-Chiropractic forces continue to spend hundreds of thousands of dollars each year to elect candidates that do not understand or value the Chiropractic Profession and the research and truths about the efficacy of Chiropractic care.

In order to help fight and educate these outside forces, we need you to please become part of our grassroots advocacy team. All New York Chiropractors, united together, CAN position our Profession to continue to be a viable livelihood and promote the wellbeing of our patients. Please, become part of the solution! We have designed a process to make it easy to donate to the NYCPAC. Don't overlook ANY contribution to the PAC, but please support at the highest level you can. NYCPAC can accept "one time" donations from you or can conveniently set up an *automatic monthly contribution* from your credit or debit card.

We need your support to ensure that we can truly be effective. Stand behind your Profession and CONTRIBUTE TODAY!

□ Enclosed is my donation for* (check one) □ \$100 □ \$250 □ \$500 □ \$1000 □ \$5000 □ oth	er \$	Please send your personal check payable to: NYCPAC
My contribution is from a/an: □ Individual/Sole Proprietorship □ Partnership □ PC/Co	rp □ PAC/Labor Union □ LLC	PO Box 440, Chester NY 10918 NYCPAC.info@gmail.com
Please check each line to affirm that each of the follow ☐ I am a United States Citizen or permanent resident ali ☐ I am at least 18 years of age. ☐ I have not been and will not be reimbursed for making	en (green card holder).	son or entity.
Please complete the following information:	Preferred Mailing Address:	□ Home □ Work
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Daytime Phone	Evening Phone	
Email Address		
Signature		
Scan the QR Code below to make a one		ntribution, or
visit NYCPAC.net and click "Make a Co	ntribution"	同学经同
<u>Please note</u> : Voluntary contributions by individuals are subject to a contribution line sources and \$84,400 to a political action committee. The annual donation limit for to all sources. Each affiliated or subsidiary corporation, if a separate legal entity, hinformation on contribution limits in New York, please visit the New York State Boowww.elections.ny.gov.	r a corporation is \$5,000 in a calendar year nas its own contribution limit. For more	
Contributions to the NYCPAC are not tax deductible for state or federal tax purpos prohibits contributions from individuals who are not citizens or permanent resident the name of another person are prohibited. PAC contributions are also not reimbur	s of the US. Contributions by one person in	



2023 Spring Convention

April 14-16, 2023 at Mohegan Sun Casino & Resort

Sky Convention Center | 1 Mohegan Sun Blvd, Uncasville, CT

It is our pleasure to announce and formally invite you to participate in the NYSCA 2023 Spring Convention! We look forward to seeing you in person at our next live event to be held in the Sky Convention Center at Mohegan Sun!

Earn up to 16 CE Credits over 3 days and across 2 tracks!

We encourage you to arrive early for the Friday session to check in and visit with our event exhibitors. Classes on Friday will be from 2pm-6pm and will offer up to 4CE, followed by our Welcome Reception. The Saturday session will be from 8am-6pm and will offer up to 8 credits, along with a banquet luncheon and dessert reception with sponsors and exhibitors. The Sunday portion will be from 8am-12pm and will offer up to 4 credits.

Make Hotel Reservations

Learn More & Register Online

Visit the Virtual Expo

Up to 12 Category 1 credits; Up to 16 out of state credits. Registration MUST be received by 5pm on Friday, 04/07/2023.

Speaker Lineup

























Scheduled speakers include: Sherry McAllister DC (F4CP); Kelley Humphries DC (NCMIC[†]); Lori Holt RN-BC (NCMIC[†]); Jennifer Illes DC (Foot Levelers); Anish Bajaj DC (Foot Levelers); Lewin DC (Eclipse EHR Solutions); Daniel Birk MD (NSPC Brain & Spine Surgery); Amit Sharma MD (NSPC Brain & Spine Surgery); Jeff Lev Lewin Esq (Lewin & Baglio LLP); Jack Beige DC Esq (The Law Firm of Jack Stuart Beige); Corey Marone DC (LabCorp); Bethany Buryta DC (NYSCA); Mitch Green DC (NYSCA); David Kartzman DC (NYSCA); Karl Kranz DC Esq (NYSCA)

Event Schedule Overview

Friday, April 14, 2023

1:15pm-2:00pm Registration

2:00pm-6:00pm Classes (4 CE)

6:00pm-7:00pm Welcome Reception

Saturday, April 15, 2023

7:15am-8:00am Registration

8:00am-12:00pm Classes (4 CE)

12:00pm-1:30pm Banquet Luncheon

1:30pm-2:00pm Exhibitor Reception

2:00pm-6:00pm Classes (4 CE)

Sunday, April 16, 2023

7:15am-8:00am Registration

8:00am-12:00pm Classes (4 CE)

Save \$100 when you register by 01/20/23. Special pricing for Association Members

Association Member Early Registration is \$269

Non-member early registration is \$369. Standard registration applies as of 01/20/23

‡ Attend NCMIC's seminar for a total of 8 hours on Saturday to receive a discount for 3 years on the renewal of your NCMIC malpractice insurance premium. 5% discount for full-time DCs; 2.5% discount for part-time DCs premium.

Policy Statement: The NYSCA makes every attempt to offer programs as publicized. We nevertheless reserve the right to alter and/or adjust program details, including but not limited to dates, locations, times, instructors, and presentation sources and sequences. Please visit the NYSCA event webpage to review our Registration and Cancellation policies, along with accommodations details.

License Renewal: Continuing education credit (CE) is provided by Northeast College of Health Sciences. Pending for NY, PA, NC, FL. Pre-Approved: CO, CT, DE, DC, ID, IL, IN, IA, MA, MD, MS, MT, NE, ND, NH, NJ (DC only), OH, OR, RI, SC, UT, VT, VA, WA, WY, Puerto Rico, Canadian Provinces (except AB)

This seminar is valid for CE credits in "pre-approved" states, so long as it falls within the scope of practice as outlined by the corresponding state board. It remains attendees' responsibility to contact the state board(s) from which they seek continuing education credits for purposes of ensuring said board(s) approves both the delivery method and content as they relate to this event. Neither a speaker's or exhibitor's presence at said event, nor product mention or display, shall in any way constitute Northeast College endorsement. Northeast College's role is strictly limited to processing, submitting, and archiving program documents on behalf of course sponsors.





Pricing

To qualify for member pricing, your membership with the NYSCA, New York Chiropractic Council, or American Chiropractic Association must be active and current. Association membership subject to verification. Contact our administrative office for more details.

Registration Deadline

Early registrations must be received with payment by 01/20/23.

Standard registrations must be received with payment by 03/31/23.

At-the-door pricing (add \$50) will apply for registrations completed after 03/31/23.

Faxed registrations are NOT accepted.

Questions?

Please contact the event coordinator: Elizabeth Kantrowitz 518-312-4236 controller@nysca.com

Upcoming Events

Additional CE events may be coming up at the district level. Please contact the individual districts for more information.

Learn More www.NYSCA.com

The New York State Chiropractic Association

2023 Spring Convention

Please register online with a credit card at www.NYSCA.com

OR mail this registration form with check payable to: NYSCA, PO Box 557, Chester NY 10918

Convention Registration

☐ 50+ yrs. in practice NYSCA member

☐ DC student or full-time college faculty

□NYSCA Member □Council Member □ACA M	lember □Oth	ner State Ass	oc. Member	Unaffiliated
Doctor Name				
NY Lic#	_Other State	e	_#	
Mailing Address				
City/State/Zip				
Phone	_Fax			
Email				
Registration Category		Early		At The Door
□ Non-Affiliated DC		by 01/20/23 \$369	\$419	after 04/01/23 \$469
□ NYSCA/Council/ACA Member		\$269	\$319	\$369
☐ 1st or 2nd Year Licentiate Member		\$109	\$159	\$209
□ CA attending with registered DC - Indicate #		\$99	\$139	\$179

(student/faculty registration does NOT include CE or lunch; meal tickets must be ordered separately)

\$0

\$0

\$0

\$0

\$0

Saturday Luncheon	1 lunch is included in registration unless otherwise noted
□ Chicken □ Salmon □ Veg	Other: □ GF □ DF □ Kosher
□ Not attending luncheon	
□ Additional luncheon tickets	# @\$45.00 each \$
□ Children under 10 (Chicken Nuggets)	# @\$25.00 each \$
	Total: \$

Registrations may be submitted online or by postal mail. Faxed registrations are NOT accepted.

Cancellation Policy: Cancellation and refund requests must be made in writing and sent to controller@nysca.com. Refunds will be issued in the manner in which payment was received and will be subject to a 15% processing fee if received more than one week prior to the scheduled event. All postage fees are non-refundable. Cancellations within one week of the event may be subject to additional administrative fees. Please review our Convention Policy Statement for details.

Invalid credit cards are subject to a \$10.00 fee and returned checks are subject to a \$20.00 fee.



First-Ever "ChiroThon"

Attracts Worldwide Audience of More Than 85,000 Viewers

SAN JOSE, Calif. – Sept. 20, 2022 – The Foundation for Chiropractic Progress (F4CP) has announced the results of its first-ever "ChiroThon," a four-day telethon that successfully attracted a worldwide audience of more than 85,000 viewers participating through various streaming platforms including Facebook Live, YouTube and F4CP. org. The event attracted 50 new members and, in three days, raised more than \$175,000 for chiropractic care awareness and outreach, with donations coming from consumers and doctors alike. Hundreds of patients made donations and said it was because they "love their chiropractor." Also, for the first-time, the three major chiropractic publishers came together to stream the event, along with a dozen organizations in the profession, to reach all audiences with the chiropractic message.

"We are overwhelmed with the generosity and support we received from the global audience who joined us for this inaugural event of inspiration, education and fun dedicated to chiropractic care, natural health and wellness," said Sherry McAllister, DC, president of F4CP. "We are also immensely grateful to our guest speakers who shared their time, insight and talents to make this a truly meaningful and memorable experience."

Stellar Guest Line Up Entertains and Inspires

The setting for ChiroThon was the Florida Chiropractic Association's The National, one of the largest events for the chiropractic profession, which ran August 25 through 28 in Orlando, Florida. Dr. McAllister and co-host Fab Mancini, DC, President Emeritus of Parker University, kicked off the event with Mark Victor Hansen, co-author of the best-selling Chicken Soup for the Soul book series. Hansen enlightened viewers with his experience of how chiropractic care positively impacted him and millions of others worldwide.

Following Hansen was multi-talented comedian, Marvin Lee, who shared hilarious thoughts and observations about healthcare, including chiropractic, in a light, engaging way.

The first night of ChiroThon also featured a moving and memorable presentation by Ret. Staff Sergeant Shilo Harris, a U.S. Army Veteran Continued on page 22





Women Chiropractors Host Successful Event on Long Island

Women Chiropractors, a not-for-profit organization serving female DCs, held an empowering event in Levittown, NY on October 29, called WDC Connects NY.

This event offered women chiropractors a day full of learning, empowerment and connection. Speakers included Dr. Brandie Keates, who presented What Your Patients Don't Expect When They're Expecting, Dr. Sandy Andersson, Reducing Stress, Creating Success, Dr. Esther Geshwinder, Nutrition for Modern Times and Dr. Michelle Turk, How Can You Say It So They Hear It? There was a roundtable discussion focused on practice joy and success and time for attendees to connect with and learn from each other. Participants left filled with lots of learning and warm connections with colleagues.

The event was sponsored by NBCE and Standard Process.

CLICK HERE FOR MORE INFO

Resources for New Practitioners

Congratulations!
You've received your license to practice chiropractic!

What are you going to do next?

Visit the New Practitioners page on the NYSCA website



Website

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Unity without the need for uniformity.

Professional Identity Statement

Doctors of Chiropractic are essential health care providers who assist the body's natural ability to heal. They are experts in evaluating, diagnosing, and managing many neurologic, muscular, skeletal, and other conditions. Chiropractors provide safe and effective care, focused on improving function and optimizing quality of life. Chiropractors are trusted members of health care teams that work with patients to achieve their goals, through every stage of life.

Download the New Chiropractic Future Strategic Plan Mobile App!

IOS | Google Play | Amazon

ChiroTech Consortium

The workgroup is building a relationship with the data department at Oklahoma State University, and they are exploring the opportunity to work with interns to build databases to house all information collected.

Read More

Public Facing Communications

The Public Facing Communications Workgroup received their first bid from one of the marketing firms to move forward with specific aspects of the plan.

Better Access to Chiropractic PAC

A Request for Qualifications to hire a political consultant was discussed and approved during the Leadership meeting. Information will be sent to workgroup members to push out since the scope is specific.

Read More

Research

The Research Agenda Prioritization Survey is currently live - please continue to share this with others! The workgroup is also developing an approval process for the research translation articles drafted by contracted science writers.

Read More

Governmental Affairs

The Government Affairs Dashboard development is in process and the workgroup is creating a survey to gather input from chiropractic state associations about their needs in this area. Propulsion Labs has been contracted to create the dashboard.

Read More

Intra-Profession Communications

The Intra-Profession Communications Workgroup is focusing on implementing a process to manage, oversee, and propagate Strategic Plan Communication efforts.

Leadership

The Leadership Committee's EOS Training Day will be on November 8, 2022, in St. Louis. The Committee has been informed of preparation tools that will be utilized and expectations. On Saturday November 12, 2022 the Strategic Plan Forum will be held and workgroup chairs will be asked to provide a brief report of their workgroup's progress.



Congress of Chiropractic State Associations Members Elect 2022-2023 Board of Directors

Congratulations to the 2022-2023 ChiroCongress Board of Directors and Clinical Compass Representatives!

At the annual meeting, held on Saturday, November 12, 2022, at the Hilton St. Louis at the Ballpark in St. Louis, MO, members voted unanimously to elect and ratify the following candidates to serve as the 2022-2023 Board of Directors:

Dr. Thomas Wetzen (VA)
President

Dr. Brian Stenzler (FL)
First Vice President

Dr. Julie Bird (IL) Second Vice President

Dr. Rachel Wendt (KY) Secretary

Dr. Gerald Stevens (NY)
Treasurer

Tiffany Stevens (TN) Executive Director at Large

Dr. Thomas Augat (ME)
District 1 Director

Marc Abla, CAE (IL)
District 2 Director

Dr. Travis Oller (KS)
District 4 Director

Jeff Curwen, CAE (WA) District 5 Director The ChiroCongress Executive Committee will be led by Dr. Thomas Wetzen, President along with Dr. Brian Stenzler, Dr. Julie Bird, Dr. Rachel Wendt, Dr. Gerald Stevens, Tiffany Stevens, and Dr. Brenda Holland who will continue to serve as the Immediate Past President. We extend our deepest appreciation to Dr. Holland for her unwavering leadership through a tumultuous time and seeing us through to the other side!

During the District 2 and 4 meetings, Marc Abla was elected to serve another term as District 2 Director and Dr. Travis Oller was elected as the new District 4 Director. Dr. Thomas Augat and Jeff Curwen will continue their terms as District 1 and 5 Directors, respectively.

Tiffany Stevens was elected as Executive Director at Large which creates a vacancy in the District 3 Director position. The vacancy will be filled by Presidential appointment and ratification by the Board of Directors. Dr. Chad Carpenter stepped down from the 2022-23 District 4 election as he is pursuing an exciting new chapter in his life as a County Commissioner in Texas. We congratulate him on his success and thank him for his excellent service!

In addition to elections for the ChiroCongress Board, Dr. Dan Spencer was nominated and voted in by membership as an Honorary Member. He joins a prestigious list of ChiroCongress Presidents and other Honorary Members approved at past conventions. Congratulations Dr. Dan!

ChiroCongress District Representatives to the Clinical Compass Board of Directors were also elected during the District meetings. Congratulations to Dr. Christopher Dolecki (D2-MI) and Dr. Carson Muth (D4-ND) for their election to another term.

> Dr. Christopher Dolecki (MI) District 2 Clinical Compass Rep

> Dr. Carson Muth (ND)
> District 4 Clinical Compass Rep

Dr. R.J. Crawford stepped down as District 3 Representative to the Clinical Compass Board. He too is beginning a new chapter in his life as Mayor of his community. Congratulations to Dr. Crawford for the win and we extend much appreciation for his excellent service! Qualified candidates to fill the District 3 position will be sought and the position will be filled by Presidential Appointment and ratification by the ChiroCongress Board of Directors.

Dr. Nick Karapasas and Dr. Ron Wilcox continue to serve Districts 1 and 5 respectively as ChiroCongress Representatives to the Clinical Compass Board.

Please join us in congratulating everyone on their successes!



NYSCA Calendar of Events

Please visit www.NYSCA.com/meetings-events-calendar to view our full calendar. View individual events to download the iCal file to import into your personal calendar. Please note: district meeting dates, times, and locations are subject to change. Please check with your district president to confirm meeting schedules and locations.

Dec	'22		
Wed	12/7	All Day	Financial Wellness Check-up Day
Thurs	12/8	7pm	D15 Rochester Meeting
Tues	12/13	1:30pm	Financial Wellness Lunch & Learn
Tues	12/13	8pm	D3 Queens Meeting
Tues	12/13	8pm	D6 Nassau Meeting
Wed	12/14	7pm	D17 Buffalo Meeting
Wed	12/14	7:45pm	D2/5 Brooklyn/Staten Island Meeting
Thurs	12/15	7pm	Financial Wellness Webinar
Mon	12/16	7pm	D16 Southern Tier Meeting
Tues	12/20	7:30pm	D9 Hudson Valley Meeting
Wed	12/21	7pm	D12 Syracuse Meeting
Wed	12/21	8:30pm	D7 Suffolk Meeting

Jan	23		
Tues	1/10	8pm	D3 Queens Meeting
Tues	1/10	8pm	D6 Nassau Meeting
Wed	1/11	7pm	D17 Buffalo Meeting
Wed	1/11	7:45pm	D2/5 Brooklyn/Staten Island Meeting
Thurs	1/12	7pm	D15 Rochester Meeting
Tues	1/17	7:30pm	D9 Hudson Valley Meeting
Wed	1/18	1pm	NYSCA CE Webinar
Wed	1/18	7pm	D12 Syracuse Meeting
Wed	1/18	8:30pm	D7 Suffolk Meeting
Thurs	1/19	7pm	Financial Wellness Webinar
Tues	1/24	1:30pm	Financial Wellness Lunch & Learn
Mon	1/30	7pm	D16 Southern Tier Meeting

Feb	'23		
Wed	2/1	1pm	NYSCA CE Webinar
Wed	2/8	7pm	D17 Buffalo Meeting
Wed	2/8	7:45pm	D2/5 Brooklyn/Staten Island Meeting
Thurs	2/9	7pm	D15 Rochester Meeting
Tues	2/14	8pm	D3 Queens Meeting
Tues	2/14	8pm	D6 Nassau Meeting
Wed	2/15	7pm	D12 Syracuse Meeting
Wed	2/15	8:30pm	D7 Suffolk Meeting
Thurs	2/16	7pm	Financial Wellness Webinar
Tues	2/21	7:30pm	D9 Hudson Valley Meeting
Mon	2/27	7pm	D16 Southern Tier Meeting
Tues	2/28	1:30pm	Financial Wellness Lunch & Learn

Mar	23		
Wed	3/8	1pm	NYSCA CE Webinar
Wed	3/8	7pm	D17 Buffalo Meeting
Wed	3/8	7:45pm	D2/5 Brooklyn/Staten Island Meeting
Thurs	3/9	7pm	D15 Rochester Meeting
Tues	3/14	8pm	D3 Queens Meeting
Tues	3/14	8pm	D6 Nassau Meeting
Wed	3/15	7pm	D12 Syracuse Meeting
Wed	3/15	8:30pm	D7 Suffolk Meeting
Thurs	3/16	7pm	Financial Wellness Webinar
Tues	3/21	7:30pm	D9 Hudson Valley Meeting
Mon	3/27	7pm	D16 Southern Tier Meeting
Tues	3/28	1:30pm	Financial Wellness Lunch & Learn





Northeast College of Health Sciences Levis Levis

Northeast College of Health Sciences (formerly New York Chiropractic College)

ADJUSTING FOR THE FUTURE: NORTHEAST COLLEGE OPENS FAST LAB FEATURING LATEST TECHNOLOGIES



In Fall 2022, Northeast College of Health Science unveiled a new learning space featuring the latest innovation in chiropractic education. The Force Assessment Simulation Technology (FAST) Lab boasts the same ground-breaking technology that has been helping today's elite athletes improve and optimize their skills and performance.

Northeast's FAST Lab was officially introduced during a grand-opening ceremony on Oct. 13, 2022, where media, faculty, staff and students participated in demonstrations on how Force Sensing Table TechnologyTM (FSST) works and how it can help train expert chiropractic adjustors.

College President Dr. Michael Mestan said the revolutionary technology incorporated in the FAST Lab will complement Northeast's already-rich curriculum of lectures, clinical rotations and human cadaveric dissection labs to provide yet another tool in an education designed for student success.

The FAST Lab: How It Works

In the FAST Lab, Northeast's doctor of chiropractic students work with human analogue mannequins on treatment tables, both embedded with Force Sensing Table TechnologyTM that allows them to receive on-demand data regarding adjustment force, direction, amplitude and speed. This information guides the learning process as students develop the psychomotor skills to make accurate high-velocity, lowamplitude thrust adjustments.

The Lab also uses Dartfish technology, which

allows video data of each adjustment to be collected in real-time. FAST Lab mannequins and tables are equipped with sensors and cameras that capture each adjustor's motions, mapping out the biomechanics of the adjustor's body. This provides data about each student's position, stance and movement which, with faculty help, can be analyzed to optimize adjustment efficiency and effectiveness.

Northeast is Ever-better, Ever-forward

At Northeast, our Doctor of Chiropractic program has embraced an ever-better philosophy for 103 years and counting. Northeast's future doctors study hands-on for three-plus years to graduate as outstanding adjustors. Why is this important? The act of making an adjustment is, to the chiropractor, what the swing is to the pro golfer. Professionals are always looking for ways to improve and perfect their skills, and Northeast's FAST Lab provides yet another tool for chiropractic students to do just that. By measuring the force and speed of each adjustment and analyzing the adjustor's body movements, the new technology provides immediate and objective feedback during interactive learning - revolutionary in chiropractic education.



"The technology is a great tool for providing direct feedback," said Dr. Brett Carnevale, assistant professor in the Integrated Chiropractic Therapies Department at Northeast. "Professors can't feel what students are doing or feel

READ MORE

Northeast College Adds Anatomage, **New Virtual Technology to Learning Experience**

In addition to time-honored traditional tools such as two-dimensional anatomy atlases and human cadaveric dissection used to train future healthcare experts, Northeast College of Health Sciences also has now added the latest cutting-edge technology to its outstanding educational experience – the touchscreen Anatomage Table.

READ MORE

Northeast Board of Trustees Meets. **Names New Members**

The Northeast College of Health Sciences Board of Trustees convened on campus this Oct. 21-22 for its Fall meeting.

READ MORE

ACA Leaders Have Important Chiropractic Conversations on Northeast **College Campus**

The Northeast College of Health Sciences community welcomed the current and the former presidents of the American Chiropractic Association (ACA) to its Seneca Falls campus for two days of conversations about chiropractic and its future.

READ MORE

Northeast College Hosts Spring 2022 Ceremonies, Confers 74 Degrees

Northeast College of Health Sciences recently hosted its Spring 2022 ceremonies honoring students at various stages in their healthcare education. The Commitment to Excellence Pledge event, for first-trimester chiropractic students, was held on July 20; Transitions Ceremony, for seventh-trimester chiropractic students, on July 28; and the Commencement Ceremony honoring new doctors of chiropractic and M.S. earners, on July 31.

READ MORE



REMINDER:

Reach Veterans In Your Community

Did you know that over 50% of all Veterans have been diagnosed with musculoskeletal disorders? And among those, back pain and spine impairment have been documented as a leading cause of disability among Veterans, with low back pain increasing by 5% each year.

The F4CP has designed the 2022 Military Toolkit (a combination of internal and external marketing resources for your practice) so that you can easily market your office to local Veterans and active-duty military personnel.

For easy implementation, click the link below to open the toolkit. Upon opening, click the resources you wish to download and save to your computer. You can then simply share the resources in your monthly newsletter, across your social media platforms, and even print for your office staff to disburse in your lobby.



CLICK HERE TO DOWNLOAD THE MILITARY TOOLKIT

Additional Military and Veteran Marketing Opportunities



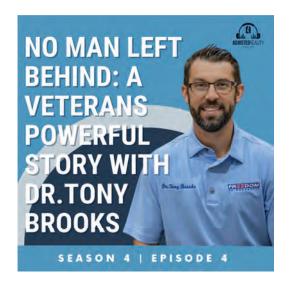
This month, the F4CP focuses its Monthly Marketing Roadmap on military and Veterans' health with chiropractic care.

The Monthly Marketing Roadmap includes a customizable PowerPoint and social media cover photos for Gold Members, as well as several opportunities for its Group Members and up. To join the F4CP as an individual contributor and receive evidence-based resources, visit: www.f4cp.org/package.

Already a member? Please click the link below to access your week-by-week guide to market your clinic.

Click here to download the November Marketing Roadmap

New Podcast Episode on How Chiropractic Changed This Veterans Life



Click here to listen to the podcast



NYSCA District Information

The NYSCA is a statewide professional Chiropractic association, comprised entirely of your peers and colleagues. We have joined together in the promotion, advancement, and defense of Chiropractic. In conjunction with our full time lobbyist, the NYSCA monitors all legislation that affects our profession while working to protect and expand practice rights. Our association is governed by a democratically elected Board of Directors and House of Delegates. Further, New York State is arranged into 4 Regions and 17 districts, each having its own elected officials and hosting monthly meetings and events. Each active district has representation in the House of Delegates to ensure that your voice is heard.

District 1

district01@nysca.com

Mitch Green DC
—President 212-269-0300

District 2

district02@nysca.com

Charles Fundaro DC

—President 718-236-6177

Vincent Nuziata DC

—Vice President 718-331-2667

District 3

district03@nysca.com

Christine Antoldi DC

—President 718-268-4464

Joseph Lezamiz DC

—Vice President 718-738-2550

District 4

district04@nysca.com

Gregori Pasqua DC

-President 718-654-4113

District 5

district05@nysca.com

Steven Breines DC

-President 718-967-3500

District 6

district06@nysca.com

Bruce Silber DC

— President 516-541-1064

Walter Priestley DC

-Vice President 516-752-1007

District 7

district07@nysca.com

Joanna Fasulo DC

- President 631-289-3939

Robin Stein DC

—Vice President 631-224-3036

District 8

district08@nysca.com

Glen Nykwest DC

-President 914-273-5505

District 9

district09@nysca.com

Michael Raucci DC

Matthew Flanagan DC
—Vice President 845-778-4420

District 10

district10@nysca.com

David Civale DC

—President 518-377-2207

Michael O'Leary DC

—Vice President 518-793-1205

District 11

district11@nysca.com

[President position pending]

District 12

district12@nysca.com

Michael Stirpe DC

-- President 315-472-7128

George Cunningham DC

—Vice President 315-445-9941

District 13

district13@nysca.com

[President position pending]

District 14

district14@nysca.com

Arthur Kaufer DC

—President 845-357-0364

Kathleen McLaughlin DC

—Vice President 718-748-8044

District 15

district15@nysca.com

James Walters DC

—President 585-944-0955

Holly Potter DC

—Vice President 585-458-2679

District 16

district16@nysca.com

Rebecca VonBergen DC

—President 607-277-0101

James Storms DC

—Vice President 607-936-4954

District 17

district17@nysca.com

Brenda Covell DC

-President 607-277-0101

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2023 Spring Convention April 14-16

New York State Chiropractic Association

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NY SEED GRANT

The Hofstra University Entrepreneurship Assistance Center (EAC) is assisting business owners applying for the NYS Seed Fund Grant. Funding is available for grants up to \$25,000 for businesses started AFTER September 1, 2018 that have been actively operating for at least 6 months.

TO BE CONNECTED WITH A HOFSTRA SMALL BUSINESS COUNSELOR WHO CAN ASSIST YOU WITH YOUR APPLICATION, PLEASE COMPLETE AN INTAKE FORM: http://hofstracovidhelp.com/intake-form/.

Basic grant criteria include but not limited to:

Be incorporated in NYS or licensed or registered to do business in NYS and must be a NYS resident; Business start date on September 1, 2018 or later and has been operational for at least six months before an application is submitted; Have between \$5,000 and \$1,000,000 in gross receipts per annum as reflected on their most recent Federal **Business Tax Return** Be in substantial compliance with applicable federal, state and local laws, regulations, codes and requirements Did not qualify for the NYS CO-VID-19 Pandemic Small Business Recovery Grant Program.

Grant Award Amount Calculation

Annual gross receipts: \$5,000-\$49,999: Award is \$5,000 / business

Annual gross receipts: \$50,000-\$99,999: Award is \$10,000 / business

Annual gross receipts: \$100,000-\$1,000,000: Award is 10% of gross receipts with a maximum grant of

\$25,000 / business



NY SEED GRANT

DR. BETHANY BURYTA'S CONTINUED FROM PAGE 6

the next two years she worked with the board to provide many resources to local members, including: a hybrid of local in person and virtual meetings, inexpensive live online CE, student sponsorships, BLS recertification classes, resources to help navigate the pandemic, updates to never ending ICD10 and workers comp changes, and local professional guest speakers (medical doctors, healthcare professionals and attorneys) to name a few.

In 2022 Dr. Buryta joined the NYSCA Board of Directors and attended the Fall Convention at the Kartrite Resort representing NYSCA Region 4 (Western NY). In this role, she is currently working with Doctors and legislators from all over the state to support scope modernization for NY chiropractors.

In April of 2023, you will find Dr. B at the NYSCA Spring Convention at Mohegan Sun in Connecticut presenting a 1 hour lecture on Mobile Chiropractic for CAT 1 CE credit.

Dr. B is passionate about unity and growth within the profession, and is happy to answer any questions our members may have! You can find out more information about Dr. Bethany Buryta at rochousecallchiro.com.

PRESIDENT'S REPORT CONTINUED FROM PAGE 3

While this process moves positively forward, the NYSCA continues to work closely with the New York Chiropractic Council on key projects. We have advanced our relationship through open lines of communication and a mutual respect for the principles of chiropractic and the great benefit it provides to the public.

It is my honor and pleasure to serve as your NYSCA President. The NYSCA is only strong because of our members. Please stay active and encourage others to join our association. As the holidays approach, remember that the best gifts are the ones we've had all year: a roof over our heads, food in the fridge, and family to enjoy it with.

May all that is beautiful, meaningful and brings you happiness be yours this holiday season and throughout the coming year. My family wishes you love, joy, and peace – to-day, tomorrow, and always.

I look forward to seeing you all in person at our Spring Convention – in the warmer weather.

Anthony Palumbo, DC NYSCA President

NEW YORK CHIROPRACTIC POLITICAL ACTION COMMITTEE CONTINUED FROM PAGE 7

in my tent around 4:00 a.m., I began climbing to watch the sunrise over the High Peaks in the heart of the Adirondack Park, reaching the summit with some time to spare. As I waited for the sun, I turned my phone on to quickly check in only to be greeted with several messages. One was from from my dad "warning" me that I would be asked to do something for NYSCA, and one from Dr. Gerald Stevens asking me to help keep the Student NYSCA chapter alive as the President at the time was graduating. As a student still trying to adapt to the pace of course work, the last thing I wanted to do was take on more responsibility. Having witnessed the work done by practicing doctors to not only maintain, but to grow the profession for young doctors like myself, and as I watched the sun rise over the state I love, I knew that this was the little thing I could do to help.

That next spring, three members of Student NYSCA joined the lobbying efforts in Albany to make our case on why this "baby bill" deserved to be passed as soon as possible. We wanted to stay in NY and we wanted the options to be able to practice within the full scope of our education in order to provide the best service possible to our future patients. We made the case in office after office that to keep young doctors from moving away, this must be passed. We emphasized how important this legislation is to not only maintain the profession of Chiropractic, but most importantly to guarantee quality healthcare to the people of the state.

The message resonated and was welcomed in every office we sat down in but sadly politics are often more complicated than that. We are faced with harsh realities that to get a bill like this passed, it doesn't just take a quality message or a convincing argument but requires a strong PAC to back it to build support and help move it through the stages from baby bill to passed and enacted legislation.

Every year, going back to Albany was a similar experience, a message greeted with politicians saying they support the bill, but it will take time for this to gain the support to be passed. I have now been out of school and practicing for 2 years and as soon as I was able I began monthly donations to the PAC.

Knowing that this important work requires, not only our voices, but small donations from doctors to get this bill through to prevent young students from being told what I heard far too often; "NYS is not a Chiropractic friendly state." That is something I refuse to accept. Recently, I was asked to help out NYSCA once again. This time as NYCPAC Co-Chair. It has been just over 5 years since the Scope Modernization bill was first introduced, and it is still sitting in the Higher Education Committee. We must keep working to advance this, now toddler bill, to passage.

As I sit here contemplating the last 5 years, I am reminded of that September morning. Waking up to climb through the cold, deep mud, over roots and rocks in order to watch the sunrise over the beautiful state I call home. How that breathtaking view was well worth the work and how nothing worth doing is ever easy. Much like waking up in my tent that morning we have a climb in front of us. It has been 5 years since the Scope bill was first introduced and, unlike my solo climb, NYSCA cannot do it alone.

Our Ask

We hope that our Why will help to motivate you to think about your Why and that you will make a contribution to NYCPAC. Currently, our PAC is supported by only a small number of practicing Chiropractors. This makes it difficult to advance our interest as a profession or move our legislative efforts forward. If every member donated just \$50 per month, about the cost of 1 patient visit, that would be over \$100,000 per year in new funding to support candidates who support the profession and would have significantly increase our visibility in Albany.

We hope you will use this link to support your profession and NYCPAC.

Back to Basics: Understanding the Mechanisms of Laser Therapy

Source: Cutting Edge Laser Technologies

The power of light may be the missing piece to managing pain at your practice.

Laser therapy is a proven approach that uses light energy to stimulate biological processes at the cellular level to relieve pain, reduce inflammation, and accelerate healing.

However, not all therapy lasers offer the same therapeutic capabilities. Different specifications, such as wavelength, power, and output mode, can affect the treatment duration and number of sessions needed to achieve desired results. These can also determine the indications that the laser is suitable to address.

With a wide variety of light-based therapies to consider, it can be difficult to identify which is best for your patients and your practice. A solid understanding of the basic mechanisms of laser therapy is vital for practitioners considering this modality for their practice.

Laser Therapy 101

Laser therapy uses an induced emission of electromagnetic radiation to transfer energy to biological cells to stimulate photobiomodulation.

Photons are absorbed by the mitochondria and activate enzymes to increase ATP production. This starts a cascade of molecular reactions that improve cell function and enhance the body's healing processes. Some of these effects can include:

- Increased tissue regeneration and wound healing by stimulating fibroblast development
- Reduced inflammation and edema by stimulating blood flow and lymphatic drainage.
- Induced analgesia by stimulating the release of endorphins and enkephalins to block the transmission of pain sensations to the brain.

Laser Classifications

The FDA recognizes four major classes of lasers (Classes I through IV) with three subclasses (Classes IIA, IIIA, and IIIB). Most therapy lasers fit within either Class IIIB or Class IV. The higher the laser class, the higher the average power output. Class IIIB lasers offer a power output between 5 mW and 500 mW. Class IV includes all lasers that exceed 500 mW.

Wavelength

Wavelength plays a fundamental role in determining whether the emission can successfully transfer energy to the tissue. Additionally, it is the most important criteria for determining the depth of penetration.

Some wavelength frequencies are more susceptible to absorption by chromophores than others. For example, the absorption spectrum of oxygenated hemoglobin peaks between 400 nm and 600 nm. On the other hand, water molecules strongly absorb wavelengths above 1100 nm.

Other chromophores, such as melanin, can also impact absorption but to a much smaller degree. Energy that is absorbed by these chromophores is energy that is unable to reach the target tissue.

Light scattering and absorption occurs in all tissues. Precisely choosing a wavelength based on absorption characteristics can minimize scatter and absorption allowing energy to penetrate to deeper tissue.

Most therapy lasers leverage wavelengths within the approximate range of 600 nm to 1200 nm. This has been deemed the "therapeutic window" because these frequencies have maximal ability to penetrate tissue and trigger biological effects.

Power and Fluence

Power (measured in watts) refers to the rate at which energy (measured in Joules) is delivered.

Fluence refers to energy density and is measured by Joules per centimeter squared. To obtain sufficient therapeutic results, sufficient light energy must be delivered to the target tissue. This is sometimes referred to as the "therapeutic threshold" or "therapeutic dose window."

Energy density is affected by treatment time. For example, with the right parameters Class IIIB lasers have the potential to deliver the same J/cm2 as a Class IV laser. However, it will take significantly more time because it will be operating at a lower power (i.e. Joules of energy per second.)

Selecting fluence is vital to the efficacy of the treatment as well as the safety of the patient. A number of factors must be taken into consideration, including tissue type, pigmentation, spot size, output mode, and the characteristics of the condition being addressed.

Output Mode

Continuous modes deliver a constant beam of laser energy at a fixed level of power, while pulsed diodes emit a series of high-intensity pulses. Both modes have therapeutic benefits, but the high peak power of pulsed emissions allow for more effective penetration of laser energy while the average output is comparatively low.

Pulsed lasers allow more energy to penetrate deeper than continuous emissions of the same wavelength and same average power. With a percentage of the energy being absorbed by superficial tissues, the high peak power allows for more energy to reach the target tissue while pulsing minimizes risk of thermal damage.

Some studies also suggest that cells may become less responsive to the steady stimuli of a continuous beam. For these reasons, pulsed diodes are growing in popularity.

Laser at the Private Practice

As technologies evolve, therapy lasers are becoming more efficient in their therapeutic capabilities while remaining safe for the patient and intuitive to the operator. With more opportunities to customize treatment parameters, practitioners can offer personalized protocols that address patients' unique symptomology.

A thorough understanding of the mechanisms of laser therapy will empower practitioners to analyze and identify what is needed to deliver the best possible outcomes for each patient.

who was struck by an explosive device while serving in Iraq and suffered severe third-degree burns over 35% of his body, which led to the loss of his ears, the tip of his nose and three fingers. Thankfully, he was able to overcome the use of pain meds through chiropractic care. Harris shared his incredible story of triumph over adversity and other inspiring messages from his book: "Steel Will: My Journey Through Hell to Become the Man I Was Meant to Be."

Featured Vignettes

Throughout the weekend, ChiroThon returned live to feature short vignettes from guests who shared the benefits of chiropractic and described why giving is so important, especially during and after a pandemic.

Three-time U.S. Olympic champion and 8-time world champion in track and field LaShawn Merritt was a special guest at ChiroThon. In his presentation, "From the track to chiropractic" Merritt described how consistent chiropractic care throughout his athletic career kept him performing at his peak.

Actor, mental health speaker and former NFL tight end for the Detroit Lions, "Big Joe" Fauria shared the story of his battle with depression after his athletic career ended, but also how it led to him strengthening his mental health and overall wellness through spiritual connection, personal exploration and healing physical activities.

Author and national speaker Kimberly Besuden, DC, discussed how nutrition and specific herbs align with chiropractic care in playing an important role in the natural healing process.

Carl Cleveland III, DC, president of Cleveland University, discussed the evolution of chiropractic education, growth of the profession, and its outlook over the next several years.

Kristi Hudson, vice president of Business Relations at ChiroHealthUSA, gave ChiroThon viewers an overview of the chiropractic patient's journey and how chiropractic has impacted her life as a longtime patient.

Denis DeLuca, president of Biotics Research, a global leader in the field of clinical nutrition, spoke about innovations in supplementation and how to find the perfect supplement for a healthy lifestyle.

Dr. John Maltby, president of the World Federation of Chiropractic, led a discussion about how chiropractic has become a global health-care option.

Generous Sponsor and Audience Support

ChiroThon would not have been possible without its corporate and media sponsors, several of whom were donating for the first time.

Corporate sponsors were: Biotics Research Corporation ChiroHealthUSA Foot Levelers NCMIC Standard Process

Media sponsors were: Chiropractic Economics Dynamic Chiropractic

The American Chiropractor

Foot Levelers, Standard Process, NCMIC, ChiroHealthUSA and Biotics Research matched donations throughout the entire weekend, including for the several hundred consumer and patient donations received during ChiroThon to support the "Naturally, Chiropractic" campaign.

"Naturally, Chiropractic" shares positive, factual information with the news/entertainment media, industry groups, governmental organizations and business leaders about how chiropractic care is safe, effective drug-free healthcare that millions of people trust worldwide for neuromusculoskeletal pain management and improved well-being.

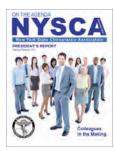
Although the ChiroThon event is over, supporters can still donate to F4CP's campaign here: www.F4CP.org/chirothon.

Would you like to contribute to our next statewide newsletter? On The Agenda

March 2023 Edition







We're aiming for a publication date of March 1st, and we are wondering if you have any recent articles or blogs that you might be willing to lend to this next newsletter. Of course, if you have more than one that you would like to submit, we can always consider them for use in subsequent publications.

We are interested in anything that advances knowledge in the profession. (Please, no advertorials.) Our members are hungry for information that they can use in day to day practice as well as anything that can enhance clinical skill and proficiency.

The deadline for article submissions is February 15th. Please also be sure to include any attribution information you wish us to include for your article.

Send articles to: comm.secretary@nysca.com

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NYSCA Sponsors are trusted business partners whose valuable contributions help NYSCA achieve its goals in advocating for you and your patients. For all they do, we owe it to them to first take a look at their products and services before going elsewhere and to support those who are supporting us. Remember — when doing business with NYSCA Sponsors, you are supporting your professional organization!

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- ★ Ultra Pain Products Contact: 833-ANTI-PAIN ultrapainpro.com
- ★ US Med Supply Corp Contact: (646-797-4200 jkleidman@aol.com

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* LabCorp Inc

Contact: (631) 599-8301 www.labcorp.com

★ Hudson Valley Neurodiagnostic Contact: (845) 592-4722 hvcradm@yahoo.com

SUPPORTING ORGANIZATIONS

- ★ American Chiropractic Association Contact: (703) 276-8800 www.acatoday.org
- ★ Northeast College of Health Sciences Contact: (800) 234-6922 www.northeastcollege.edu
- ★ Foundation for Chiropractic Progress Contact: (866) 901-F4CP www.f4cp.org

Earn FREE Membership

... each time you refer a new member to the NYSCA!

Current NYSCA members who recruit a new regular member (not student, affiliate, or retired) to join the NYSCA for a full year will in turn receive a 'thank you' from the NYSCA in the form of **two additional months** added to the end of their current membership term. Or, if the new member signs up for just a half year, the recruiting doctor receives one additional month of NYSCA membership. We have even sweetened the pot: there are **no limits** to how many times you can benefit from this incentive.

To receive your incentive month(s), the new member must make a semi-annual or annual payment and list you on their application form as their referring NYSCA member. (You may want to give a partially filled out application form to colleagues you are recruiting.)

If you are interested in promoting this offer to your friends and colleagues who may have been considering joining NYSCA and are just waiting for someone to encourage them, and would like a list of non-members in your district, please contact your local district president or controller@nysca.com.

Membership Has Privileges

...and one of them is the self-respect a doctor feels, knowing that they are a part of something bigger than themselves, supporting their livelihood with collective energy and pooled resources.

What is the NYSCA?

The New York State Chiropractic Association is a statewide professional Chiropractic Association, comprised entirely of your peers and colleagues. We have joined together in the promotion, advancement, and defense of Chiropractic. In conjunction with our full time lobbyist, the NYSCA monitors all legislation that affects our profession while working to protect and expand practice rights.

Why Should All New York DCs Be NYSCA Members?

"NYSCA membership provides Chiropractors in New York State an unparalleled opportunity to advance their profession, by adding their voice of the unified defense of practice rights, scope of practice and a rightful place among mainstream Health Care."—Jack Beige, DC, Esq., NYSCA Past President

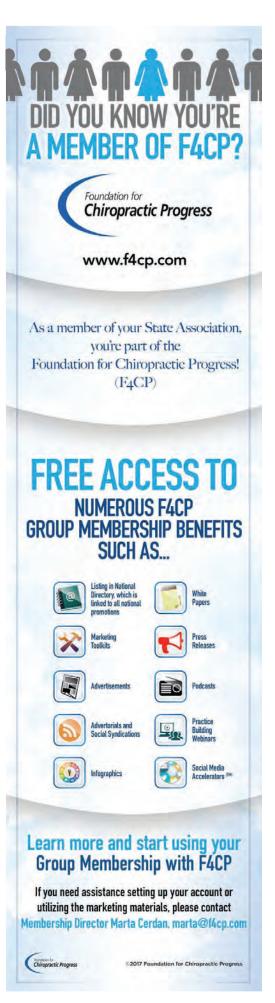
If YOU don't support your profession, who will?

For questions regarding this program, please contact the NYSCA Administrative Office at (518) 785-6346 or a member of the NYSCA Membership Committee.

Growth is never by mere chance; it is the result of forces working together

—James Cash Penney

* New members are defined as DCs who have not been NYSCA members within the preceding 12 month period. The recruiting member's information must be included on the new member application. Only one member can receive the credit for recruiting a new member. Recruiting incentive is not valid on students, retired/disabled, or associate applications. Eligibility subject to verification; Subsequent year's dues payable at usual rate. New member discount offer is not valid for retired or associate members and may not be combined with other membership discounts.



News You Might Have Missed

In the hustle and bustle of daily life, it is difficult to follow the developments in health care that come at us in an endless stream. Here are a few pearls that may have passed by unnoticed.

By Chris Piering DC

Conflicting Research On Vitamin D Confuses Consumers and Providers

"Last Call For Vitamin D"- That was the headline of a recent article on Vitamin D supplementation in a recent edition of the Back Letter regarding review of data from by LeBoff et al published in the New England Journal of Medicine. Papers by Cummings and Rosen are also referenced in their far-reaching conclusions.

Among these was that "Vitamin D supplements do not have important health benefits for most people" and providers should stop recommending or screening for Vitamin D.

Methodology included supplementation at Vitamin D3 and Omega 3 Fatty Acids daily along with and follow up over several years in a study known as VITAL (Vit D and Omega 3 Trial) sponsored by Brigham and Women's Hospital.

In reading the papers, I was struck by the fact that selection was among people at relatively low risk of fracture but was more geared to assessing cardiac risk in the population being studied. Chronic pain was not a criterion assessed in the data I reviewed. In addition, supplementation levels were rather low (2000iu per day), which may not be enough to raise Vitamin D levels in persons with low 25 OH levels. None the less, much positive feedback was generated along with some critical commentary.

I would agree that the recommendations may have overstepped the study design and believe that the treasure trove of data should be further assessed before making such heavy recommendations.

<u>Vitamin D and Omega-3 Trial (VITAL) -</u> <u>Full Text View - ClinicalTrials.gov</u>

<u>VITAL Findings — A Decisive Verdict on Vitamin D Supplementation | NEJM</u>

<u>Supplemental Vitamin D and Incident</u> <u>Fractures in Midlife and Older Adults -</u> <u>PubMed (nih.gov)</u>

Efficacy of Vitamin D Supplementation in the Treatment of Fibromyalgia Syndrome and Chronic Musculoskeletal Pain

Vitamin D supplementation has been shown in several studies to reduce chronic pain and pain of fibromyalgia symptoms. This literature review demonstrated relief of pain in several studies with adequate levels of D and increased pain in deficiency.

The Efficacy of Vitamin D Supplementation in the Treatment of Fibromyalgia
Syndrome and Chronic Musculoskeletal
Pain - PubMed (nih.gov)

Selection Criteria Importance in Data Collection and Analysis

In attempting to drill down on the confusion regarding research on Vitamin D and conflicting reports emerging within days of each other, I came across this article from 2015 emphasizing the importance of selection criteria in research and review of that criteria in analysis.

Assessment of research waste part 2: wrong study populations- an exemplar of baseline vitamin D status of participants in trials of vitamin D supplementation -PubMed (nih.gov)

NSAID Risks in Patients With 0A

A growing body of evidence underscores the risks of NSAID use in persons with osteoarthritis, increasing cardiac, other vascular and gastrointestinal. This Canadian study raises some real questions.

<u>Use of NSAIDs Risky for Osteoarthritis</u> <u>Patients — Pain News Network</u>

NSAID Use Accelerates Failure of Articular Cartilage

Another paper from 2010 in the Journal of Prolotherapy explores some mechanisms for loss of cartilage with NSAID use.

The Acceleration of Articular Cartilage

Degeneration in Osteoarthritis by Nonsteroidal Anti-inflammatory Drugs - Journal of
Prolotherapy

The same author updated his findings in the following article.

When NSAIDs make pain worse and other side-effects - Caring Medical Florida

NSAIDs implicated in CAUSING chronic pain

Studies from Canada and Italy seem to have demonstrated that use of medications to block inflammation interferes with the action of neutrophils and increase the duration of pain and increases the onset of chronic pain.

Using transcriptional analysis, researchers showed changes in genes of people and in mice whose pain went away while postulating that the early stages of inflammation set the stage for tissue repair and it may be dangerous to interfere with it.

Acute inflammatory response via neutrophil activation protects against the development of chronic pain - PubMed (nih.gov)

A separate analysis of 2600 people in the UK Biobank showed those taking NSAIDs to treat acute pain were more likely to have chronic pain years later than those taking medications that do not decrease inflammation.

<u>Discovery reveals blocking inflammation</u> <u>may lead to chronic pain - McGill Univer-</u> <u>sity</u>

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Are YOU Getting the Most Out of YOUR NYSCA Membership?

Chris Piering DC, Vice President NYSCA

Together, we are the NYSCA, the premier professional trade group representing Chiropractic in New York.

As a statewide professional 501(c)6 organization, the New York State Chiropractic Association (NYSCA) seeks to further the Chiropractic profession, the interests of individuals and organizations engaged in that profession, and the public interest.

Who are NYSCA members?

The NYSCA is comprised entirely of New York State Doctors of Chiropractic, along with students attending an accredited Chiropractic program. These individuals have joined together in the promotion, advancement, and defense of Chiropractic. In conjunction with our full-time lobbyist, the NYSCA monitors all legislation that affects our profession while working to protect and expand practice rights.

What does the NYSCA do?

The NYSCA is the oldest and largest Chiropractic Organization in New York, representing the profession in all aspects of practice. The NYSCA engages in communication with insurers and government agencies such as the Worker's Compensation Board and Department of Financial Services.

Recent communication with Aetna and MVP (among others) has protected the role of DCs in supplying cost effective conservative care for our patients in New York.

Membership means that you are an integral part of this advocacy.

NYSCA Membership Benefits

In return, the additional benefits of being a member are many and use of these benefits can far outweigh any costs associated with your membership.

One of the obvious benefits is discounted fees for the attendance of conventions and webinars that help to meet continuing education requirements while sharing important educational and business information. Our Spring and Fall Conventions cover a broad range of topics from clinical technique to insurance, law changes and many other topics. Our Fall Convention at the Kartrite included a well-received track on office management and Chiropractic philosophy.

Regular CE webinars cover an impressive range of topics in CE and non-CE events available in your home or office.

Benefits extend far beyond these.

NYSCA Membership Privileges

Utilization of the NYSCA Saving Center provides member-only discounts to you on items from travel to office supplies, and even entertainment venues. I personally recently earned a \$50.00 reward from one vender whom I do regular business with on top of the discounted prices I enjoy as a member of the NYSCA.

All NYSCA members are also members of the Foundation for Chiropractic Progress. F4CP membership includes regular marketing and patient education tools that you are free to use on your social media, in practice newsletters, as office posters, and as patient handouts. Activate your F4CP membership and take full advantage of this member benefit.

We are working diligently to continue to build for the future and to add to the value of your membership with savings and strengthening the profession.

We thank you for your membership and continued participation in the NYSCA.



American Chiropractic Association is leading chiropractic into the future. Join hundreds of chiropractic professionals at ACA's Annual Meeting and Conference:

ACA Engage 2023!

Come to Washington, D.C. Jan. 25-28, 2023 to not only hear speakers lecture during a wide variety of education offerings for CE credits, but also have the opportunity to personally engage with world-class presenters and colleagues from across the nation throughout the conference while developing meaningful relationships on Capitol Hill.

There will be 14 CE credits available onsite, plus another 6 available virtually.

FIND OUT MORE

2023 Spring Convention April 14-16

New York State Chiropractic Association

Mohegan Sun Casino & Resort

Uncasville, CT

Earn up to 16 CE Credits over 3 days and across 2 tracks!

Category 1 credits 12; Up to 16 out of state credits.

Save \$100 off "door" prices when you register by 01/20/2023

NYSCA WEBINAR SERIES





In addition to CE available at our statewide conventions, the NYSCA now offers continuing education credit via webinar through Northeast College of Health Sciences Post-Grad. NYSCA Webinars are held monthly, usually on a Wednesday at 1pm EST.

Adjusting the Typical Shoulder

Register Online

Presented by: Mark Charrette DC

Wednesday, January 18, 2023 | 1pm-2pm (1CE)

This one-hour webinar will cover the symptoms, causes, testing procedures, and treatment protocols for the typical shoulder.

The Structural Management Program: Advanced Care of Athletes

Register Online

Presented by: Tim Maggs DC

Wednesday, February 1, 2023 | 1pm-2pm (1CE)

This webinar will cover a proactive examination with injury prevention recommendations. Biomechanical model vs. allopathic model. Physiology of injury (Maggs' Law of Tissue Tolerance™) Exam findings and recommendations. Recommended treatments

Communicating with Your Patients Ethically in the Online Environment

Register Online

Presented by: Bethany Buryta DC & Alison Fleming DC

Wednesday, March 8, 2023 | 1pm-2pm (1CE)

This 1-hour course will cover online resources that increase patient access to health information and clinicians electronic communication that is ethical and appropriate.

Tuition Discount

Association Members are eligible to receive a discount on tuition for NYSCA-sponsored webinars via coupon code at registration check-out. Please be sure to check your email for the discount code, which is included for all NYSCA members. You must have your discount code BEFORE registering. Please note, once you register, the discount code cannot be applied retroactively. Contact the NYSCA Administrative Office at 518-785-6346 for more information.

Registration Deadline

Attendees MUST be registered and paid via credit card or check by 3:00 pm, one week before the course is to take place, to avoid additional fees. All unpaid/late registrations and at door registrations are subject to the following non-refundable fees: add \$5 (1-hr webinars). Northeast College Continuing Education Policy

License Renewal

Continuing education credit (CE) is provided by Northeast College of Health Sciences. These seminars are valid for CE credits in "pre-approved" states, so long as they fall within the scope of practice as outlined by the corresponding state board. It remains attendees' responsibility to contact the state board(s) from which they seek continuing education credits for purposes of ensuring said board(s) approves both the delivery method and content as they relate to this event. Neither a speaker's or exhibitor's presence at said event, nor product mention or display, shall in any way constitute Northeast College endorsement. Northeast College's role is strictly limited to processing, submitting, and archiving program documents on behalf of course sponsors.

Upcoming Financial Wellness Seminars courtesy of Prudential Insurance

The NYSCA is pleased to offer our members a series of complimentary financial wellness educational seminars through Prudential PathwaysSM via WebEx. Prudential PathwaysSM offers practical, down-to-earth information that may help you and your family today, tomorrow, and beyond. It is designed to give individuals an understanding of the fundamentals of financial wellness through educational seminars.



For Students and New Practitioners - Thurs 7pm ET

- 12/15/22 Understanding Your Health Savings Account
- 01/19/23 Strategies for College Funding
- 02/16/23 Financial Conversations Before Saying "I do"
- 03/16/23 What You Should Know About Life Insurance

For Established Practitioners - Tues 1:30pm ET

- 12/13/22 Taking Control of Your Taxes
- 01/24/23 Are You Prepared for the Financial Challenges in Retirement?
- 02/28/23 Financial Conversations Before Saying "I do"
- 03/28/23 Retirement Planning Toolkit

Financial Wellness Checkup Days

Prudential has also scheduled periodic Financial Wellness checkup days: 12/7/22, 3/9/23, & 5/11/23. These are full days of 30-minute 1-on-1 appointments for any topic, for individuals who won't be able to make the live sessions.

If you have any questions or concerns, please contact Pathways@Prudential.com or (844) 592-8993. Learn more and register online.

CLASSIFIEDS

Office Coverage Needed

Priestley Chiropractic, Farmingdale NY. Coverage needed while a DC recovers from an injury. Good compensation. Contact 516-752-1007

Office Coverage Available

Office coverage available for NY and NJ. Chiropractor with over 30 years of experience. Available M-F full or half days. Prior experience doing office coverage. Very professional with good bedside manner. Proficient with multiple adjustment techniques and modalities. For details contact 201-906-8791 or sohochiro@aol.com.

Associate Wanted - Rhinebeck NY

Rhinebeck Chiropractic - Family Wellness Practice. Original location in Rhinebeck, expanded to add locations in Poughkeepsie and Beacon. We approach chiropractic care as a means to enhance, correct, and/ or maintain optimal health, not merely for acute symptoms/injuries alone. Seeking FT Associate proficient in pregnancy and pediatric care. Webster Certified. Is or willing to work towards CACCP status with ICPA. Naturally outgoing, personable, sincerely friendly, empathetic, and inclusive toward ALL. Detail oriented. A good multitasker. A GREAT adjustor. Compensation commensurate with experience and number of days worked. Generous bonus system. Opportunities for future partnership or buyout. Please send CV to drj@rhinebeckchiropractic.com

Associate Wanted - Brooklyn NY

High volume holistic family practice seeking licensed DC who is friendly, caring, optimistic, teachable, and outgoing. The job duties include treating patients, performing exams, and keeping proper documentation. Learn the A-Z protocols from a practitioner with 27 years of experience in building and running very successful practices. FT or PT positions available. \$60K-\$100K per year. Call Dr Skorski at 917-288-0014. Send resume to thenxtlyl1@aol.com

Associate Wanted - Seekonk MA

Bayside Chiropractic, PC - Chiro care for the entire family. Special emphasis to pregnancy and pediatrics (including newborns.) Lactation support, pregnancy and postpartum care. The right candidate will have demonstrated interest and education in, as well as some proficiency with, pregnancy and pediatric patients utilizing SOT® Methods chiropractic and cranial work. Contact Dr. Paul O'Brien at (401)223-0111 or BaysideChiro@msn.com. www.BaysideChiroProvidence.com.

Associate Wanted -Pearl River NY

Seeking FT, motivated, enthusiastic, energetic, caring, and responsible DC to join my thriving 30+ year practice. Candidates should have at least 1-2 years of work experience. Begin as an associate and potentially become an owner in 3-5 years. Diversified, Flexion Distraction, Decompression Therapy, ART, Rock Blades, Electric Stim, Laser, and specific Corrective Exercises/Stretches. Candidates must have a valid NY License. Salary and benefits proportionate to experience. askenaschiro@gmail.com www.EliteSpineCare.com.

Associate Wanted - Williamsburg VA

Performance Chiropractic seeks an ethical, competent, well-rounded DC to join our team. Guaranteed base + bonus, retirement plan, and direct path to partnership & ownership. Coachable, humble, willing to follow and learn; capable of growing into a leadership and ownership role. Solid hands-on skills, both in assessment and treatment (hands-on adjusting). Learn more: https://vimeo.com/402793678. Contact Dr. Shaye at 757-876-0899 or pchiro@performancechiropractic.com.

Associate Wanted – Southwest England

Join us in Europe! At Willow we will take care of everything, so you can practice in the UK, become a very successful DC and explore European cities just 1 or 2 hours away. We have a fantastic opportunity for DCs of all levels to join our team of nearly 30 DCs in Southwest England. We love our patients, and we work hard to deliver the best vitalistic care. We are a high-performing team, have great fun in practice, benefit from short hours, high earnings, and a superb quality of life. Get in touch to find out more or check out our careers site: https://chiropracticjobs.com/chiropractic-jobs-ineurope/

Office Space for Rent

Manhattan/Columbus Circle: one, two or three treatment/exam rooms in a 4-room office occupied by the chiropractic owner. All rooms are 8'x10', unfurnished, 2 with sinks. Street front waiting room with lots of sunlight. Large reception and waiting room. Asking \$1,400/room, utilities included, for 24/7 access, potentially less for fewer days. text for photos and phone appointment: 646-642-6640. Website: davidsimpsonchiropractor.com Dr. David Simpson 415 w. 57th St.

Office Space for Rent

Brooklyn NY - Fully furnished (except only one adjusting table) newly painted, new rugs, ground floor, chiro office for rent Mon/ Wed/ Fri/ Sat. 2 adjusting rooms - one large, one small. One doctor's inner office that also has had a table but there is none there now. Large reception area facing the street with lots of daylight. Music in all rooms. small apartment building on a busy street. Must bring in own internet and telephone connections. \$2200.00 per month including electric and cleaning twice per month. Must carry liability insurance. Long term lease possible and negotiable. Doctor is phasing out of practice. Contact athanaildc@gmail.com

Practice for Sale - Manhattan NY

Live/work co-op residence is for sale which includes a productive DC practice. Retiring doctor is including most of the office furnishings and equipment. Located on the upper east side, this ground floor front-facing space with 24-hour doorman has central air conditioning and is located on a busy crosstown bus route. The 750 sq. ft. Space is architecturally designed and includes a fully equipped kitchen & executive shower. The owner has operated a successful practice for the past 15 years based solely on location, a website, and referrals. This space affords the opportunity to build equity for other investments while residing in the space or utilize the space for occasional overnight stays. Serious inquiries only. Please text (917)907-1961

Practice for Sale – Glens Falls NY

Turnkey business with all equipment included. We are an all-cash practice netting 6 figures working 2 days a week. I am looking for a doctor proficient in applied kinesiology and nutrition. I am retiring after 44 years in practice at the end of the year. If practice is not sold by the end of the year, all equipment will be available for sale. We have Lloyd's tables, Erchonia laser, Artho

Continued on page 30

OBITUARIES

Dr. Anthony Vincent Labate



Tony was one of the first recipients of a license to practice in NY when the State opened up to allow graduates of National College to sit for the licensing board in 1976. He served his patients well for many decades, achieved his Diplomate in Orthopedics in 1982 and was president of district 9 in the early 1990's. A very bright practitioner who was a credit to the profession. I am sure that he is remembered by most of those who practiced at that time. His passing should be noted by the district.

Anthony Vincent Labate, 74, of Pittsboro, NC, formerly of Pawling, NY, passed away at SECU Jim & Betsy Bryan Hospice Home of UNC Health Care surrounded by loved ones on October 27, 2022, after a courageous battle with cancer. Anthony was born on January 8,1948 to Charles and Angelina Labate in Port Chester, NY. After graduating from Saint Mary's High School in Katonah, NY in 1966, he attended Western Connecticut State University and graduated in 1971 with a Bachelor of Arts in Mathematics. Anthony then went on to the National College of Chiropractic in Lombard, IL where he received his Doctorate in Chiropractic Medicine in 1976. Anthony also received a Fellowship at the American Academy of Chiropractic Orthopedics. After graduation, Anthony immediately set up his practice, Labate Chiropractic, in Pawling, NY. He practiced for 30 years until his retirement in 2006. Anthony married his high school sweetheart, Elaine Papontos, on June 19, 1971. They had one daughter, Allison, in December of 1978. They resided in Pawling, NY from 1976 until 2007, and spent their retirement years in Fearrington Village in Pittsboro, NC. Anthony was hard working and very involved in his local community. He was President of his local Rotary Club from 1978 to 1980. His family meant more to him than anything else in the world. He traveled all over the country watching his daughter, Allison, compete in baton twirling. His absolute favorite was attending Clemson University football games and watching his daughter perform at halftime. Anthony was also a passionate craftsman, fisherman, and golfer, all of which he loved sharing with his only grandchild, Sean. Sean referred to Anthony as his "Poppy" and they were inseparable. Together, they golfed countless courses, caught many fish, and loved each other deeply. Most importantly, they made each other laugh uncontrollably. Anthony was the most loving poppy, father, and spouse a family could ever ask for. Anthony was predeceased by his mother, Angelina, and his father Charles. He is survived by his wife, Elaine Labate, daughter Allison Stuart, son in law, Neil Stuart, grandson Sean Stuart, his three siblings, Robert Labate, Daniel Labate, and Charles Labate, and nephews Michael Labate, and Daniel Labate. A Celebration of Life gathering will take place for immediate friends and family in December in New York. In lieu of flowers, the family requests donations be made to SECU Jim & Betsy Bryan Hospice Home of UNC Health Care at https://unchf. org/AnthonyLabate.

Dr. Valerio Anthony Pasqua



Dr. Valerio Anthony Pasqua died on November 6, 2022 peacefully at home. He was the son of Italian immigrants Saturno Pasqua and Mary Gentile who settled in the Bronx and raised their two sons, Valerio and Cono, during the height of the Great Depression.

When Valerio was four years old he contracted Polio, endemic during that time, and was hospitalized and kept alive in an iron lung for forty days. He was discharged and written up in local newspapers as the 'miracle boy'. His physical battle and recovery as a slightly built

youth was the greatest influence on his later life as he pursued physical culture, health and fitness.

He attended Cardinal Hayes High School and paid the tuition by playing trumpet in dance bands. That musical endeavor also shaped his future life.

Valerio eagerly enlisted in the Army Air Corps towards the end of World War II serving with the 366 fighter group where he first learned to fly. There, in Germany, he studied in his spare time under a renowned pioneer in Physiological Therapeutics, now known as PT. On discharge he received the World War II Victory Medal and the Army of Occupation medal

Upon return to the States, he followed his health and fitness calling by attending the Swedish Institute while avidly training for bodybuilding competitions. He won bodybuilding titles as Mr. New York City; Mr. New York State, and Junior Mr America. Within this field he later became involved with the US Olympic Committee and AAU.

He also found time to take singing lessons and after years of practice became an accomplished operatic tenor. He was offered scholarships to study in Italy which he was hesitant to accept having just met the absolute love of his life, his future wife Susan Frasca, one eventful day at Orchard Beach. Little did he know how much Susan would enthusiastically support her beloved husband in all his numerous interests.

Wanting to marry and start a family and provide for them, he enrolled in Chiropractic College. Following graduation he started a practice in his Bronx neighborhood which has now been active for over 70 years.

Valerio passionately dedicated his life to Chiropractic, becoming president of the NY State Chiropractic Association that was responsible for the passage of important legislation furthering Chiropractic in New York. Over time he filled every prestigious position ranging from college trustee to Director of the NYS Department of Education Board for Chiropractic. He practiced for over 60 years and treated tens of thousands of patients ranging from the ordinary to the extraordinary.

Although he withdrew from his opera singing career, Valerio and Susan immersed themselves in classical music as subscribers to the Metropolitan Opera and NY Philharmonic among others. They also founded the American Wagnerian Association which awarded scholarships to young artists as well as arranging annual trips to Bayreuth to view the Ring cycle.

Valerio never abandoned his passion for flying and obtained his civil

Continued on page 30

CLASSIFIEDS Continued from page 28

stim adjuster, percussor, therapy stands, ACG, Neurometer, PEG lymphatic stimulator, office equipment, et. al. Please email resume/inquiries to: drmosell@gmail.com or call 518-615-0056

Practice for Sale – Queens NY

40+ year practice is available to take over. Doctor is leaving NY. Office is on Bell Blvd in Queens. Very favorable lease and fully equipped. New Dr just needs to step in and start! Call Dr. C at: 516-710-2179

Practice for Sale – Mid-Hudson Valley NY

Amazing opportunity! 15 year established family wellness practice. 100% Cash. Low overhead. Abundant referrals. 2 office locations within the gorgeous Hudson Valley Region of NY. Potential for growth as both locations are only open part time currently. \$337k gross collections. https://www.progressivepracticesales.com/mid-hudson-valley-new-york-2

Practice for Sale - Passaic County NJ

Highly profitable Northern NJ - NYC area Chiropractic practice for sale! Effective combo of chiro, nutrition & functional medicine collects over \$850k+ per year with excellent owner income! Seller willing to stay & train. For more info, see https://www.strategicdc.com/22304 or email info@strategicdc.com.

Practice for Sale - Clifton Park NY

Currently offering the patient base for sale for 75% of annual profit in 2022. You can lease the same space, establish your own business name, and you have a well-established practice from day 1. Our patients come to us with insurance and stay with us for maintenance. Practice is 75% cash at this point with part-time hours and an average of 70 OV/week and 1-2 NP/wk. Same front desk/billing staff for 3 years. Consistent and documented procedures complete with office procedural manuals. This practice truly is "turn-key" and is just waiting for a warm heart and good pair of hands to make themselves at home here. Contact 518-796-3232. Entertaining all offers. Available now!

Practice for Sale - Manhattan NY

Established 29-year practice for sale. Doctor retiring. Favorable lease since 1993. Great visibility to street on ground floor

of beautiful tree lined block of East 48th street between 2nd and 3rd Ave, separate entrance of doorman building. Close to Grand Central and major subway and bus routes. 3 fully furnished and equipped treatment rooms including X-ray. Small kitchen. Looking for quick sale so priced accordingly. If practice not sold by end of year equipment available for purchase. Serious inquiries only. Call Dr. S-(917)362-8060.

Practice for Sale – Birmingham AL

Retiring DC ready to transition this highly successful 28-year practice to a motivated, passionate new owner who is ethical and technically superior. Practice consists of long term loyal, affluent ALL CASH paying patients and boasts a steady flow of new patient referrals. Doctor has a sterling reputation and many solid community relationships. Tremendous growth potential well exceeds current yearly revenues of \$ 460K on an 18-hour work week. Will mentor a buyer in all phases of practice development, business management and clinical expertise. Birmingham is a hub for many major national corporations considered a cultural and entertainment center and great place to live and raise a family. Techniques include Diversified, Thompson and Arthrostim. 1,800 sq. ft. office is located in a highly visible area and fully equipped with digital x-ray, drop tables, Arthrostim with all attachments, EMS units and much more. PRICED TO SELL! Please contact greg@chiroequity.com 908-419-7510

Equipment for Sale

Lloyds Hi-Lo with drop head piece. Excellent condition, always light use, none in past 5 years. Teal snap on covers. \$750 or best offer. Contact drijg @aol.com

Equipment for Sale

X-ray generator, tube stand, tube. Digital ready. All in perfect working order. Take all or part. Will entertain all offers. Bookcases, steel open file cabinets, X-ray film files, wheeled exam stools all \$50 each. Self-cleaning water cooler \$100. Contact Cell 518 369-6973

SUBMIT YOUR CLASSIFIED AD TODAY

Additional out-of-state associate positions and practices for sale listed online at NYSCA.com

Dr. Valerio Anthony Pasqua

Continued from page 29

pilots license flying a single engine Piper and eventually an owner of a complex twin engine Piper Seneca until he retired from that hobby at the age of 70. He knew the daily lunch specials at all the nearby airports and loved flying with his family and friends to share his favorite lunch.

He moved his family from the Bronx to Larchmont in 1956 and proceeded to transform their house and one acre property to their own private country club and gardens where they entertained throngs of guests.

Never a dull moment in a household of six children, Valerio ruled with an iron hand but his home was always open to family and friends at all times. Susan was always there to make sure everything ran smoothly, relatively speaking, feeding everyone with everything she could, especially from her organic garden.

About 25 years ago they relocated to Florida, first as snowbirds but eventually as full-time residents, reluctantly selling the Larchmont homestead. Since they never did anything conventional, they built two new houses on canals on a remote west coast barrier island that was only reachable by boat. Nevertheless, that island retreat became a vacation destination for family and friends who were always invited to explore the beautiful beaches via golf carts and boats.

Valerio was an insatiable collector. His collections included the newest and greatest cars, artwork, antiques, models, Lionel trains, coins, orchids, and many others. He was a voracious reader, especially interested in history. If there was a club to join, he would, and shortly would lead it. As Susan would say, he was an extremist, but through it all they were inseparable doing everything together, even Publix.

Always a sportsman he played softball, baseball and golfed. He followed his beloved football Giants who he had season tickets from the original Polo Grounds venue. He immersed himself in the baseball NY Giants and when they abandoned NY, he transferred his loyalty to the Mets who catered to his wishes when they traded for his hero, Willie Mays.

He was a parish member of the church of Saint John and Paul, in Larchmont New York and Saint Francis of Assisi, in Englewood Florida.

Valerio is survived by his wife of 72 years, Susan; Daughters, Valerie Masback (Kevin), Dominique Pasqua, Francesca Neil, Vivienne Pietrunti (Michael), Celeste Pearce, son Gregori Pasqua, (Laurie, predeceased), Grandchildren: Yvette (Jennifer), Evan (Kerry), Montana (Danielle), James (Mai), Tobin (Meagan), Richard (Tasha), Isabel (Joseph), Thomas, Darby (Nick), Regina, Lydia, and 12 great grandchildren, all of which did their best to confuse him in his old age.



New York State Chiropractic Association

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