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2022 - 2023

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WELCOME NEW MEMBERS

The NYSCA would like to welcome new and returning members! Your participation in professional organizations is essential to the advancement of our work for our members and our patients. Thank you!

NEW MEMBERS

Dr. Stanley Anderson D-6 Dr. David Burg D-2 Dr. Christian Carollo D-1 Dr. Brian Conner Affiliate Out of State Dr. David Cuccia D-6 Dr. Christopher Ferrante D-6 Dr. Kimberly Lockhart D-10 Dr. Debra Lupo D-17 Dr. Shaun Morgan D-17

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NEW LICENTIATES

Dr. Jeffrey Basty D-17 Dr. Callan Carnahan D-12 Dr. Frankie Donovan D-17 Dr. Sabrina Emms D-16 Dr. Briana Kelly D-7 Dr. Robert Minlionica D-5 Dr. Quincy Monroe D-3 Dr. Arezou Naderi D-1 Dr. Meghan Villnave D-10 Dr. Kelly Von der Leith D-9 Dr. Lanae Vroegindewey D-15 Dr. Brittney Walters D-17

STUDENT MEMBERS

D'Youville College

Pall Dhillon Sama Farea Matthew Gregory Olivia Guido Tara Kavanaugh Megan Lange Cole Meacham **Emily Schrader** Erica Trevil Timothy Woodean

Northeast College of **Health Sciences**

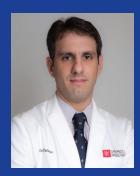
Hakeem Alvarez Vincent Angelini Mitchell Araya Frederick Blunt Allen Gomez Jason Kwon Gabrielle Parla Jennifer Pietricola Arashdeep Saini Stephanie Suarez Liam Sullivan

Coral Wessman-Froese

Daniel Whyte **Emily Willms Daniel Wood** David Woodworth Troy Zanger Riley Zubrickas

University of Western States

Jeffrey Smith



PRESIDENT'S REPORT Anthony Palumbo, D.C.

As I sit down to write this message, I came to realize that a year has passed since I took office as the President of the NYSCA. This past year certainly moved fast and when I look back, I realize that although there was slight turbulence, there were no major troubles. However, it certainly was an active and busy year.

Rebounding from COVID-19 and its resultant consequences took a tremendous effort by the NYSCA. Revitalizing District meetings, recognizing and correcting deficiencies in our leadership format and filling the resultant gaps, re-establishing connections with members and insurance carriers on behalf of our members, forming stronger bonds with Northeast College and our family in the New York Chiropractic Council, and getting our legislative agenda back on track were all priorities that needed to be addressed.

"Coming together is a beginning. Keeping together is progress. Working together is success."

— Henry Ford

I am happy and proud to say that I have the best group of individuals around me that were up for the task. Assuredly we are in a better place than one year ago. I am pleased to share the following two pieces of good news with you:

Legislation: On our legislative front, we were successful in passing a bill in both the House and the Senate. This bill will require a (medical) practitioner to consider and prescribe non-opioid treatment alternatives for neuromusculoskeletal conditions. And the non-opioid treatment alternatives specifically name chiropractic. Arguably, this bill fell a little short of where it began. Nonetheless, this is still a victory for our profession, a steppingstone, a building block for us to reach greater heights.

Ultimately, the sturdier foundation we have in place for our proverbial house, the easier it will be for us to impel others to work with us to add to these successes, which will ultimately bring even greater benefits to our patients and our profession.

"A successful man is one who can lay firm foundation with the bricks others have thrown at him."

— David Brinkley

Insurance: I have been informed by our insurance committee that there are significant changes which will positively impact the care of our patients in the upstate region. More information will follow as we learn more details.

I understand the frustration that we all feel about practicing in New York. It is arguably one of the most difficult places for a chiropractor to practice in the entire country. The cost of living alone makes it a constant struggle. While it's easy to see life here as a battle, not every encounter should be viewed as a skirmish. I have said before: celebrating small successes is often as significant as waiting for the larger ones.

My family is a hockey family. As a hockey coach, I understand that focusing on "the win" alone only sets you up for failure. While we should always give our maximum effort, it is more important to acknowledge the small successes.

This is also true for any endeavor we undertake as an Association on behalf of the chiropractic profession. We must take time to appreciate the role of these small successes on improving the public's perception, bolstering confidence in our profession, and increasing education on the substantial nature and value of chiropractic.

Metrics are an important tool to measure success. The questions become: which metrics do we choose, and will we set ourselves up for failure if we do not meet or exceed these individual chosen metrics? Maybe a better way to gauge our success is to focus on the whole process. Combining these metrics and defining "success" for ourselves is probably a better way to accomplish our goals. Extract the value, not just from the high points, but the lows as well. Remember that we are not working for ourselves, but for people we cannot afford to let down: our patients and communities and the generations of gifted chiropractors after us.

It's hard for us to look beyond our individual universes, seeing the bigger, more interconnected picture. Being a part of an organization like the NYSCA helps us appreciate different perspectives and foster new ideas, which in turn allows us to strengthen our profession in New York and helps us strive toward our collective goals while ignoring the distracting noise surrounding us.

"If you are working on something that you really care about, you don't have to be pushed. The vision pulls you."

—Steve Jobs

When measuring our obstacles, we should consider that sometimes (rather than climbing or overcoming it) our path takes us around it. And afterwards when we look back, the obstacle has become imperceptible from our new position.

The point is that if we do not meet an expectation, it doesn't mean that we have failed. It is our vision that forges our path. No obstacle is unsurpassable or insurmountable. If we cannot completely overcome a challenge, we can find a way around it. We will never give up. Success is always there waiting for us if we know how to search it out.

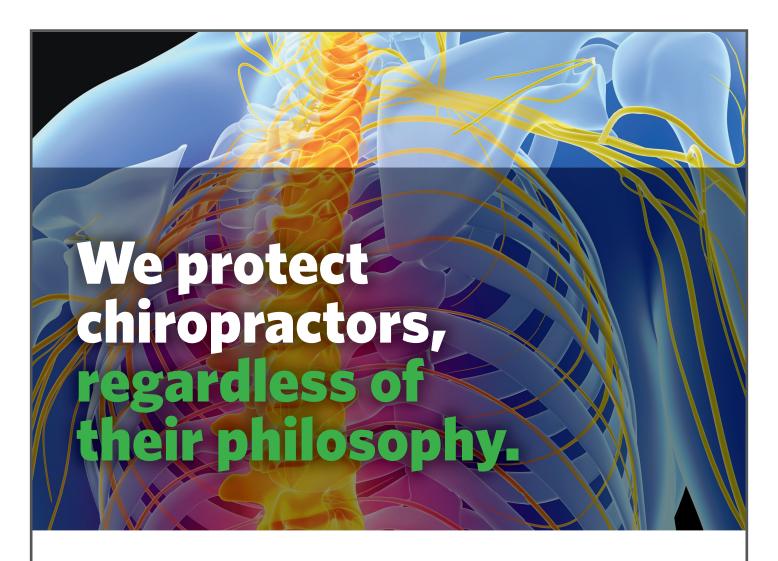
"The size of your success is measured by the strength of your desire; the size of your dream; and how you handle disappointment along the way."

— Robert Kiyosaki

You can count on the NYSCA to be invested in your future and strive for success in the best interests of the profession.

The NYSCA is strong because of our members. Thank you for being a member and more importantly thank you for allowing me to serve as your President.

Anthony Palumbo, DC NYSCA President



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We are proud to be a Premier Sponsor of the New York State Chiropractic Association.

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NYSCA 11160

The NYSCA and OUM are Pleased to Announce the



The New York State Chiropractic Association (NYSCA), in conjunction with OUM, is pleased to announce the winners of the Spring 2022 student scholarships. The scholarship winners were selected from a pool of applicants who were academically exceptional, involved in their community and/or school, and driven to stay involved with the New York State Chiropractic Association after graduating.

- The first scholarship recipient is Kathryn Kennedy of Greenbush NY (Rensselaer County, District 10, Region 3), who is anticipating graduation from Northeast College of Health Sciences in November 2022. Ms. Kennedy has been extremely active in both SACA as the national chair, as well as Student NYSCA, and indicates a strong intention to stay involved in the state and national associations. She feels a unified voice, especially on the legislative front, is paramount in advancing the profession.
- The second scholarship recipient is Romney Leveille of Brooklyn NY (Kings County, District 2, Region 1). Mr. Leveille is anticipating graduating from Northeast College of Health Sciences in April 2023 and expresses a strong desire to establish a practice treating underserved populations and educating the community on the benefits of Chiropractic. He recognizes the importance of continued support of State Associations who, through lobbying and committee efforts, are continuing to advance the profession.

The OUM Chiropractor Program is a NYSCA Premier Corporate Sponsor.

They have provided medical professional liability insurance protection—and peace of mind—to chiropractors for many years. They are committed to diligently protecting and defending their policyholders against malpractice claims even if charges are groundless, false, or fraudulent while providing unparalleled client service. For more information, please visit their sponsor page at: www.nysca.com/virtual-expo-OUMchiropractor

The NYSCA thanks all our students applicants for their active participation in the Association and wishes them a successful, long, and prosperous career. Remember, the NYSCA is strong because of you. We look forward to continuing to support you in your future professional endeavors.





Unspoken Consequences of Pandemic: Opioid and Mental Health Crises

By Gerald Stevens DC, MS, MPH

On March 25th at the Finger lakes Community College a panel was convened to discuss and educate all who attended on what the status of the opioid and mental health crises and how it was effected by the COVID-19 pandemic. The panel was organized by Alexi Aruck, current Northeast SACA president and NYSCA student delegate. The panel was made up of Dr. John Rosa, Northeast Board of Trustee Emeritus, and national speaker on the opioid epidemic. Dr. Gerald Stevens, NYSCA Officer (Treasurer) and Professor at Northeast College of Health Sciences. Tracey Del Stritto, executive director of Partnership of Ontario County, who provide resources such as the Substance Abuse Prevention Coalition. Margaret Morse, Director of Community Health services (Mental Health Director) for Seneca County.

The room was close to full occupancy (70) and 114 attendees were online. The local news even came and interviewed Dr. Rosa before the presentation started. Each panelist presented for approximately 15 minutes. Dr. Rosa brought the national perspective and Dr. Stevens discussed the status of the epidemics in New York State. Miss Stritto discussed the situation in Ontario County and Miss Morse brought information on the mental health crisis. After the presentation a questions and answers period filled up the rest of the allotted two hours of time. Thoughtful questions came from the audience and online in form of zoom chat function.

All the attendees learned that the COVID 19 pandemic worsened the mental health and opioid crises. Isolation,

Continued on page 22



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Labcorp is the laboratory of choice for New York State chiropractors, and now Labcorp has partnered with NYSCA to simplify access to world-class diagnostic testing. With nearly 150 convenient patient service center locations and in-network status with all major insurance plans, our team of scientists, sales consultants, IT experts, and logistics professionals are poised to bring value to your practice every day. Whether it's scheduling a specimen pickup, integrating with your EMR, or speaking with one of our scientists, our team is proud to be your trusted partner.





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OUR 75TH ANNIVERSARY YEAR MAY BE WRAPPING UP,

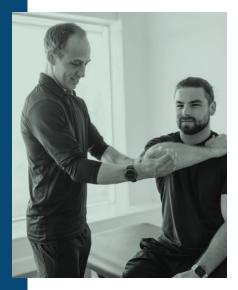
BUT WE'RE JUST GETTING STARTED.

If we've learned anything this milestone year, it's that 75 years is just the tip of the iceberg. We look forward to serving you and helping to further the profession for many years to come.



ncmic.com/75







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Highlights from the NYSCA 2022 Spring Convention

April 8-10, 2022 at Mohegan Sun



Michael Mestan (center), President, Northeast College of Health Sciences with NYSCA Executive Officers (left to right): President Dr. Anthony Palumbo, Treasurer Dr. Gerald Stevens, Secretary Dr. Lloyd Kupferman, Past President Dr. Jason Brown, Communications Secretary Dr. Rae Smith, Vice President Dr. Chris M Piering

Members of the New York State Chiropractic Association recently enjoyed coming together again in person at the NYSCA 2022 Spring Convention, held April 8-10, 2022 at Mohegan Sun in Uncasville, CT.

This event was attended by 47 exhibitors, over 175 licensed chiropractors, plus students, CAs, and honored guests from the Texas Chiropractic Association, American Chiropractic Association, and Northeast College of Health Sciences. Our participants earned up to 16 continuing education credits and benefited from engaging speakers, sponsored by OUM Chiropractor, NCMIC, Foot Levelers, Kinotek, CLEAR Scoliosis Institute, Lewin & Baglio LLP, and the Law Firm of Alex Dell.



NEW YORK STA

On Saturday, our participants gathered for our annual banquet luncheon. After an inspiring invocation delivered by NYSCA Vice President Dr. Christopher Piering, we were privileged to be addressed by several friends and colleagues:

Texas Chiropractic Association

President Dr. Alayna Pagnani-Gendron and Vice President Dr. William Lawson inspired us with an update on recent legal victories achieved by the TCA related to their scope of practice, and generously donated funds towards the New York Chiropractic Political Action Committee.

American Chiropractic Association

Past President Dr. Keith Overland gave us an update on the ACA's recent legislation, S.4042, which is a bill to modernize Medicare coverage and better meet the needs of today's seniors by increasing access to services provided by doctors of chiropractic. He encouraged all in attendance to visit acatoday.org to contact their legislators regarding this important bill.

As part of our annual tradition, NYSCA President Dr. Anthony Palumbo was overjoyed to present several of our members with awards and certificates in recognition of their valued service and contributions towards the NYSCA and the chiropractic profession in New York State.

Distinguished Service Citation

The Distinguished Service Citation was awarded to Dr. Joseph Campisi (Region 1 Director) and Dr. Christine Antoldi (District 3 President). The Distinguished Service Citation is given for meritorious contributions to the chiropractic profession in the state of New York.

Award of Excellence

The Award of Excellence was presented to Dr. Joseph Merckling and Dr. Robin Stein, both Directors for NYSCA Region 2. Drs. Merckling and Stein both serve on the NYSCA Insurance Committee, along with participating in several other committees and expend great efforts on behalf of the Association and its members. The Award of Excellence is given in honor of and appreciation for distinguished service on behalf of the NYSCA and the chiropractic profession.

Continued on page 13



Pricing

To qualify for member pricing, your member-ship with the NYSCA, New York Chiropractic Council, or American Chiropractic Association must be active and current. Please contact our administrative office for more details.

Registration Deadline

Standard registrations must be received with payment by 5:00 pm on 09/22/2022. At-the-door pricing (add \$50 to standard pricing) will apply for all mailed registrations postmarked after 09/15/2022 and all online registrations completed after 5:00 pm on 09/22/2022. FAXED REGISTRATIONS WILL NOT BE ACCEPTED.

Questions?

Please contact the event coordinator:
Elizabeth Kantrowitz
518-312-4236
controller@nysca.com

Upcoming Events

Additional CE events may be coming up at the district level. Please contact the individual districts for more information.

Learn More About NYSCA

www.NYSCA.com

The New York State Chiropractic Association

2022 Fall Convention

September 30-October 2, 2022

at the Kartrite Resort & Indoor Waterpark 555 Resorts World Drive, Monticello NY

Please register online with a credit card at www.NYSCA.com
OR mail this registration form with check payable to: NYSCA, PO Box 557, Chester NY 10918

Convention Registration

□NYSCA Member □Council Member □AC	CA Member □Othe	er State Asso	oc. Member 🗆	Unaffiliated
Doctor Name				
NY Lic#	Other State		_#	
Mailing Address				
City/State/Zip				
Phone			_Fax	
Email				
Registration Category		Early by 07/08/22	Standard by 09/22/22	
□ Non-Affiliated DC		\$279	\$299	\$369
□ NYSCA/Council/ACA Member		\$179	\$199	\$269
□ 1st or 2nd Year Licentiate Member		\$129	\$149	\$199
□ CA attending with registered DC		\$79	\$99	\$129
□ 50+ yrs. in practice NYSCA member		\$0	\$0	\$0
□ DC student or full-time college faculty		\$0	\$0	\$0
(student/faculty registration does NOT in	nclude CE or lunch	n; meal ticket	ts must be ord	ered separately
Saturday Luncheon 1 lu	nch is included in	registration ເ	ınless otherwis	se noted.
□ Attending luncheon □ Not attending luncheon	Other Needs [⊐ GF :	□ DF □	Kosher
□ Additional luncheon tickets	#	_ @\$40.00	each \$	
□ Children under 10 (Chicken Nuggets)	#	@\$25.00	each \$	

Registrations may be submitted online or via postal mail. Faxed registrations are NOT accepted.

Association membership subject to verification. Mailed registrations must be postmarked by 07/01/22 to be eligible for early pricing, or postmarked by 09/15/22 to be eligible for standard pricing.

Registration Deadline: Early registrations must be received with payment by 5:00 pm on 07/08/22. Afterward, standard pricing will apply. At-the-door pricing will apply for all mailed registrations postmarked after 09/15/22 and all online registrations completed after 5:00 pm on 09/22/22

Cancellation Policy: Cancellation and refund requests must be made in writing and sent to controller@nysca.com. Refunds will be issued in the manner in which payment was received and will be subject to a 15% processing fee if received more than one week prior to the scheduled event. All postage fees are non-refundable. Cancellations within one week of the event will be subject to additional administrative fees. Please review our Convention Policy Statement for details.

Invalid credit cards are subject to a \$10.00 fee and returned checks are subject to a \$20.00 fee.

IMPORTANT INSURANCE IMPLEMENTATION DATES

MARCH 7, 2022 SUCCESSFULLY UNDERWAY	Workers Compensation On Board Limited Release- Phase One • HP-1 Electronic Submission
April 1, 2022 DELAYED UNTIL FURTHER NOTICE	GHI Medicare NYC Advantage Plus Implementation
April 4, 2022 SUCCESSFULLY UNDERWAY	Workers Compensation On Board Limited Release-Phase Two DME Prior Authorization Requests (PAR)
May 2, 2022	Workers Compensation On Board Full Release-Phase Three • Treatment/Testing Prior Authorization Requests (PAR)
May 2, 2022	Updated Medical Treatment Guidelines (MTG's) take effect. • New Reference Codes • Chronic care 10 visit cap
July 1, 2022	Workers Compensation CMS 1500 Initiative takes effect. • Mandatory WC electronic submission



NYSCA District 17 (Buffalo Region)

At the May 2022 District 17 meeting at Chef's Italian Restaurant, Dr. Chris Acquito organized and presented awards to his fellow NYSCA members: the Gavel Award to outgoing District 17 president Dr. Stephanie Pawelek, honoring her for 3 years of service as District President, the District 17 Distinguished Service Award to Dr. Gerald Stevens in recognition of dedication, personal sacrifice and service above and beyond the call of duty.

Opioid Bill Passes Senate and Assembly!

We are pleased to announce that our coalition conservative care bill (opioid bill), A273 sponsored by Assemblymember Gottfried and S4640 sponsored by Senator Rivera, has passed both the Assembly and the Senate! The bill now heads to the governor's office for review. We will be heavily advocating for her to sign the bill into law.

As you recall, this legislation will require a practitioner treating a patient with a neuromusculoskeletal condition causing pain to discuss with the patient the efficacy of non-opioid conservative care treatments before prescribing on opioid. These treatments include massage, chiropractic, physical therapy and occupational therapy care.

For the past few years, we have worked together with the American Massage Therapy Association - New York Chapter, the New York Physical Therapy Association and the New York State Occupational Therapy Association to pass this legislation. Many thanks to our lobbyist, Amy Kellogg, Esq for her continuous efforts in promoting this bill, and to the bill sponsors Assemblymember Gottfried and Senator Rivera, for understanding the importance of increased access to conservative care to aid in stemming the opioid crisis. We would also like to thank the co-sponsors of this legislation Assemblymembers Griffin, Galey, Barron, Kelles, Seawright, Thiele, McDonald, Jensen, L. Rosenthal, Sayegh, Stirpe

and Lupardo and Senators Gaughran, Harckham and Skoufis.

While this bill does not mandate referral to a conservative care provider, it does open the conversation for CDC guideline supported treatment options for chronic pain prior to providing that first opioid prescription and gets chiropractic care specifically listed an opioid alternative in New York State statute.

This accomplishment was only possible through the determined work of the NYSCA and the Council working together to serve the Chiropractic profession and advocate for patient health and wellness in New York State.



NYSCA Calendar of Events

Aug'22

Please visit www.NYSCA.com/meetings-events-calendar to view our full calendar. View individual events to download the iCal file to import into your personal calendar. Please note: district meeting dates, times, and locations are subject to change. Please check with your district president to confirm meeting schedules and locations.

June	e'22	Elections Reminder: Elected statewide and local candidates take office 6/1		
Tues	6/7	1:30pm	NYSCA WC Lunch & Learn	
Wed	6/8	7pm	D17 Buffalo Meeting	
Thurs	6/9	7pm	D15 Rochester Meeting	
Mon	6/13	8pm	NYSCA Webinar: WC Phase 2	
Tues	6/14	8pm	D3 Queens Meeting	
Tues	6/14	8pm	D6 Nassau Meeting	
Tues	6/14	8pm	D2/5 Brooklyn/Staten Island Meeting	
Wed	6/5	7pm	D12 Syracuse Meeting	
Wed	6/15	8:30pm	D7 Suffolk Meeting	
Mon	6/20	7pm	D16 Southern Tier Meeting	
Tues	6/21	7:30pm	D9 Hudson Valley Meeting	
Wed	6/29	1pm	NYSCA CE Webinar	
July	'22	Have	a wonderful summer!	
Mon	7/4	All Day	Administrative Office Closed	
	No District Meetings scheduled in July			

Aug		Have	a Wonacriai Sammer.	
No District Meetings scheduled in August				
Sept	.' 22	Electe	Elections Reminder: d statewide and local candidates take office 6/1	
Mon	9/5	All Day	Administrative Office Closed	
Wed	9/7	8pm	NYSCA Virtual Membership Meeting	
Thurs	9/8	7pm	D15 Rochester Meeting	
Tues	9/13	8pm	D3 Queens Meeting	
Tues	9/13	8pm	D6 Nassau Meeting	
Tues	9/13	8pm	D2/5 Brooklyn/Staten Island Meeting	
Wed	9/14	7pm	D17 Buffalo Meeting	
Sun	9/18	All Day	Chiropractic Founder's Day	
Mon	9/19	7pm	D16 Southern Tier Meeting	
Tues	9/20	7:30pm	D9 Hudson Valley Meeting	
Wed	9/21	7pm	D12 Syracuse Meeting	
Wed	9/21	8:30pm	D7 Suffolk Meeting	

NYSCA Fall Convention

Have a wonderful summer

SAVE the DATE

Sept 30-Oct 2

2pm

New York State Chiropractic Association Fall Convention

at the Kartrite Resort & Indoor Waterpark

555 Resorts World Drive, Monticello NY | Website | 844-527-8748

Earn up to 16 CE Credits over 3 days at a family-friendly venue!

It is our pleasure to announce and formally invite you to participate in the NYSCA 2022 Fall Convention! We look forward to seeing you in person at our next live event to be held in beautiful upstate New York!

We encourage you to arrive early on Friday to check in and visit with our event exhibitors. Classes on Friday will be from 2pm-6pm and will offer up to 4CE, followed by our President's Welcome Reception. The Saturday session will be from 8am-6pm and will offer up to 8 credits. Sunday classes will be from 8am-12pm and will offer up to 4 credits.

Learn More

Register Online

Visit the Virtual Expo

Category 1 credits TBD; Out of state credits TBD. Save \$70 off "door" prices when you register by 07/08/2022. Special pricing for Association Members. Registration MUST be received by 5pm on Friday, 09/22/2022.

Policy Statement: The NYSCA makes every attempt to offer programs as publicized. We nevertheless reserve the right to alter and/or adjust program details, including but not limited to dates, locations, times, instructors, and presentation sources and sequences. Please visit the NYSCA event webpage to review our Registration and Cancellation policies, along with accommodations details. Continuing Education statement and policy available online at NYSCA.com.

Highlights from the NYSCA 2022 Spring Convention







New Practitioner of the Year Award

One of the Association's newest honors - the New Practitioner of the Year Award – was given to Dr. James Walters. In addition to being in full-time chiropractic practice, Dr. Walters is very active in state and national chiropractic associations. He is a current member of the Leadership Committee for ACA NextGen and serves as the NYSCA District 15 President, ACA Affiliate Director, and Professional Development Committee member for the NYSCA. He is proud to support and aid in the establishment of numerous national projects, advocating for his patients and fighting to expand access and availability of chiropractic care for all patients.

Lifetime Achievement Award

The Lifetime Achievement Award was presented to Dr. Thomas Ventimiglia, Past Dean of Postgraduate Studies at Northeast College. The Lifetime Achievement Award is given with deep appreciation for and in recognition of Dr. Ventimiglia's tireless contributions and dedication to the chiropractic profession.

A graduate of New York Chiropractic College (now Northeast College of Health Sciences) and Fellow of the American College of Chiropractors, Dr. Ventimiglia has also served as the chairperson of the Association of Chiropractic Colleges, subcommittee on Postgraduate Education. Although retired from a private practice after 40 years, he remains active in the profession as a member of the NCMIC Speakers Bureau, the American Public Health Association's Chiropractic Health Care section and the Federation of International Chiropractic Sports.

Malcolm L Levitin DC Memorial Award

One of the Association's newest awards - the Malcolm L Levitin DC Memorial Award – was presented to Dr. Bruce Silber, past president of the NYSCA and current Region 2 Director. This award was presented to Dr. Silber in grateful appreciation for his dedicated service, personal and professional integrity, and an unwavering commitment to chiropractic and the New York State Chiropractic Association.

The Levitin Award is named in memory of our dear colleague, Dr. Malcolm Levitin. Those who were acquainted with Dr. Levitin knew him to be a dedicated, hardworking individual who served in several leadership positions within the NYSCA, most recently as Parliamentarian and Convention Committee Co-Chair. This first Levitin Award has the distinction of being mounted on the same plaque on which Dr. Levitin himself received the Napolitano award many years prior. The plaque was lovingly and generously donated back to the NYSCA by Mrs. Marsha Levitin.

Ernest G. Napolitano Award

The Association's highest distinction - the Ernest G. Napolitano Award - is given in grateful recognition of and appreciation for numerous contributions made to the chiropractic profession in the State of New York. It is awarded to an individual whose exhibits valuable and selfless dedication to chiropractic. These traits are ones that all chiropractors should aspire to, and they reflect well upon the award recipient and the profession. Dr. Palumbo was grateful to be able to present Dr. Jason Brown, past president of the NYSCA, with this honor.

The Napolitano Award is named in memory of Dr. Ernest G. Napolitano. Dr. Napolitano was President of NYCC (now Northeast College of Health Sciences) from 1959 to 1985. During that time, Dr. Napolitano championed an innovative, integrated vision of collaborative healthcare. In an era when concepts of holistic care were almost unknown in the larger medical field, his prescient integrated vision was truly ahead of its time. As a speaker, leader, and practitioner, Dr. Napolitano helped create a remarkable history and future for the College.



Cyber Breaches and Ransomware Attacks on The Rise - Is Your Practice Protected?

By Michael Brody / TLD Systems

Cybersecurity is getting very scary. The number of Cyber Breaches and Ransomware attacks in 2021 were the largest ever. 2022 is shaping up to be even more dangerous than 2021. In addition to the general trend towards more bad actors participating in cybercrime, Russia has increased their cyber attacks in response to the economic sanctions imposed by the US and allies.

The Cybersecurity & Infrastructure Security Agency (CISA) has implemented Shields Up (https://www.cisa.gov/shields-up) in response to this specific threat, and on the Shields Up website it states "Every organization—large and small—must be prepared to respond to disruptive cyber incidents."

Every organization is at risk of a cyberattack, and the American Dental Association was hit with an attack many cybersecurity experts believe the attack was by an organization known as BLACK BASTA. A statement by the ADA indicated that they experienced a disruption to certain services. The ADA has not acknowledged the nature or source of the incident, but Black Basta has posted that they have approximately 2.8 GB of ADA data including W-2 Forms, spreadsheets, and personal information on ADA members. The ADA also provides support services to many state Dental So-

cieties and the breach has impacted those states as well as the ADA.

Other dental organizations that have recently experienced cyber incidents include The Professional Dental Alliance (PDA) which owns dental practices in 15 states. That breach involved over 170,000 individuals. The breach at PDA happened at one of the vendors that PDA shared data with North American Dental Management. In this case even though PDA's computer systems were not breached and the systems that were compromised were another company, since the information breached was PDA patients, it was PDA who was responsible for the breach.

The increased threats not only can impact your practice, but they also can impact any organization that you share your data with. This can include:

- Electronic Medical Records
- Electronic Billing Systems
- Revenue Cycle Management Systems
- And any other computerized system where YOUR PATIENT data may be stored

Continued on page 22



Northeast College of Health Sciences College Of Health Sciences

Northeast College of Health Sciences (formerly New York Chiropractic College)

PRESIDENT OF NORTHEAST COLLEGE OF HEALTH SCIENCES STATEMENT ON EARTH DAY



On Earth Day and every day, Northeast College of Health Sciences President Dr. Michael Mestan encourages the community to reflect on our environmental impact — at the College level and beyond:

"At Northeast we are dedicated to being good neighbors and active participants who make our ecosystems even stronger for our greater Seneca Falls and Finger Lakes communities. There's no better time to celebrate this commitment than on Earth Day.

Let us celebrate this day and commit to acting both individually and collectively to make our precious Earth healthy and sustainable for future generations. As local and global citizens, we all must honor the land on which we live and depend. We must be good stewards, not only by simply taking care of our environment but also enhancing it. It is important to leave our world better than we came to it to ensure our peoples, professions and communities thrive for many years to come. It's our continued collaborative efforts and proactive steps that will ensure a prosperous future for us all."

HONORING THE ENVIRONMENT AT NORTHEAST



Northeast College has long taken action to be environmentally responsible, with past day-today actions like implementing campus recycling efforts and using energy-efficient lighting. The College has also embraced long-term initiatives to help promote sustainability on campus.

In 2018, the College created the Grow Zone, a 45-acre area that is not mowed and allows native plants and fauna to naturally populate the area. Since the Grow Zone's creation, the College has substantially reduced its carbon footprint through the elimination of the area's need for 14+ hours of mowing a week - a savings of more than 6400 lbs. of carbon dioxide emissions annually.

Actively creating natural spaces that allow for maximum conservation efforts continue at the College with the recent initiation of the Northeast Afforestation Project. The first phase of the multi-year afforestation plan began in 2021 when 870 trees, 380 shrubs and 160 meadow plantings were added to 11 acres of campus grounds. Each year through 2023, a similar number of trees, plants and shrubs will be added to a 40 acre-span of new landscaped space that will imitate a wild Finger Lakes forest, full of mixed shrubs and under-story trees native to the region.

"Invest In Our Planet" is Earth Day's 2022 theme and aims to encourage individuals and businesses to invest in practices that can benefit the Earth. First held on April 22, 1970, Earth Day was a day of education about environmental issues, predominately in educational institutions across the United States. Now the day includes a wide range of events in more than 193 countries and is coordinated by EarthDay.org. The organization inspires more than 1 billion people to act in environmentally friendly ways.

Northeast College Student Diversity Club Celebrates Black History Month

In honor of Black History Month, the Students for Social Diversity Awareness (SSDA) club at Northeast College of Health Sciences celebrated by sharing trivia factoids, inspirational artwork and the stories of Black Northeast students.

READ MORE

Northeast College Publishes 2020-2021 **Annual Report**

Northeast College was pleased to share its most recent Annual Report, containing an overview of the College's operations during the academic year Sept. 1, 2020 - Aug. 31, 2021. More details are available in the attached release/story.

READ MORE

Northeast College Hosts Winter 2022 Ceremonies, Advances 84 Students,

Celebrates Two ACC Fellows

Northeast hosted its Winter 2022 ceremonies to honor student milestones and achievements. The Transitions Ceremony was held on March 31, and the Winter Commencement ceremony was held on April 2; we were particularly honored to welcome Dr. Anthony Palumbo as Transitions Ceremony keynote speaker! In addition, 22 first-trimester students beginning their doctor of chiropractic education were invited to take the Northeast Commitment to Excellence pledge this March. Details attached, as well as several related photos that may be helpful.

READ MORE

Northeast College Builds Even More **Educational Partnerships**

Northeast has continued to create new articulation agreements with undergraduate colleges and universities so health sciences majors can secure admission into Northeast's in-demand chiropractic and healthcare programs while saving time and money. Some of the most recent partnerships have included agreements with Wells College, Wagner College, and SUNY Geneseo.

TAKE

Urge Congress to support S. 4042/H.R. 2654: Full access to Medicare benefits for chiropractic patients.



The following communication was recently received from a NYSCA member, who also happens to be in a leadership position within the Association. It is being shared here with the member's permission:

I came across an important reason why we need to see \$.4042 and H.R.2654 passed into law.

I had a patient, age 66, come in complaining of numbness and tingling in his left arm and left leg when he laid down. The symptoms would immediately pass when he sat up or changed position.

He had previously seen his primary doctor and complained of these symptoms but received no advice or treatment.

I told the patient that it was unusual to see upper and lower extremity paresthesia associated with the position of his head/neck. I further explained to him that it indicated the possibility of compression to the spinal cord, which was very serious, and this precluded spinal manipulative therapy at the current time.

I arranged for him to have cervical spine x-rays performed, which were essentially unremarkable.

Upon follow-up with the patient, he reported that his symptoms had spread to the right foot under the same circumstances. He had also begun to experience issues with increased urgency with his bowel functions and the feeling that any time he had to go to the bathroom was an emergency.

I expressed to him that this was a signifi cant development and that, in my opinion, he should have an MRI performed. I also explained to him that any further progression of his symptoms could indicate a surgical emergency. I recommended that should he have any worsening of his bowel dysfunction he should present to the emergency department.

I told the patient that I would contact his primary doctor immediately and relay this information. I sent a note to his PCP and called his office. The patient then followed up and was referred to a neurologist, to whom I also sent my exam notes and impression.

The neurologist called my office the next day and opined that the patient should have imaging. She further stated that, if there was suspicion of a space-occupying lesion, he should see a neurosurgeon and not a neurologist. I concurred but explained that due to restrictions under Medicare I was not allowed to order an MRI and that his PCP had to decline to do so. To her credit, the neurologist contacted the PCP, who then called my office for further discussion.

We are still awaiting the outcome of this case. Two weeks have elapsed since the patient's initial presentation in my office, and his condition has continued to worsen.

In my opinion, this experience underscores how important it is for us to have expanded rights under Medicare, as the delay in this patient's treatment was unnecessary and may decrease his chance of a good outcome.

I intend to share this experience with my House Representative, who is yet to sign on as a sponsor of the bill. I also encourage everyone who has not yet contacted their Representative and Senator to do so. Please feel free to reference this case.

"Additional information regarding H.R.2654 (The Chiropractic Medicare Coverage Modernization Act) can be found online at www.acatoday.org/advocacy/medicare. This page includes many resources, including talking points and printable office posters, along with links to contact your Senator and US Representative."



S. 4042/H.R. 2654



Your Rep Needs to Hear From YOU!

America's seniors need full access to chiropractic care.

The Chiropractic Medicare Coverage Modernization Act, (S. 4042/H.R. 2654) is bipartisan legislation which will provide patient access to all Medicare-covered benefits allowable under a chiropractor's state licensure. The bill does not add any new services to Medicare, which serves more than 55 million Americans.



The proposed legislative change to Medicare will remove artificial barriers that prevent Medicare patients from benefiting from the full range of safe, clinically effective treatments offered by doctors of chiropractic, and allow patients to access this widely recommended and cost-efficient care.



Go to www.HR2654.org

for more details and to contact your representative. Thank you for being an advocate for patients and our profession.



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Arlington, VA 22209 FAX

acatoday.org 703 276 8800

703 243 2593

NEWS YOU MAY HAVE MISSED

Work Comp Costs Lower With Chiro Care

Results of a recent study on Chiropractic care for injured workers demonstrated the effectiveness in both cost containment and return to work in a wide-ranging analysis of over 2 million cases in 28 states.

In many states, employers are able to direct who an injured employee can see for a work-related injury but this study showed that in states where patients were able to choose their own provider, and DCs were involved in care, results were better by several measures.

Among the results were that in states where employers directed provider choice, DC utilization was lowest. An additional outcome showed that in cases where DCs provided care exclusively, costs were lower and duration of disability was shorter.

The data included millions of cases from 28 states and should serve as a catalyst for increasing utilization of Chiropractic care for the rehabilitation of injured workers.

READ MORE

Chiropractic Reduces Opioid Use in Back Pain Patients

A recent review of literature on back and neck pain patients showed a 64% lower use of opioid prescription drugs among users of Chiropractic care than non-users for control of their back and neck pain.

This is especially meaningful because opioid prescriptions and legal sales have been correlated with overdose deaths and the Center for Disease Control and Prevention in 2016 released guidelines for the prescription of opioid medications.

In 2017, 115 Americans per day died from opioid overdoses and this sad toll has been eclipsed during the Covid pandemic.

READ MORE

US providers rely on ineffective treatment while ignoring science

A review in the Journal of the American Medical Association showed that healthcare providers in the US often prescribe ineffective and costly treatments for chronic LBP while ignoring more effective, less expensive measures for treatment of low back Pain.

Among the therapies identified as overused were gabapentenoids, epidural steroid injections, facet injections, opioids, spinal cord stimulators and vertebroplasty.

Non invasive treatments with clinically meaningful benefits included spinal manipulation, yoga, multi-disciplinary rehabilitation, and core strengthening exercises.

READ MORE

Do Bacteria Have a Role in LBP?

Long term consensus has held that the intervertebral disc is a sterile structure but recent research has shown the disc to harbor a complex microbiome in herniated discs and in persons fatally injured in MVAs with no history of low back pain. A 2021 article in Spine by Astur and colleagues in Brazil identified up to 17 different bacterial elements and expanded on previous studies by researchers in India suggesting that alterations in the complex biome of the IVD may modulate disc health and degenerative processes. (See European Spine Journal, 2020; 29:1621-40 and Spine Journal, 2021; doi:10.1016j.spinee.2021.09.005.)

READ MORE

Back Pain in Indigenous People in the Amazon Basin and Modern World

Some researchers have suggested that musculoskeletal pan is a problem of modern society and a result of a sedentary and inactive lifestyle.

This study shows that there may be a more far reaching prevalence of pain in pre-modern societies as well, with prevalence of 71% in this cohort of different indigenous populations in the Brazilian Amazon. The major exacerbating factor was physical activity, mirroring those in modern society.

READ MORE

ACA Coalition Fights for Provider Reimbursement Fairness

The American Chiropractic Association (ACA) collaborated recently with the Patient Access to Responsible Care Alliance (PARCA), a coalition of non-MD healthcare providers, in submitting a letter to federal regulators urging them to enforce a rule that requires group health plans and health insurers to fairly compensate non-MDs for the same services delivered by other healthcare providers. The letter is addressed to the Secretaries of the Department of Health and Human Services, the Department of Labor, and the Department of the Treasury.

READ MORE

Governor Hochul Signs Three Anti-Sexual Harassment Bills

Earlier this week, Governor Kathy Hochul signed into law three bills intended to address and expand sexual harassment protections in New York State. While these laws will have relatively minor implications for private employers, employers should be aware of a few important points.

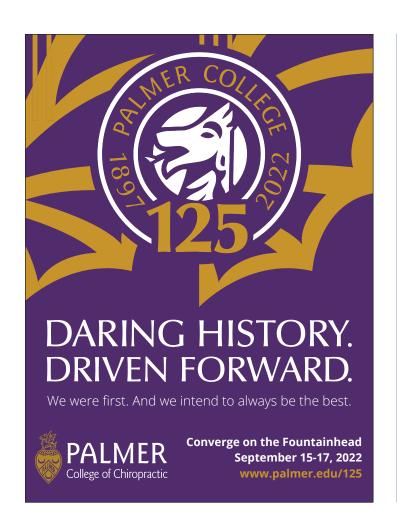
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New York State COVID-19 Pandemic Small Business Recovery Grant Program

The New York State COVID-19 Pandemic Small Business Recovery Grant Program was created to provide flexible grant assistance to currently viable small businesses, micro-businesses and for-profit independent arts and cultural organizations in the State of New York who have experienced economic hardship due to the COVID-19 pandemic.

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COVID 19





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Bill Introduced in Senate to Provide Full **Chiropractic Coverage in Medicare**

The U.S. Senate has introduced a bill, S. 4042, to modernize Medicare coverage and better meet the needs of today's seniors by increasing access to services provided by doctors of chiropractic. An identical bipartisan-supported bill in the House currently has 130 cosponsors.

Sponsored by Sen. Richard Blumenthal (D-Conn.) with Sens. Kevin Cramer (R-N.D.), Tammy Baldwin (D-Wis.) and Roger Wicker (R-Miss.) as original cosponsors, the Chiropractic Coverage Medicare Modernization Act—which is identical in text to the House version, H.R. 2654—would give Medicare beneficiaries access to all covered Medicare benefits available from their chiropractors, provided the services are allowed under the doctor's state license.

Medicare beneficiaries are currently covered for only one chiropractic service—manual manipulation of the spine—and forced to pay for additional services out of pocket or to seek those services from a different type of provider, requiring more time, travel and expense.

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Harlan Health Products, Inc. was founded on the principle that we have all the products you need, and the personal service you deserve. This will always be at our core, whether to assist you with your equipment, supplies, or help you practice more safely.

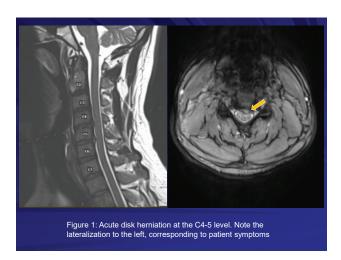
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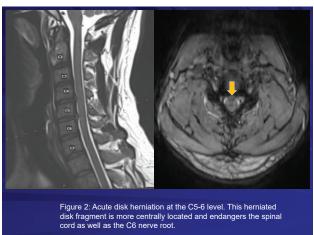
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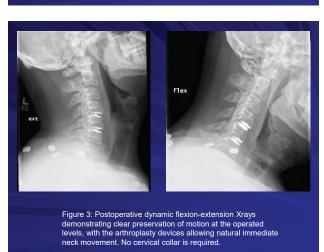
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TWO-LEVEL, TOTAL DISC ARTHROPLASTY PRESERVES MOTION, RESOLVES INTRACTABLE NECK PAIN

By Alex D. Zouzias M.D., F.A.A.N.S. - NSPC Brain & Spine Surgery







This patient, a 36-year-old otherwise healthy data analyst, presented with intractable neck pain and burning cramps down his left arm, pparticularly in the tricep region. Physical therapy, non-steroidal anti-infl ammatory medications, cervical traction, and epidural steroid injections did not provide adequate relief or restoration of quality of life over a two-month period of nonoperative management. Magnetic resonance imaging of the cervical spine was performed and demonstrated two levels of significant disk disease at C4-5 and C5-6, with acute herniations lateralizing to the left and corresponding to the patient's symptoms.

Given the failure of nonoperative management the patient was taken to the operating room for a two level diskectomy to decompress his nnerves and spinal cord. Taking his young age and otherwise good health into account, a two-level artificial disk replacement was performed in lieu of a fusion surgery following removal of the herniated disks, to ppreserve spinal motion at the operated segments. The patient tolerated the procedure well and woke with resolved pain in his left arm. He was discharged from the hospital within 24 hours of the surgery and continued to improve at home. On initial follow-up his neck pain had almost completely resolved as well, and he was requesting early return to work.

With modern techniques and appropriate case selection, many patients mmay find it possible to avoid a fusion surgery in the cervical spine and hhave a motion preserving surgery performed instead. This has been shown to signifi cantly decrease the risk of requiring further operations as the spine ages, which is a known complication of fusion surgery, wwith equivalent or improved patient outcomes. This case illustrates the importance of selecting a board-certifi ed complex spinal surgeon who is wwell versed and experienced with all currently available options available in the field.

FOOTNOTES:

Yang H, Lu X, Yuan W, Wang X, Chen D, Zhao D. Arti ficialdiskreplacementinthetreat-ment of degenerative cervical disk disorder: a 30-year follow-up study. Spine (Phila Pa 1976). 2014 Sep 1;39(19):1564-71. doi: 10.1097/BRS.0000000000000484. PMID: 24979275.

Malham GM, Parker RM, Ellis NJ, Chan PG, Varma D. Cervical artificial disc replace-ment with ProDisc-C: clinical and radiographic outcomes with long-term follow-up. J Clin Neurosci. 2014 Jun;21(6):949-53. doi: 10.1016/j.jocn.2013.09.013. Epub 2013 Nov 15. PMID: 24417795.

Badve SA, Kurra S, Nunley PD, Lavelle WF. The Mobi-C® cervical disc and other devices for two-level disc replacement: overview of its safety and efficacy. Expert Rev Med Devices. 2019 Apr;16(4):307-315. doi: 10.1080/17434440.2019.1593137. Epub 2019 Mar 25. PMID: 30907183.

Editor's note: In our practices, we sometimes see cases where conservative care fails. This article discusses a treatment option focusing on preservation of function and motion in a young, otherwise healthy patient and is presented for information, not endorsement.











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UNSPOKEN CONSEQUENCES OF PANDEMIC: OPIOID AND MENTAL HEALTH CRISES CONTINUED FROM PAGE 6

being sequestered/quarantined with family, loss of employment and strain to obtain food/resources increased opioid overdose/suicide death rates. Unfortunately, this was seen nationally, in New York state and in our local counties (Ontario/Seneca).

Attendees were encouraged to get involved to help with these crises. They were encouraged to tell their state legislators to promote the passage of the Conservative Care bill in New York. This is a coalition bill that we are working on with other conservative care providers including massage therapists, physical and occupational therapists.

This legislation would require a prescribing doctor to follow CDC guidelines by calling for the recommendation of conservative care therapies before prescribing an opioid. Use these links below to locate and contact your state senator and assemblyperson. Ask them if they could cosponsor bill A273 Gotfried/S4640 Rivera. Please use these links to find your local elected representatives and make a difference in the opioid epidemic.

https://www.nysenate.gov/find-my-senator https://www.nyassembly.gov/mem/search/

CYBER BREACHES AND RANSOMWARE ATTACKS ON THE RISE - IS YOUR PRACTICE PROTECTED? CONTINUED FROM PAGE 13

There are steps you can take to better protect your data, and there are steps the businesses you share information with can take to better protect your data. The bottom line is no matter where the data is located, it is your data and ultimately your responsibility. Nothing is perfect, but under the HIPAA regulations you are required to do everything that is reasonable to protect your data. That includes:

- Completing a HIPAA Security Risk Assessment
- Implementing all Security updates that are reasonable for your practice
- Having Business Associate Agreements with all vendors that you share data with
- Providing regular security training for your staff.

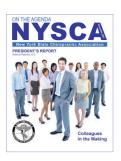
One of the methods that bad actors can compromise your systems is through passwords that are not secure. To assist you in improving your security we will be begin a FREE webinar series on how to improve your security. Our first webinar will be on Wednesday July 6 at 8 PM Eastern (7 Central, 5 Pacific).

To register for this FREE webinar CLICK HERE.

Would you like to contribute to our next statewide newsletter? On The Agenda

September 2022 Edition







We're aiming for a publication date of September 1st, and we are wondering if you have any recent articles or blogs that you might be willing to lend to this next newsletter. Of course, if you have more than one that you would like to submit, we can always consider them for use in subsequent publications.

We are interested in anything that advances knowledge in the profession. (Please, no advertorials.) Our members are hungry for information that they can use in day to day practice as well as anything that can enhance clinical skill and proficiency.

The deadline for article submissions is August 15th.Please also be sure to include any attribution information you wish us to include for your article.

Send articles to: comm.secretary@nysca.com

2022 Fall Convention Sept 30-Oct 2

New York State Chiropractic Association

Kartrite Resort & Indoor Waterpark | Monticello NY

Earn up to 16 CE Credits over 3 days at a family-friendly venue!

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NYSCA Member Privileges

Membership with the NYSCA also makes you eligible for members-only savings from a variety of businesses through the NYSCA Member Privileges Program. Have you taken advantage of the privileges NYSCA membership offers? Here are some of the opportunities open to you:



Complementary group membership with the Foundation for Chiropractic Progress

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Start saving today!

These NYSCA Sponsors are trusted business partners who have supported your organization for many years. Their valuable contributions help the NYSCA achieve its goals in advocating for you and your patients. NYSCA Sponsors also have a proven track record in assisting NY chiropractors with reaching their individual practice goals and in staying on the cutting edge of the health and wellness revolution in their communities.

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Member Benefits

Take full advantage of your **NYSCA Member Benefits**

Membership with the NYSCA makes you a part of the largest community of practicing Doctors of Chiropractic in New York State. This affords you an unparalleled opportunity for camaraderie with colleagues in your local area, to share with them in the trials and triumphs of day to day practice.

There are many ways for you to increase your benefit of being a NYSCA member:

- ☑ Join your local NYSCA Facebook Group
- ☑ Attend local NYSCA events
- ☑ Attend semi-annual NYSCA conventions
- ☑ Enroll in Monthly CE Webinars
- ☑ Access members-only content online
- ☑ Participate in the members-only forums
- ☑ Benefit from the Member Privileges Program, including group membership with F4CP
- ☑ Update your <u>listing</u> in our website's find-achiropractor search
- ☑ Apply to be paired with or to become a practice mentor
- ☑ Submit complementary (FREE) classified ads (resource for career opportunities!)
- ☑ Participate in the annual NYSCA <u>elections</u>
- ☑ Receive assistance from NYSCA's full-time administrative staff with routine questions or for more detailed assistance, contact NYSCA committee chairpersons, who are practicing doctors of chiropractic with expertise in the area of their committee

View all current **NYSCA Member** Benefits and Privileges

Be sure to keep your NYSCA membership and dues current so that you can continue to enjoy these Member Benefits and Privileges. As always, please feel free to continue to support your local vendors. If you are not yet a member, join today and start taking advantage of these special programs!

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NYSCA members have access to exclusive FREE savings on office essentials, cleaning/breakroom products, copy & print services, technology items, and more! Not signed up yet? It's easy: Click Here

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- ★ Ultra Pain Products Contact: 833-ANTI-PAIN ultrapainpro.com
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- ★ Northeast College of Health Sciences Contact: (800) 234-6922 www.northeastcollege.edu

Earn FREE Membership

... each time you refer a new member to the NYSCA!

Current NYSCA members who recruit a new regular member (not student, affiliate, or retired) to join the NYSCA for a full year will in turn receive a 'thank you' from the NYSCA in the form of **two additional months** added to the end of their current membership term. Or, if the new member signs up for just a half year, the recruiting doctor receives one additional month of NYSCA membership. We have even sweetened the pot: there are **no limits** to how many times you can benefit from this incentive.

To receive your incentive month(s), the new member must make a semi-annual or annual payment and list you on their application form as their referring NYSCA member. (You may want to give a partially filled out application form to colleagues you are recruiting.)

If you are interested in promoting this offer to your friends and colleagues who may have been considering joining NYSCA and are just waiting for someone to encourage them, and would like a list of non-members in your district, please contact your local district president or controller@nysca.com.

Membership Has Privileges

...and one of them is the self-respect a doctor feels, knowing that they are a part of something bigger than themselves, supporting their livelihood with collective energy and pooled resources.

What is the NYSCA?

The New York State Chiropractic
Association is a statewide professional
Chiropractic Association, comprised
entirely of your peers and
colleagues. We have joined together in
the promotion, advancement, and
defense of Chiropractic. In conjunction
with our full time lobbyist, the NYSCA
monitors all legislation that affects our
profession while working to protect and
expand practice rights.

Why Should All New York DCs Be NYSCA Members?

"NYSCA membership provides Chiropractors in New York State an unparalleled opportunity to advance their profession, by adding their voice of the unified defense of practice rights, scope of practice and a rightful place among mainstream Health Care."—Jack Beige, DC, Esq., NYSCA Past President

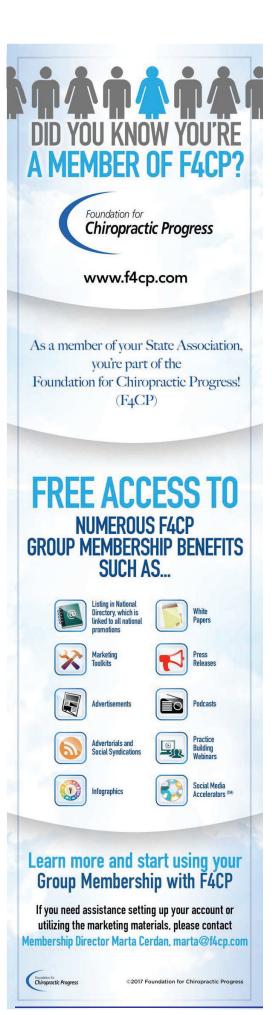
If YOU don't support your profession, who will?

For questions regarding this program, please contact the NYSCA Administrative Office at (518) 785-6346 or a member of the NYSCA Membership Committee.

Growth is never by mere chance; it is the result of forces working together

—James Cash Penney

* New members are defined as DCs who have not been NYSCA members within the preceding 12 month period. The recruiting member's information must be included on the new member application. Only one member can receive the credit for recruiting a new member. Recruiting incentive is not valid on students, retired/disabled, or associate applications. Eligibility subject to verification; Subsequent year's dues payable at usual rate. New member discount offer is not valid for retired or associate members and may not be combined with other membership discounts.





NEW YORK CHIROPRACTIC POLITICAL ACTION COMMITTEE

The New York Chiropractic Political Action Committee (NYCPAC) is designed to help elect state legislators who are supportive of Chiropractic issues and positions. Please take a minute to get involved and see what the NYCPAC is focused on accomplishing--Visit NYCPAC.net.

Organized medicine, managed care organizations, and other anti-Chiropractic forces continue to spend hundreds of thousands of dollars each year to elect candidates that do not understand or value the Chiropractic Profession and the research and truths about the efficacy of Chiropractic care.

In order to help fight and educate these outside forces, we need you to please become part of our grassroots advocacy team. All New York Chiropractors, united together, CAN position our Profession to continue to be a viable livelihood and promote the wellbeing of our patients. Please, become part of the solution! We have designed a process to make it easy to donate to the NYCPAC. Don't overlook ANY contribution to the PAC, but please support at the highest level you can. NYCPAC can accept "one time" donations from you or can conveniently set up an automatic monthly contribution from your credit or debit card.

truly be effective. Ctand behind we

We need your support to ensure that we can truly be	e effective. Stand behind your Profession and C	ONTRIBUTE TODAY!
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ChiroCode Reference Manuals

Exclusive Savings: NYSCA Members receive 20% off MSRP!



Complete & Easy HIPAA Compliance

Find-A-Code's Complete & Easy HIPAA Compliance - 4th Edition (updated 2017) is a simple and practical guide containing all you need to implement and maintain a compliance program for HIPAA, HITECH, and the Omnibus 2013 Final Rule components. This book is a must for every covered entity, business associate, or compliance officer.



Diagnosis & Documentation Cards for Chiropractors

These cards will help you to quickly and easily view the top diagnosis codes and diagnostic tests, sample documentation, coding considerations, CPT crosswalks, and code-linked anatomic images.

These cards are full color, printed on PolyPrint durable material with helpful anatomic images.



2022 Chiropractic ICD-10-CM Cheat Sheet

This clean and simple Cheat Sheet is designed for chiropractors to use in conjunction with the ICD-10-CM Coding for Chiropractic book.

It lists about 75 of the most common conditions chiropractors treat, but many of the codes are hyphenated because there are so many

2022 ChiroCode DeskBook

The ChiroCode DeskBook is your comprehensive go-to chiropractic reimbursement manual for the support you need to get paid properly and keep it. This comprehensive resource includes chapters on Insurance Reimbursement and Claims, Medicare, Compliance, Documentation, Diagnosis Codes (ICD-10-CM), Procedure Codes (CPT®), and Supply Codes (HCPCS).



ICD-10 NOTE: Not all ICD-10-CM codes are included in this publication. The ICD-10-CM Coding for Chiropractic contains more about diagnostic coding and includes a more comprehensive list of applicable codes for the chiropractic office and the instructional notations and guidelines to use them properly.

2022 ICD-10-CM Coding for Chiropractic

The ICD-10-CM Coding for Chiropractic is your comprehensive resource to understanding and using the ICD-10-CM codes you see on a day-to-day basis. In addition to a chiropractic specific Alphabetic Index and Tabular List, this book also includes:



- A selection of Provider Documentation Guides – an exclusive clinical documentation improvement tool for ensuring highest specificity code reporting
- Large, easy to read font and custom-shortened code descriptions
- Chiropractic specific overview learn the structure of ICD-10-CM with specific examples
- Abridged official guidelines just the information chiropractors need to know
- Code updates for 2022 effective October 1, 2021

Please note: Products for next year will become available on or about 09/30 of the current year. Orders for such products prior to 9/30 will be considered pre-orders. These items will be charged immediately, and the pre-ordered items will be shipped once they become available.

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Resources for New Practitioners

Congratulations! You've received your license to practice chiropractic! What are you going to do next?

To help you through the ins-and-outs of establishing your practice, the NYSCA has dedicated a specific area of our website to new chiropractic practitioners in New York State! This area provides assistance on setting up your own practice with helpful links, such as the informational brochure "Road to Practice," practice management forms, outcome assessment tools, a Practice Management Resource Booklet, and more!

Visit the New Practitioners page on the NYSCA website

New Practitioner Mentor Program

Aligning yourself with a professional association early in your career is a wise decision and we are honored that you have chosen the NYSCA. As a new practitioner, you are faced with new challenges and responsibilities. The NYSCA is here to help, and we encourage you to take full advantage of the benefits of being an Association member.

One of the benefits of being a member of the NYSCA for new practitioners is eligibility to apply for one-on-one assistance from a seasoned chiropractor near you through the **New Practitioner Mentor Program.** The Mentor program is offered to assist new members during their first three years of practice.

Through participation in this program, mentees will gain an enhanced understanding of chiropractic practice in the region of New York where they hope to practice to enhance their success. Mentors offer advice pertaining to but not limited to chiropractic office procedures, understanding the local business climate, interpersonal, patient management, and related issues inherent to successful practice.

The goal of this program is to give our members the opportunity to:

- Gain exposure to the business community
- Learn about and discuss specific practice paths
- Develop and cultivate a business network
- Understand the relevance of their continuing education
- See what tasks and issues doctors really face in New York
- Discuss attributes and experiences doctors are truly looking for in potential associates

Learn more about this program and apply to participate online using the following link:

Submit your Mentee Application to be paired with a Mentor

Would you instead like to BE a mentor to a newly licensed colleague? Use the link above to submit your Mentor Application.

Thank you for your continued support of NYSCA. If you have any questions, please feel free to send me an email.

Gerald L. Stevens DC, MS, MPH, NYSCA Mentor Program Coordinator | gstevens@northeastcollege.edu

Classified Ads

Associate Wanted

E Syracuse NY - Duties of this position include: Knowledge in Gonstead and Diversified techniques. Knowledge of ther.ex, use of PT modalities, electric stim, ultrasound etc., Taking of & analyzing of x-ray studies, Counsel pts re: nutrition, exercise, sleeping habits, stress management, etc. Min re: DC from an accredited Chiro College, B.S. preferred, NYS DC Lic. Salary DOE; PTO, paid sick leave, CEUs & lic fees covered, malpractice ins, health ins, 401K Opp to turn into partnership. CONTACT: (315) 445-9941 or office@cunninghamchiropractic.com, attn. Dr. Cunningham

Associate Wanted

Queensbury NY - Seeking a highly motivated and dedicated DC with a strong work ethic looking for a long term, growth opportunity. High referral and pt retention rates. Our practice is very team, family orientated. Diversified and Activator adjusting techniques, soft tissue ther, ther.mod, ther.ex, and pt ed. DCs on staff have 30 and 16 yrs experience for teaching, mentoring, & developing skills of new grads. \$ 50k/year base, plus incentive bonus system, 401k, malpractice coverage, health care cost sharing, and vacation. No evening hours. M-F, some Sat. Send interest / resumes to michael@olearychiropractic.com or contact 518-744-4363.

Associate Wanted

Williamsville NY - Immediate unique opp available at Munroe Chiropractic. High volume subluxation based practice. Complete benefit pkg, incl health/malpractice ins, automatic pt base, addl bonus, weekly salary & paid vacation. www.munroechiropractic.com. Submit a cover letter w/ resume to ellen munroe@aol.com.

Associate Wanted

Manhattan NY - West Side Comprehensive Chiropractic Care in the Columbus Circle area. Long-term opp. Excellent salary to start plus available health ins and bonus incentive based on performance. Please send resume to Dr. Watins at Drwatins@aol.com

Associate Wanted

Midtown NYC - New Grads welcome, potential for growth opp. Accepts Major Med, NF and WC. Competitive Salary & benefits. Starting hrs MWF 9-5, Tu/Th 12-5. Contact 917-670-9173 or drmittleman@aol.com

Associate Wanted

Albany NY - Seeking a p/t or f/t assoc for busy DC/PT office. Focus on rehabilitation and sports injuries. Pt base is mix of all ages and professions, preventative-health minded and pro-chiro. Collab tx staff is very close knit. Techniques used are Diversified, with some spinal decompression. Refer out for x-rays. Office hours M-Th 8AM-5 PM, Fri 8 AM-1PM, and every other Sat 8-10AM. Pd holidays, 2 wks vacation to start, malpractice, health benefits and 401K. Send resume to sheryldraket-raudt@gmail.com, or fax to 518-869-6030.

Associate Wanted

Pottsville NY - Seeking an evidencebased DC Assoc. Start P/T with the intention to switch to F/T. Current practice flow: Schedule pts every 20 minutes 4 days/wk. Current hours are: MWF 11-6 (sometimes schedule patients later PRN); Tu 9-1. Tx incl CMT (Grade 1-5), MDT, flexion-distraction, instrument adjusting, myofascial release, percussion massager, IASTM, cupping, ART style myofascial work, elec.stim, LLLT, US, kinesiotaping, rehab ex. (dynamic/static stretches, self-myofascial release, banded joint mobilizations, reflex inhibition/ activation exercises). Base salary w/ percentage of collections OR percentage of collections - negotiable. www.revivechiropractic.com

Office Coverage Needed

Jefferson Valley NY - Experienced, responsible, insured Dr. wanted in N. Westchester Co. Send resume to docbiff@gmail.com or call 914-245-1400

Office Space for Rent

Hauppauge NY – Sublet available MWThF. Use of common reception area, own dedicated office and additional lg tx room. Bathroom on premises. Ample parking with easy access from all major highways. Very clean, professional building, recently renovated. Contact Dr. Steven Silverman at 516 484-0776.

Office Space for Rent

Roslyn NY – Tx room available in DC office. Will also have use of reception area/waiting room, office, bathroom on premises. Suitable for a health care related service. Available on Tu/W/Th/Sat. Contact Dr. Silverman at (516) 484-0776

Office Space for Rent

Downtown Manhattan NYC - Looking to rent space 1-2 day/wk. Experienced DC with active patient base. Can transition pts to your practice. Contact for terms. 201-906-8791

Office Space for Rent

Westchester NY – Semi-retired DC (18hrs/wk) seeking to share office space. My hours are M/Th afternoons and Tu/F mornings and 1 or 2 Sat mornings a month. The rest of the time is available. The space is 700 sq feet in a retail strip center. 3 tx rooms with US. Option to purchase practice in 1-2yrs. Bring in your laptop and phone and you are in business. Contact chiropractic4healthyliving@gmail.com.

Office Space for Rent

Near Columbus Circle NYC - one or two 8 x 10 tx/exam rooms in a 4 room DC-owned office. Straight front office with southern exposure and lots of sunlight. Lg reception and waiting room to share with owner. Asking \$1700 per room, utilities incl. visit davidsimpsonchiropractor.com Contact (646) 642-6640

Office Space for Rent

Orangetown NY - Recently vacated DC office space at Westshore Plaza, approx 1 mile from both the NYS Thruway and the Palisades Pkwy. 4 tx rooms, reception office, spacious waiting room and an x-ray room. 1,250 sq. ft. and is avail at a very attractive monthly rental. Contact (845) 558-6957 or (917) 484-0405.

Practice for Sale

Lower Manhattan NY - NYC DC retiring in April and looking to refer our pts to a DC office in lower Manhattan who accept most ins plans. Very favorable terms! Contact 212-219-0284

Practice for Sale

Hudson Valley NY (Dutchess County) - American Wellness Care DC transitioning toward retirement and is looking to offer our pt list. One hour north of NYC. Options include the practice sale along with an opportunity to rent space; or add pts to your practice and treat them in your facility. Both options include a transition period to introduce the new pts to you and ensure full trust and confidence to achieve a max retention rate. Local bank has approved 90-100% financing for qualified buyer. Priced to sell now.

(Continued on page 30)



NYSCA District Information

The NYSCA is a statewide professional Chiropractic association, comprised entirely of your peers and colleagues. We have joined together in the promotion, advancement, and defense of Chiropractic. In conjunction with our full time lobbyist, the NYSCA monitors all legislation that affects our profession while working to protect and expand practice rights. Our association is governed by a democratically elected Board of Directors and House of Delegates. Further, New York State is arranged into 4 Regions and 17 districts, each having its own elected officials and hosting monthly meetings and events. Each active district has representation in the House of Delegates to ensure that your voice is heard.

District 1

district01@nysca.com

Mitch Green DC
—President 212-269-0300

District 2

district02@nysca.com

Charles Fundaro DC

—President 718-236-6177

Vincent Nuziata DC

—Vice President 718-331-2667

District 3

district03@nysca.com

Christine Antoldi DC

—President 718-268-4464

Joseph Lezamiz DC

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Gregori Pasqua DC

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Steven Breines DC

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Walter Priestley DC

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Joanna Fasulo DC

- President 631-289-3939

Robin Stein DC

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Matthew Flanagan DC
—Vice President 845-778-4420

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—President 518-377-2207

Michael O'Leary DC

—Vice President 518-793-1205

District 11

district11@nysca.com

[President position pending]

District 12

district12@nysca.com

Michael Stirpe DC

-- President 315-472-7128

George Cunningham DC

—Vice President 315-445-9941

District 13

district13@nysca.com

[President position pending]

District 14

district14@nysca.com

Arthur Kaufer DC

—President 845-357-0364

Kathleen McLaughlin DC

—Vice President 718-748-8044

District 15

district15@nysca.com

James Walters DC

—President 585-944-0955

Holly Potter DC

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Rebecca VonBergen DC

—President 607-277-0101

District 17

district17@nysca.com

Stephanie Pawelek DC

—President 716-771-1354

Brenda Covell DC

—Vice President 607-277-0101



Contact info@doctorlynne.com or call 845-396-3682 visit online www.doctorlynne.com/practiceforsale **Practice for Sale**

Greenwich Village NYC - Holistic clinic. Owner works only 29 hrs/wk & collects over \$200k+ per year. Seller willing to stay for smooth transition & financing is in place to purchase this business with as little as \$8000 down. visit www.strategicdc.com/20802 or email info@strategicdc.com.

Practice for Sale

Guilderland, NY - 36 year practice in a beautiful location nestled between the Adirondack and Helderberg mountains of upstate NY outside Albany. Practice equipped with 3 Thompson rooms (Zenith), a flexion distraction room (Hill), x-ray and a massage therapy room. Office is designed to accommodate two DCs or one who is highly motivated. DC retiring. Contact greg@chiroequity.com or 908-419-7510 for further details.

Equipment for Sale

Warwick NY - Prices Neg. Contact robkramer000@gmail.com -- 2 Lloyd Flex/Dx Table(s) with drops, burgundy color, ex.cond, with height-adjustable rolling stools. Serial #36325 & #45478; \$3,000 per table, no tax (new \$9,000 each plus tax) -- 2 Lloyd Bench Tables, grey color, ex.cond, with heightadjustable rolling stools. PRICE: \$315 per table no tax (new: \$950 each plus tax) -- Motion palpation stool w/station: \$150 -- Chiro Office Furnishings for the Reception / Office area, like new: highquality Formica modular system, color: green/mottled w rust, lateral drawers/ shelf type cabinet, rolling letter-size cabinets, round side table as SET (can send pics) \$1200. -- Knoll brand: solid cherry wood reception desk (2 units / 2 drawer sections, top and optional front sections: \$325. -- Knoll large, open 4shelf solid cherry bookcase (matches desk) \$225. -- Reception area 12' ivory suede, bench-type sofa with side tables: \$450. -- Lateral 4-drawer file cabinet, ivory: \$200. -- Lateral 2 -drawer filing cabinet, ivory: \$125. -- Other misc furnishings for chiro office.

Equipment for Sale

Hudson Valley NY (Dutchess County) - DC downsizing to smaller location. - Lloyds Elevation/Hi-Lo Adjustment Table - Burgundy leather, maintained regularly. \$2,500 - Zenith Cox Flexion Table - Manual, \$1,500 - Assorted Desks and Office Chairs- Mettler Ultrasound/

EMS unit - \$300 - Chiropractic Memorabilia - Philosophy books, Rehab DVDs, etc. - Adjustment Tables - oak frame, velour cushion covering, navy blue/grey - ROM tester (manual)- Metal file cabinets - Oak table (multi-purpose) Call 845-396-3682 for more details or to discuss pricing.

Free Items

Upper East Side Manhattan NYC -Complete set of Resnick and Niwayama Radiology 2nd edition... 6 volume set ... excellent condition... just arrange to pick them up ... Contact drhorshinski@gmail.com

Miscellaneous

Merrick NY – Looking for someone proficient in Chirotouch software. This is a temp position. Please call (516) 867-8585. Ask for Susan.

Miscellaneous

University of Western States - Chiropractic Clinical Educator (Attending Physician) – Campus Health Center. Dept: Clinical Internship; Reports to: Clinical Supervisor – Chiropractic; Class: Exempt - bargaining unit.

- Salary: \$64,000 \$73,000 annually;
 Schedule: 35 hrs/wk M-Sat, incl approx
 25 hrs clinical contact. Schedule dictated by program needs as determined by the Assoc Dean of Clinical Internship and program dean.
- Comprehensive benefits pkg includes employer paid and employer sponsored health, dental and vision insurance plan options. 403(b) retirement plan with up to 10% match after one year. Tuition waiver eligibility for UWS academic programs. Free and reduced cost care in the campus health center for employees and their immediate family members. Paid vacation and sick time. This position may be eligible for relocation reimbursement, full-time, tenure track position.
- The clinical educator is responsible for the ongoing academic and clinical development of interns as well as the quality and safety of patient care provided under his/her licensure. For complete position description and to apply, please visit www.uws.edu/about/ employment/ and click the big orange button.

Submit your classified ad today!

Additional out-of-state associate positions and practices for sale listed online at NYSCA.com
View all current classified ads



The New York Chiropractic Political Action Committee (NYCPAC) is the political action committee of the New York State Chiropractic Association (NYSCA) and is intended to help support candidates who are pro-chiropractic. It is important to note that if you choose not to give to NYCPAC, this will in no way effect your membership in NYSCA.

Please Do Not Forget . . .

Organized medicine, managed care organizations and other antichiropractic forces continue to spend hundreds of thousands of dollars each year to elect candidates that do not value the chiropractic profession.

As you may know, next year is an election year in New York for all members of the New York State legislature and all four statewide offices including Governor, Lieutenant Governor, Attorney General and Comptroller, and it is more important than ever that we support legislators and candidates who support chiropractic. NYCPAC provides us with a great opportunity to support pro-chiropractic candidates.

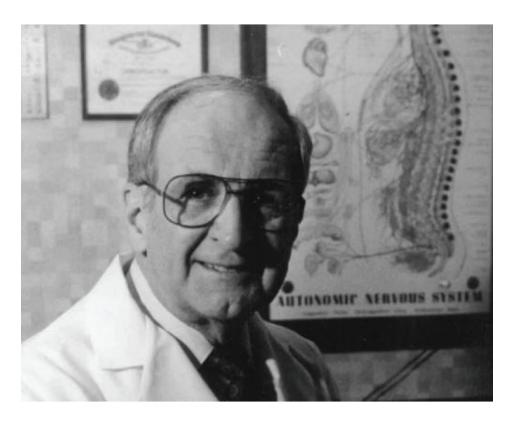
There are always legislative issues confronting the profession whether it be passing scope modernization or recognizing conservative care providers as an alternative to an opioid prescription or an issue with Workers' Compensation. NYCPAC helps us to support legislators that are supportive of the chiropractic profession in New York.

We ask that you support the NYCPAC by visiting this link and making your donation today.

It is important that we do all we can to help support the profession and the thousands of chiropractic patients we serve.

Please make a donation today

The DC Who Took on the AMA – and Won: A Moment of Silence for Dr. Chester Wilk



EDITOR'S NOTE: THE FOLLOWING IS EXCERPTED FROM AN UPCOMING TRIBUTE IN OUR JULY ISSUE BY HOWARD WOLINSKY, THE CHICAGO SUN-TIMES MEDICAL WRITER WHO COVERED THE HISTORIC WILK, ET AL., V THE AMA, ET AL., CASE AND AUTHORED TWO BOOKS ON THE SUBJECT: THE SERPENT AND THE STAFF: THE UNHEALTHY POLITICS OF THE AMERICAN MEDICAL ASSOCIATION (1994); AND CONTAIN AND ELIMINATE: THE AMA'S CONSPIRACY TO DESTROY CHIROPRACTIC (2021).

Chester Wilk, DC, 91, the lead plaintiff in the momentous chiropractic lawsuit Wilk et al., v AMA, et al., died April 21 following a short illness in Advocate Lutheran General Hospital in Park Ridge, Ill., the Chicago suburb where he lived and practiced.

Against all odds and with limited support from within his profession, Dr. Wilk led and ultimately won an antitrust lawsuit that proved the American Medical Association, America's most powerful medical organization, had led a boycott that included a "who's who" of American medicine aimed at wiping out chiropractic as a profession.

The case was decided in 1990 when the U.S. Supreme Court upheld the decision by a lower federal court that found the AMA broke federal law by running a secret group, known as the Committee on Quackery, that participated in a conspiracy to stop chiropractic's efforts to improve the status of the profession.

In 1987, Judge Susan Getzendanner, in a 101-page opinion against the AMA, imposed an injunction and ordered the AMA to notify

all its members that it no longer opposed professional contact on behalf of patients between MDs and DCs. She also ordered the Journal of the American Medical Association, its flagship publication, to publish her order so all AMA members would be informed that it was ethical to consult with DCs; that they could teach in DC colleges; that they could work with DCs in practices; and that the AMA should end all anticompetitive practices.

Dr. Wilk first suspected the conspiracy while practicing in Chicago, where he found he was blocked from access to medical facilities and diagnostics, such as X-ray machines financed by the U.S. government. He also found that MDs would not accept referrals or consultations.

As a public speaker on chiropractic and its benefits, he traveled across the U.S. and heard many stories about similar cases of discrimination. He suspected the AMA had organized a secret boycott against chiropractic and came to the conclusion that an antitrust lawsuit should be brought against the AMA and other leading MD groups.

EDITOR'S NOTE: HOWARD'S JULY FEATURE ARTICLE HONORING DR. WILK INCLUDES GREATER DETAIL ON THE WILK V AMA CASE AND THOUGHTS FROM CHIROPRACTIC LEADERS ON DR. WILK AND THE IMPORTANCE OF THE SUCCESSFUL LAWSUIT BROUGHT AGAINST THE AMA IN CHIROPRACTIC'S HISTORY.



New York State Chiropractic Association

PO Box 557, Chester NY 10918 | 518-785-6346 | 518-785-6352 FAX info@nysca.com | www.nysca.com



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☐ 5 th Year Licentiate – Greater than 5 years from date of licens	sure \$300 or \$25/mont	h I fully un	derstand and agree that upon
Affiliate Membership [†] – must be licensed to practice	chiropractic in New York	acceptance	of my application, I shall abide by
☐ a full-time staff member in residence at a chirop			te of incorporation of the NYSCA, Canon of Ethics, all rules and
university, college, school, or institution; or		regulations	adopted by the Board of Directors
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